

# NEWSLETTER MAY 2024

## MESSAGE FROM PRINCIPAL

I cannot teach anybody anything; I can only make them think.  
- Socrates

The swiftness and intricacy of changes in society has reinforced the need for teachers and educators to be more proactive and prominent in their contribution to the lives of children beyond classrooms. At MRIS Mohali, we believe the teachers are mentors for life, who are always reaffirming the confidence of the students and can have a positive influence on them, by walking together so that our students can become independent and make more informed decisions. Instead of being caught up in the ever changing winds of changes of school curricula, examination systems and educational policies, MRIS teachers keep innovating new ways of understanding knowledge by using powerful technologies and new patterns of integrated learning. Our students must know, their mentors at school are the people who believes in them and their potential, and will always stand with them, firm like a rock.

## MS TARUNA VASHISHT IS HONoured WITH PEACE AWARD

In an event held at GGSD College, Chandigarh, organized by Yuvsatta, an esteemed organization dedicated to promoting peace and harmony, Ms. Taruna Vashisht, Principal, MRIS Mohali has been honored with a distinguished Peace Award. The event brought together individuals committed to fostering a culture of understanding and cooperation. The highlight of the occasion was the presence of Shri Dushyant Singh Chautala, the honorable Deputy Chief Minister of Haryana, whose presence added significance to the proceedings. Ms. Vashisht's recognition with the Peace award is a testament to her dedication and efforts towards building bridges and nurturing a peaceful environment within the community. Her exemplary leadership and tireless commitment to fostering unity and understanding have left an indelible mark on those around them.



*Honored with*  
**Peace Award 2023-24**  
Saluting the nurturers of Peace and Humanism  
at GGSD College, Chandigarh  
Organised by  
Yuvsatta (Youth for Peace) and ARSP Foundation, New Delhi

## LABOUR DAY CELEBRATION



On Labour Day, MRIS Mohali was a hub of creativity as tiny tots engaged in lively craft activities, crafting 'Thank You' flowers and cards for all support staff including nannies, cafeteria staff, transport staff and school guards. Under the guidance of their facilitators, they learned about the significance of the day, gaining a deeper appreciation for the support staff's contributions in making their lives easier. Ms. Taruna Vashisht, Principal, commended the support staff for their dedication and sincerity towards their work.

## ACTIVITY ON SELF LOVE



At MRIS Mohali, self-love isn't just a saying; it's a way of life. Through various activities, children are encouraged to embrace their uniqueness and express themselves freely. Teachers provided an excellent platform for students of K2 to explore their individuality, learn about their family, express emotions, develop literacy skills and present themselves confidently by making their own portraits. They were also encouraged to share their unique experiences and diverse cultures promoting empathy and understanding and validating their own self worth.

## **CLEAN HANDS- HAPPY HANDS ACTIVITY**



In the bustling corridors of MRIS Mohali, eager minds gather around for a lesson not just in academics, but in hygiene too. With the mantra "Clean hands, happy hands" echoing through the halls, facilitators took centre stage to demonstrate the sacred art of handwashing. Step by step, they guided the little ones through the steps of cleanliness: wetting hands, applying soap and with a rhythmic motion, palm to palm, fingers interlaced, thumbs encircled and wrists rubbed, they waged war on invisible foes. As the soap bubbles burst, so did the giggles of excitement, as they were not just learning, but also having fun. As the session concluded, with hands now not just clean but empowered, the students were armed with the knowledge that in the battle against germs, they hold the ultimate weapon - a drop of soap and a splash of water.

## **CO SCHOLASTIC HOBBY CLASSES ON WORKING SATURDAYS AT MRIS MOHALI**



Manav Rachna International School, Mohali has introduced Co-Scholastic hobby classes in Sports, Music, Dance, Art, and Theatre on the first and third Saturdays of each month. Although the participation in these classes is entirely voluntary for the children but we were overwhelmed to see the footfall on this Saturday. These classes were introduced as we believe that these sessions offer invaluable opportunities for students to enhance their confidence, communication, teamwork skills, and cultivate a deeper appreciation for the arts and contribute significantly to their personal and creative development.

## **GRADE X AND XII STUDENTS PASSED THE BOARD EXAM WITH FLYING COLOURS**

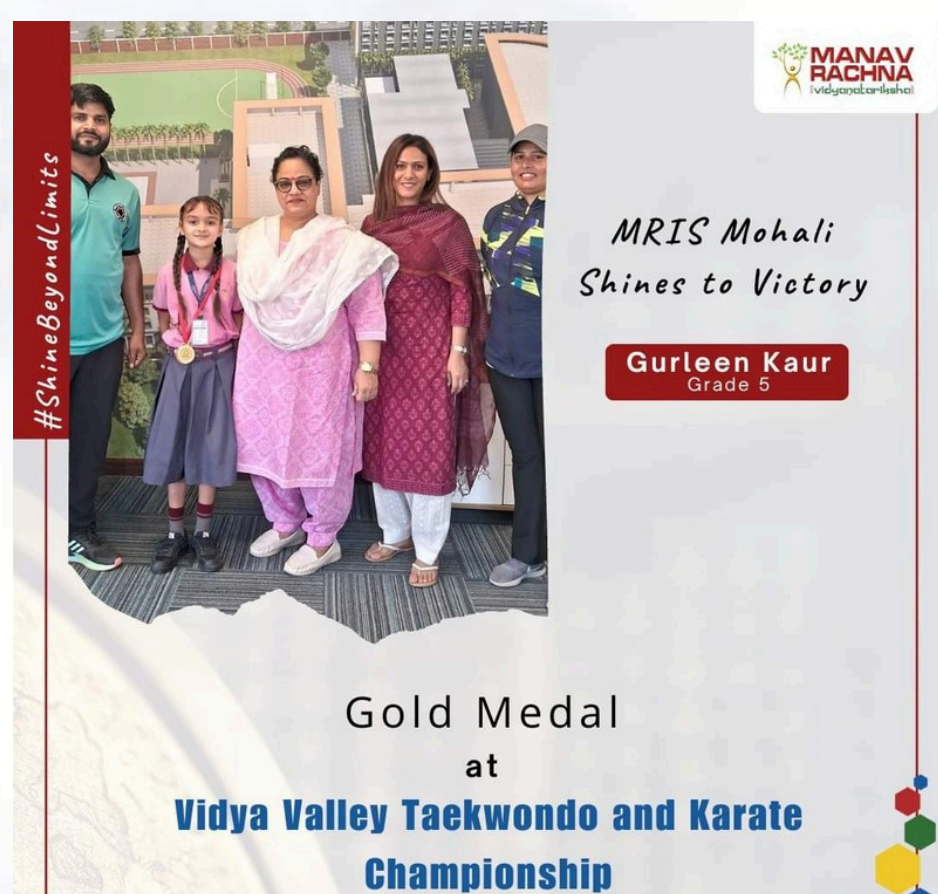
We're thrilled and elated to announce a 100% pass percentage, reflecting the dedication and hard work of all our students in the CBSE Board examinations for Grade X. These students have exemplified exceptional dedication, perseverance, and intellect, setting benchmarks for academic excellence. **Indrushi Pillai:** Indrushi Pillai has soared to the top in Grade X with an exceptional score of 95%. Congratulations, Indrushi, for your outstanding achievement and for setting a high standard of academic excellence! **Avneen Kaushal:** Avneen Kaushal has demonstrated remarkable academic proficiency by securing an impressive score of 92.2%. Heartiest congratulations, Avneen, on your well-deserved success! **Divit Pandit:** Divit Pandit's dedication and hard work have borne fruit, with an admirable score of 91.2%. Congratulations, Divit, for your commendable performance and for making us proud! **Avnisha Salh:** Avnisha Salh has exhibited exceptional talent and determination, securing a commendable score of 90%. Congratulations, Avnisha, for your remarkable achievement and for shining bright in Grade X.

## **OUR CHESS PRODIGY SHINES BRIGHT!**



Divya Pratap, Grade 6, MRIS Mohali bagged the U-11 Runner-Up Trophy at the prestigious Open Mohali District Chess Championship, organised at Mohali District Chess Association in collaboration with Amity International School. Divya's performance showcased his talent and potential as a rising star in the chess arena. His dedication and perseverance has earned him this well deserved accolade.

## **GOLD MEDAL WON BY GURLEEN IN TAEKWANDO**



Congratulations are in order for Gurleen Kaur from Manav Rachna International School Mohali, who clinched the gold medal in the Vidya Valley Taekwondo and Karate Championship! Your determination and skill have brought pride to our school! Keep up the fantastic work, Gurleen!

## ACADEMIC TRIUMPHS AT MANAV RACHNA INTERNATIONAL SCHOOL, MOHALI - CLASS OF 2024-25

**DIGVIJAY SINGH JYANI- 94.8% (HUMANITIES)****IRA THAKUR- 85.2% (COMMERCE)****AEHNIS KAUR- 92.4 % ( HUMANITIES)****INDRUSHI PILLAI- 95%****AVNEEN KAUSHAL-92.2%****DIVIT PANDIT-91.2%**

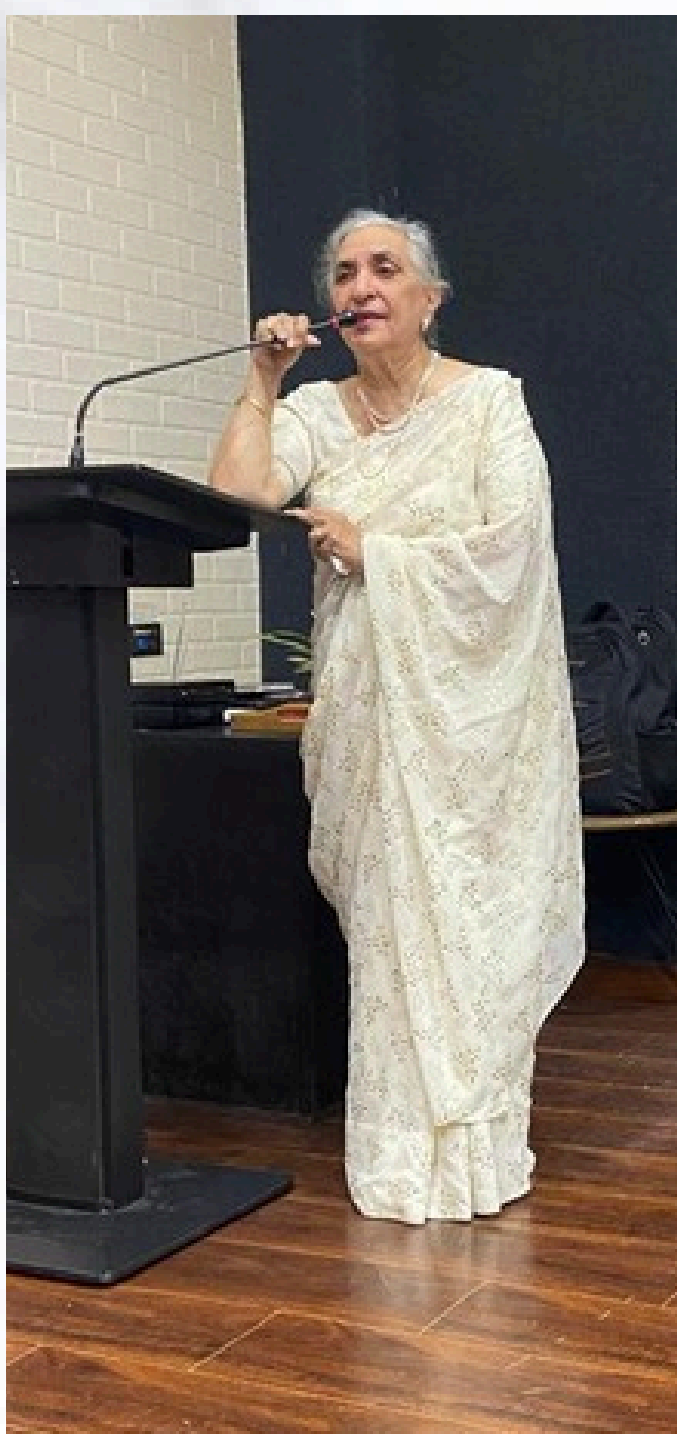
Within the hallowed halls of Manav Rachna International School, Mohali, the graduating class of 2024-25 has illuminated the realm of academia with their stellar performances across varied streams. In the realm of the Sciences, Aashritha Rajaju has ascended to the zenith of achievement, boasting an impressive attainment of 76.6%. Aashritha's scholarly prowess serves as a beacon of inspiration to her peers, symbolizing dedication, diligence, and excellence. Ira Thakur, in the precincts of Commerce, has distinguished herself with resplendent brilliance, achieving a commendable score of 85.2%. Ira's remarkable feat epitomizes the essence of scholarly excellence within her chosen field, exemplifying a dedication to knowledge and acumen. Not far behind, amid the purview of Humanities, Digvijay Singh Jyani has emerged as a paragon of academic distinction, securing an unparalleled score of 94.8%. Digvijay's journey stands as a testament to the heights that can be reached through unwavering commitment, intellect, and an insatiable thirst for knowledge. Congratulations to Aashritha, Ira, Digvijay, and the entire graduating class of 2024-25 for their indomitable spirit, intellectual fervor, and unwavering pursuit of excellence. May their achievements serve as a guiding light for future generations, igniting the flame of academic passion and scholarly endeavor.

## SPECIAL ASSEMBLY TO CELEBRATE INTERNATIONAL FAMILY DAY



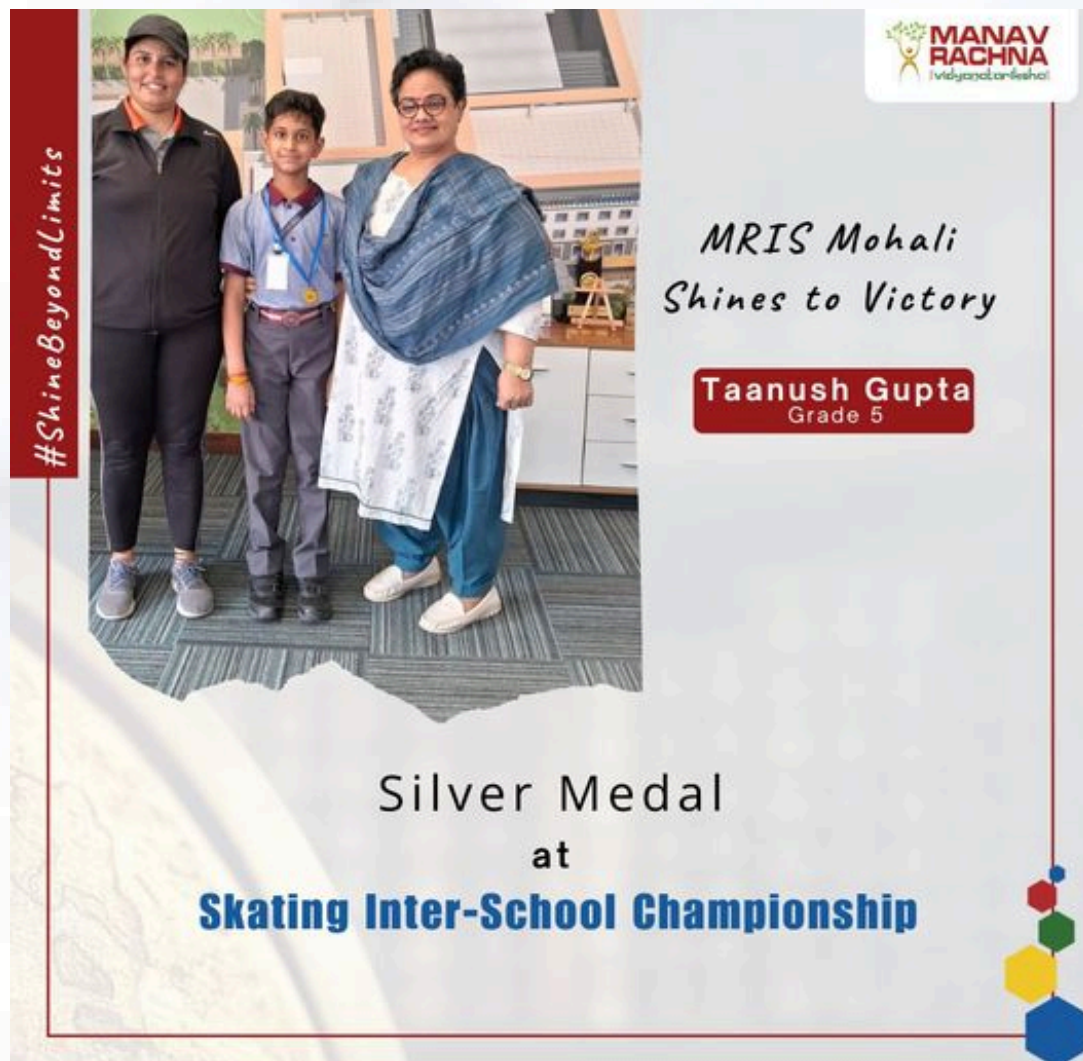
Family is the heart of our journey, the anchor in life's storm. Together we laugh, love, and learn. On this special International Family Day, our bond is the strongest form. Family isn't just about blood ties; it's about the connections we form and the memories we create together. At Manav Rachna International School, wonderful memories were made as the students of grade V conducted a special assembly to commemorate this historic occasion. The students delighted the audience with melodious and joyful songs, showcasing their theatrical talents in the performance of 'Yadon Ke Jharonke Se.' Everyone joined in, shaking their legs and twirling to the rhythm of the music. Let's continue to celebrate and honor the families that bring joy and support into our lives.

## MEET YOUR MENTOR



Grade 6 and 7 students at Manav Rachna International School Mohali were treated to an enlightening session during the "Meet Your Mentor" event. Renowned educator Dr. Prabjot Kaur graced the occasion, offering invaluable insights on how to empower oneself for academic success. Dr. Kaur emphasized the significance of honing reading and writing skills, citing them as essential tools for academic achievement. Students were encouraged to cultivate a love for reading and to practice writing regularly, as these habits form the foundation for scholastic excellence. The session was met with enthusiasm as students eagerly absorbed Dr. Kaur's guidance, recognizing the value it holds for their educational journey. With newfound motivation and strategies to enhance their academic prowess, the attendees departed inspired and ready to embark on their path to success.

**TANUSH GUPTA BAGS SILVER MEDAL**



Congratulations to Taanush Gupta from Manav Rachna International School Mohali for winning the silver medal in the Skating Inter School Championship held at Pinjore! Your hard work and dedication have paid off! Keep shining bright!

**NOF OLYMPIAD**



We are excited to announce that the students of MRIS Mohali brought honor to the school by excelling in the NOF Olympiad

## SUNDAY READS



In this episode of [#SundayReads](#), Aadya Saxena, Grade 6, MRIS Mohali, talks about her recent read 'Famous Five' by Enid Blyton. This book's about an intriguing story of a group of cousins who face a series of mysterious events after hiring a new cook. This timeless tale is rich with themes of mystery, friendship, and trust, capturing the essence of adventure and camaraderie.

## ANNUAL POOL PARTY



Under the radiant sky of MRIS Mohali, joy overflowed as the little ones revelled in a day filled with sunshine and laughter with their 'Annual Pool Party' marking the onset of summer break. With the warmth of the sun kissing their cheeks, our tiny tots embraced the playful splashes of water, surrounded by friends and nurturing teachers while sipping fresh lemonade. It was a carnival of happiness as colourful floats bobbed in the mini pool, giggles echoed amidst water gun battles, and memories were captured with special selfie cool cards. Kudos to the dedicated teachers and staff for orchestrating such a delightful pool party, leaving the children eagerly anticipating the next rendezvous of fun in the sun.

## MUSIC TEACHER



Mr. Anil Sondhi, the dedicated music teacher at Manav Rachna International School, has recently made an impressive foray into the world of music with the launch of his debut song, 'Teri Godi' on his YouTube channel. The song, a heartfelt composition that is dedicated to the mothers. It has garnered widespread appreciation. Ms. Taruna Vashisht, the Principal of Manav Rachna International School, expressed her pride and appreciation for Mr. Sondhi's achievement.



## INVESTITURE CEREMONY



The Investiture Ceremony at MRIS Mohali signifies the formal induction of the student leaders, celebrating their dedication and recognizing their commitment to upholding the values and spirit. The day was filled with pride and excitement as the newly appointed leaders took their oaths, pledging to lead with integrity, responsibility, and compassion.

## 1ST PEC FOR ACADEMIC SESSION 2024-25



Manav Rachna International School Mohali successfully conducted the first Parent Educator Connect for the academic session 2024-25, fostering a collaborative environment between parents and educators. The PEC provided an excellent platform for parents to engage with the school community and gain insights into their children's academic progress and upcoming school activities. The teachers presented detailed updates on each student's academic progress, sharing insights into their strengths and areas for improvement. These personalized updates allowed parents to understand their child's performance and provided an opportunity to discuss strategies for further growth and development. The meeting also served as a platform to inform parents about the exciting events and activities scheduled for the upcoming months, like summer camp, sports activities, holiday assignment, etc. The interactive session allowed parents to ask questions and provide feedback, fostering an open dialogue between the school and the parent community. Many parents expressed their appreciation for the comprehensive updates and the school's efforts to keep them informed and involved.

## PAVNOOR CLINCHES FIRST POSITION IN INDIA'S SUPER MODEL JUNIOR EVENT

Pavnoor Kaur, a Grade I student from Manav Rachna International School, Mohali has brought immense pride with her incredible performance at India's Super Model Junior event, held in Chandigarh. Competing in the Under 7 category, she clinched the First position, showcasing her talent and grace on a national platform. Her confidence and poise earned her the coveted 'Miss Confident' trophy at the same event, highlighting her exceptional stage presence and self-assuredness at such a young age. Adding another feather to her cap, Pavnoor represented India at the prestigious 'Tiara Vista Goa' event. Competing in the Baby runway category, she was crowned as the 2nd Runner-up, standing out amongst numerous participants from across the country.



## MADHAV AND MEHA LAURELS IN INTERSCHOOL COMPETITION

We are thrilled to share the remarkable achievements of our students at the Vidya Parvati Memorial Interschool Competition held at Gurukul School, Chandigarh. Meha Kapoor, from Grade V Tagore, showcased her grace and style in the Glamour Promenade (Ramp Walk), earning the Third Prize. Her confidence and elegance shone brightly on stage. Madhav Ohri, from Grade IV, Pacific Ocean, impressed everyone with his expressive and heartfelt performance in the Poem Recitation category, winning the First Prize. His passion and skill in poetry were truly inspiring. Congratulations to Meha and Madhav for their outstanding accomplishments! Your dedication and talent have made us incredibly proud. Keep up the fantastic work and continue to inspire us all.



# YOUNG AUTHOR

माँ

ईश्वर माँ आप ही हो,  
आप ही सबसे प्यारी हो।  
माँ आप इतनी सुंदर हो,  
आप तो इतनी नयारी हो ।

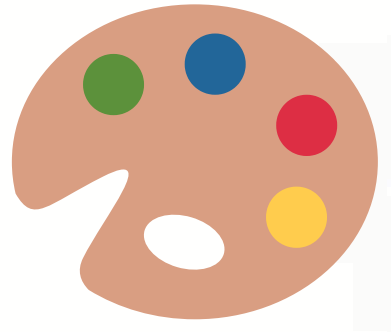
माँ आप का ये जो खाना,  
ताकतवर है मुझे बनाना।  
स्कूल के लिए समय पर उठाती हो, भविष्य मेरा आप चमकाती हो ।

जो मैं कभी गलती करूं,  
तब प्यार से समझाती हो।  
रूठ जाओ जो आप कभी - कभी,  
मान जाती हो और मस्ती करती हो तभी ।

रोये आँखे जिनके पास माँ ना होए, कोई बच्चा अपनी माँ को न खोये । यही दुआ है मेरी रब से,  
माँ न जुदा हो किसी बच्चे से ।



स्वरचित :- अराधया साबाजकर



# *Budding Artists*



*By- Madhav Grade 9*



*By- Samreen Grade 7*



# *Budding Artists*



*By- Mehtab Grade 11*