

# NEWSLETTER

# JUNE 2024

## MESSAGE FROM PRINCIPAL

I cannot teach anybody anything; I can only make them think.  
- Socrates

The swiftness and intricacy of changes in society has reinforced the need for teachers and educators to be more proactive and prominent in their contribution to the lives of children beyond classrooms. At MRIS Mohali, we believe the teachers are mentors for life, who are always reaffirming the confidence of the students and can have a positive influence on them, by walking together so that our students can become independent and make more informed decisions. Instead of being caught up in the ever changing winds of changes of school curricula, examination systems and educational policies, MRIS teachers keep innovating new ways of understanding knowledge by using powerful technologies and new patterns of integrated learning. Our students must know, their mentors at school are the people who believes in them and their potential, and will always stand with them, firm like a rock.

## WORLD LAUGHTER DAY CELEBRATED AT MRIS MOHALI



Laugh out Loud with little ones at Manav Rachna International School, Mohali on the occasion of World Laughter Day. Have a giggle worthy day!!

## NEURON MODEL MAKING ACTIVITY



Building models foster spatial play and nurture a child's dexterity and cognitive skills, such as logical thinking, problem-solving, and planning. At Manav Rachna International School Mohali, children of Grade 5 designed models of Neuron using clay. Through this activity not only motor skills of students were enhanced but, they also got to learn about different parts of a nerve cell and how they pass messages in our body.

## SUMMER SPORTS CAMP AT MRIS MOHALI



From the 20th to the 31st of May 2024, Manav Rachna International School, Mohali, hosted an engaging and dynamic Summer Sports Camp. The camp was designed to provide students with a comprehensive sports experience, featuring various activities to promote physical fitness, teamwork, and skill development. The camp offered an extensive range of sports activities, ensuring that students could explore their interests and enhance their abilities across different disciplines. Over the ten days, students showcased significant improvement in their technical skills across all sports. Activities were designed to foster teamwork and cooperation, essential qualities in both sports and personal development. The camp was supervised by a team of experienced coaches and mentors who provided personalized guidance and support. The Summer Sports Camp at Manav Rachna International School, Mohali, was a resounding success. With 31 enthusiastic students, a well-rounded sports program, and dedicated coaching, the camp achieved its goal of fostering a love for sports and promoting a healthy, active lifestyle among young participants. The event not only enhanced the students' athletic skills but also contributed to their overall personal growth and development.

## SHOW & TELL ACTIVITY



Show and tell activity is an outlet to strengthen verbal skills. Keeping this in mind, a 'Show and Tell' activity was organised in the CREST session for the students of Grade 2. Students spoke enthusiastically about their favourite plant or animal and discussed informative facts about the same. This activity developed the scientific temperament of the young knowledge seekers and boosted their confidence to become better public speakers.

## **EDUCATIONAL TRIP TO BOTANICAL GARDEN**



Educational trips provide valuable educational opportunities away from the classroom, without using textbooks and other tools which are used in a normal school setting. Moving beyond classroom learning, Manav Rachna International School organised a valuable educational trip to P.N. Mehra Botanical Garden, Chandigarh. Students of grade 3 got familiarised with different plants. Through this 'Field Trip' the observation skills of students were enhanced and they could correlate their understanding of different types of plants and could categorise them into herbs, shrubs and trees.

## **PARENTS PRODIGY SERIES**



The 'Parents Prodigy Series' is designed to empower children of Foundational Stage with knowledge and skills in various areas of life through parent involvement activities. Episode 1 of this series focused on sensitising Gr I students about different aspects of healthy habits, from nutrition to physical activity to mental well-being. The session was aimed at improving these through good habits and well rounded nutrition. The session was beautifully conducted by Dr. Madhavi Bharadwaj (MD, MBBS Paediatrics), a proud parent at MRIS Mohali and currently working with a leading Healthcare firm in Tricity.

## SUNDAY READS



In [#SundayReads](#), Angadbir Singh Dhillon, Grade IV, MRIS Mohali shared his thoughts on his latest read, "The Enchanted Charms." He takes us on an exhilarating journey through the Kingdom of Fantasy, where the main character embarks on a quest to find seven enchanted charms. This book is brimming with adventure, excitement, and fun, capturing the imagination of readers of all ages.

## BEST HEADMISTRESS AWARD



A Headmistress, Ms. Namrata Natt, MRIS Mohali, has been awarded the prestigious 'Best Headmistress Award' by NOF Junior. She has played a pivotal role in coordinating the NOF exams for our students in Grades II-V. Her meticulous planning, innovative strategies, and dedicated guidance have ensured smooth execution of the exams and significantly contributed to our students' outstanding performances. Under her stewardship, our students have consistently excelled, showcasing remarkable achievements that reflect the high standards of education they receive.

## BLOG ON EXTRA CURRICULAR ACTIVITIES BY MS SHALU VIRK



There was a time when extra-curricular activities, mostly, were not considered of much use. A lion's share of credibility and importance has been always given to the academic part of the learning process of a student. Thankfully, with the dynamic nature of human perspectives, expectations, etc., the viewpoint in this regard has undergone a considerable change. Extra Curricular activities have been put into practice, streamlined, and fortified very efficiently by esteemed educational institutions like Manav Rachna International School, Mohali, a school that has been catering to the ever-evolving needs and expectations of learners, thereby, enriching and enhancing their life prospects.