

MRIS CHARMWOOD PULSE

INDEPENDENCE
DAY!

JANMASHTAMI,
RAKHI AND
OUR FESTIVAL
FAVORITES!

OUR
CELEBRATIONS:
EXCLUSIVE
COVERAGE

THE AVATARS OF
THE INDIAN FLAG

PRINTABLE POSTER INSIDE!



FROM THE PRINCIPAL'S DESK



Dear All,

I hope this message finds you well as we step into a new month. August was brimming with excitement and patriotic fervor as we celebrated our Independence Day. It was heartening to see the school community come together to pay homage to this momentous occasion through various platforms. The special assembly, clan competitions and class activities were all centred this day, allowing the youth to understand its significance and relevance to them. The vibrant energy and creativity displayed by our students during these events were truly commendable.

In the realm of achievements, our school continued its impressive spree. I am thrilled to announce that we were honoured with the **'Best Skill Development Initiative Award'** at the **Global Education Award Fest**. This recognition is a testament to our unwavering commitment to fostering holistic growth and skill development in our students.

Speaking of achievements our students made us immensely proud with their outstanding performances at various inter school events such as India Calling, Luminescence and the Kokilaben Dhirubhai Ambani Foundation School MUN.

We also had the privilege of hosting the SGFI District Shooting Championship. Additionally our students ventured beyond our school gates to participate in various games to qualify for state level competitions.

I also take this opportunity to thank you for your generous contribution to Ek Mutthi Daan initiative by the school along with Dr. O.P. Bhalla Foundation. With support of the MRIS CW community, students, staff and parents, we have been able to collect and contribute 1000kgs of rice & pulses for the cause.

As we move forward into September, with impending PT 2 examinations, it is important to remember that success is a result of consistent effort and dedication. I encourage all students appearing for PT 2 to maintain focus, stay diligent and manage their time wisely. Remember to strike a balance between academic commitments and personal well-being. Make sure to Relax and Recharge.

MS. DIVJOT KAUR

"Success is
the result of
consistent
effort and
dedication."

FROM THE EDITORIAL PEN

Dear Reader,

Greetings and welcome to this edition of MRIS CW PULSE!

For the August edition, we have decided to highlight a few major events – Janmashtami, Rakhi and (of course) Independence Day!

Rakhi (or Raksha Bandhan) is a celebration of the bond between siblings. All relationships have their ups and downs, and this one is no exception. Whether it is a squabble over which mithai is better, or a war for control over the TV – sibling rivalry never ends. What we often overlook, however, is the comfort that one finds in having a sibling. They are like your other half, and no matter how you fight with them, at the end of the day, you are there to support each other.

Next up is Janmashtami. We have all spent our childhood dressing up like Krishna, holding a toy flute and pretending to be the boy-god. This Janmashtami, we endeavour to bring you its various forms of celebration, so that we have a more diverse cultural understanding of this festival. We hope you enjoy the fun activities we have lined up inside!

Finally, we commemorate our nation's 77th Independence Day celebration with creative re-interpretations of the struggle, and fun facts about India's history.

Before we delve into this edition, we would like to offer our special thanks to our respected Principal ma'am, Ms. Divjot Kaur, for giving us this opportunity. We would also like to thank Ms. Surabhi Joshi (Vice Principal, MRIS-CW) for being an invaluable part of this process and mentoring us so that we could bring out a fabulous magazine.

Finally, we would like to thank you, our readers, for supporting us as we try to create a magazine for students, by students. We hope you enjoy our edition for August 2023!

Editorial Board,
MRIS Charmwood PULSE

SPECTRUM: EXCLUSIVE COVERAGE

Students of Early Years held a special assembly titled 'SPECTRUM'. Here are the highlights.

Manav Rachna International School Charmwood organised SPECTRUM- a Special Theme Culmination Assembly on August 26, 2023.

The little stars of Nursery showcased their learning under the theme Nature Around Me through various presentations.

Spectrum commenced with the singing of the Gayatri Mantra and seeking God's blessings. This was followed by musical presentations and students showcasing the life cycle of a butterfly and a seed.

Spectrum helped students of Nursery enhance their verbal proficiency, confidence and willingness to communicate thoughts and feelings. The event culminated with a rhythmic and captivating dance performance by the little dazzling dancers.

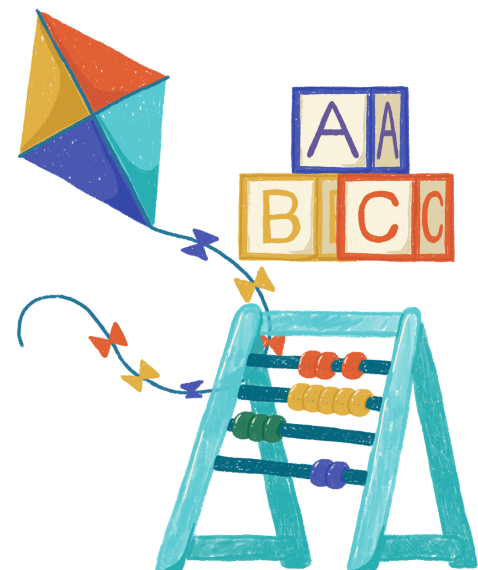
Continuing with the zeal and enthusiasm of taking learning outside classrooms, Toddlers carried the ceremony forward with a power packed ramp walk by the Toddler families and a Musical Drama Enactment on Different states of India by KG.

Spectrum helped the Toddlers and KG students boost their confidence and public speaking skills. The rhythmic musical enactment and presentations spoke volumes about



the learning progression of the students. The event culminated with an energetic dance performance by the students of KG Mercury and KG Venus.

All in all, it was a fun filled day where our junior-most grades had an opportunity to showcase their learning so far.



CELEBRATE JANMASHTAMI

Primary wing students designed creative and beautiful Janmashtami themed greeting cards.



Janmashtami themed greeting card activity

Janmashtami is a festival full of tradition. Every family has unique Janmashtami traditions. The Lord Krishna is also portrayed in art forms across India - whether through performances like "Swagatham Krishna" in Bharatanatyam, or songs like "Krishna nee begane, Baro", originally composed by Vyasatirtha.

Moreover, Janmashtami is a fun time for young children to dress up like the young god, and learn all about his adventures - his triumph over the massive snake Kaliya that terrorised the village, or his valiant actions as he lifted Mt. Govardhan to protect the people of Vrindavan from Lord Indra's wrath.

The story of Lord Krishna is a timeless tale of good's triumph over evil, and the power of wit and courage.

Bearing in mind the fun spirit of Janmashtami, MRIS Charmwood Pulse invited the students of Primary wing (Grades 2 to 5) to capture the essence of this festival through creative and artistic greeting cards.

Students were free to use materials of their choosing, including (but not limited to): Glitter, sequins, card, gum, ice-cream sticks, cotton, color pens and more.

Students were then asked to present their cards in front of

the class. We received an overwhelming response! Students made innovative and beautiful cards, and their designs were truly breathtaking.

So, a very happy Janmashtami to all of you, dear readers, and we hope you stay tuned to see all the exciting projects our students create!



RAKSHABANDHAN: OUR STORIES

MRIS CW conducted an activity with Middle wing to explore the spirit of Rakhi through stories and poetry.

Rakhi is a celebration of the wonderful bond that is sibling-hood. From petty arguments to long discussions about the future, from fun afternoons spent lounging in front of the television, to hilarious moments at school- fun with siblings never ends.

Beyond the more traditional aspect of Rakhi, it's a day for siblings to celebrate their relationship - and believe me, every relationship with siblings is different. Some are filled with laughter, some with sarcasm, some with jokes about books or philosophy and still others who enjoy long team-gaming sessions.

We must remember, not all siblings are connected by blood. Found family and friendships can be just as meaningful to our lives, and Rakhi is a day to celebrate these relationships as well! In fact, over time, the concept of Rakhi has become a more equitable festival, moving away from its patriarchal roots, and is now marked by siblings exchanging rakhis rather than just the sister tying a rakhi for her brothers.

In the spirit of Rakshabandhan, MRIS Charmwood Pulse



<https://www.thestatesman.com/lifestyle/best-places-in-delhi-to-buy-rakhi-for-rakshabandhan-1502787363.html>

provided a space for the students of middle wing (grades 6 to 8) to explore the many ideas of Rakshabandhan and the ups and downs of having a sibling. They were invited to express their emotions, thoughts and opinions through works of poetry and prose.

We received over 20 submissions, and it was very tough to pick the best ones. We took great care to read each entry carefully, and we thank all of you for engaging with our call for content! All the submissions were amazing, and they all explored this festival

in all its multi-faceted glory.

This festival is a celebration of the bond between siblings, and your work displayed great depth and range in understanding these concepts. After much consideration, we have chosen to feature the following works:

“You are not alone” by Siddhi of VII Bhaskara

“Rakshabandhan: A Poem” by Naira Gulati of VII Bhaskara.

Congratulations to our finalists, and a happy Rakshabandhan to all! We hope you keep submitting to our future editions.

YOU ARE NOT ALONE

BY SIDDHI (VII BHASKARA)

I looked up at the beautiful crimson sky and the trees swaying back and forth as if dancing to the rhythm of the wind. I don't think I ever had missed my sister, Kiara, more. It had been a year since she killed herself. I couldn't stop blaming myself for her death.

I had to remind myself that I didn't have a sister anymore as I kept replaying our memories in my head. I could have saved Kiara if only I hadn't turned my back on her when she needed me the most. If only I had been a good brother, she would have been here with me. If only. I reminisced how the both of us would fight over the TV remote and a bag of chips. How we would perform the most annoying pranks just to irritate each-other, but isn't that how sibling relationships work? An odd mixture of love and hate? I guess I was never really able to figure that out. I checked the time - 10 P.M. I considered going home but restrained myself. I dropped mom a message. She was already online.

"Staying at a friend's house tonight. Will be back tomorrow." I typed.

"Which friend?" she inquired, instantly.

A typical Indian mom, I sighed. "I said that I would be back tomorrow." I tapped on send and switched off my phone. I just needed to be alone in that moment. I sat on a nearby bench and wasn't long until I fell asleep. It was morning when I woke up with a jolt. I looked around and all I could see was people laughing and living the best moments of their lives. How could they be so happy all the time? A package lying right beside me caught my eye. It had a note that read: - "To the Bhaiya who was crying last night while wearing a grey hoodie. " The package was for me, I assumed - the note was too precise for it not to be. I ripped it open to find a card along with a handmade rakhi inside. It was pretty, but the handwriting on the card was barely legible. It read:- 'My friends and I saw you crying last night. They thought that this would help. HAPPY RAKSHA BANDHAN BHAIYA! Look to your right, you aren't alone.' Kiara also wrote sweet messages like these on special occasions. I looked to my right and found a group of little girls smiling and waving at me, so little yet such big hearts. Before I knew it, I was smiling too. As they tied the rakhi around my wrist, I realised that Raksha Bandhan wasn't just a connection of blood but also the connection of love and care. Those girls and I weren't bonded by blood but we did share a bond of emotions, affection and a string of our hearts. That was the day I found not one but five sisters.

RAKSHABANDHAN : A POEM

BY NAIRA GULATI (VII BHASKARA)

Bond of protection it is,
Love and affection it is

Promise of brother it is,
Wishes from sister it is

Wishes for long life it is,
Strength to fight all odd it is

Respect towards women it is,
Commitment of men it is

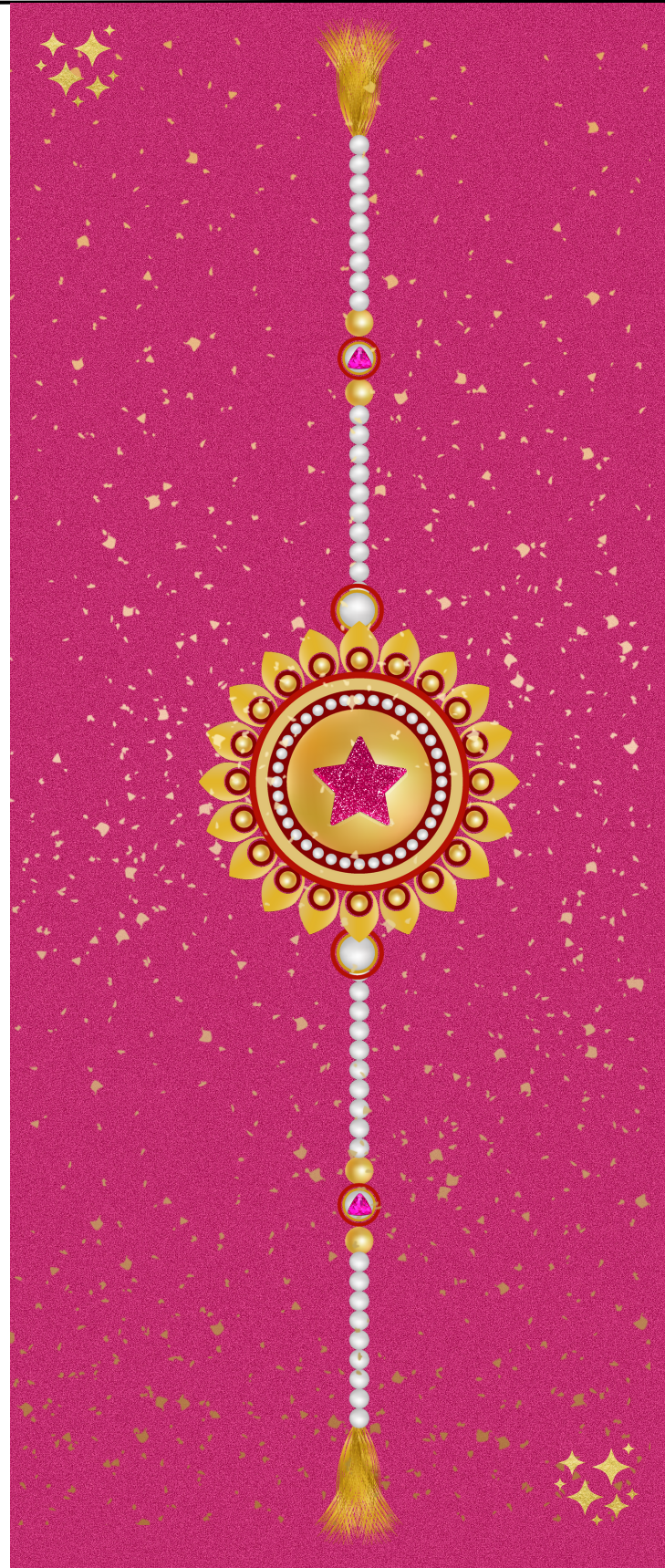
Forgiveness for all it is,
Celebration of relation it is

Gift wrapped with love it is,
Smile on sister's face it is

Get together of family it is,
Day full of joy it is

Happiness, Selflessness,
Togetherness it is,

Raksha Bandhan it is,
let's celebrate together



INDIA'S ACHIEVEMENTS

MRIS CW invited Senior wing students to submit articles about pivotal events in Indian History

India has been an independent nation for 77 years. During this time, we have seen highs, we have seen lows, and we have enjoyed every step of the journey.

There were, however, a few moments so pivotal to Indian history that they gave a new definition to the nation.

Some of these events are memorialised in modern culture - their evidence is found in architecture and monuments, in the frescoes that adorn walls and in the ink that covers many of our most prized manuscripts. Other events are memorialised in our history textbooks. Still others have had such a profound impact on the ideas and sentiments of the Indian people.

However, many of our achievements as a nation continue to be sidelined in favour of more dramatic retellings of a select few events.

To shed light on and celebrate these oft-ignored events, MRIS Charmwood Pulse invited the students of senior wing to submit short articles about events in Indian history that they found most interesting.

We were pleasantly surprised



Image Credit: India.com

by the depth of research that went into all the submissions - and believe us, we received a lot!

The events detailed in many of these submissions were so often left out of mainstream history. Each work contained detailed information, realistic analysis, and -most importantly - they captured the feel of the entire nation at those vital junctures in the story of India. The anticipation of the people, the efforts of our freedom fighters, our founders, our scientists and our intellectuals - all condensed into quick, easy reads, all of which we loved.

After much consideration, we have decided to publish the article titled **“Operation Smiling Buddha”** submitted by **Dhriti Lowe** of **XI Einstein**. We congratulate all our contributors, and we hope that you, our readers, will enjoy this glimpse into a little known but key event that played a huge role in India's development and testing of nuclear weapons and energy systems.

Once again, a very happy Independence Day to all.

Jai Hind, Jai Bharat!

OPERATION SMILING BUDDHA

BY DHRITI LOWE (XI EINSTEIN)

The imminent danger was approaching. The danger of blowing their cover. The danger of pushing the nation 20 years back. The satellites were rolling nearer by the minute. If they captured even one photo hinting at the uncovered shafts, then it would all be over. Homi Sethna was in a dilemma. Deciding to take the plunge, he ran out towards the shaft and his colleagues followed. They hurriedly covered the shaft and swiftly returned to the base. They had done it. Sethna heaved a sigh of relief. Another minor victory was achieved.

Nuclear bomb tests hold great significance to a nation. Commanding nuclear power is a feat that characterises the Superpowers of the World.

India's very own nuclear programme was started in 1944 by Homi Jehangir Bhabha, along with physicist Raja Ramanna, an expert in Nuclear weaponry and technology (Ramanna was instrumental to designing the nuclear device), and Homi Sethna, a chemical engineer, who played a significant role in the development of weapon-grade plutonium. In 1969, a Plutonium Plant known as Purnima was set up, led by P.K. Iyengar, Ramanna, Homi Sethna and Vikram Sarabhai. Then Prime-Minister Indira Gandhi maintained tight control of all aspects of the preparations for the test (code named Smiling Buddha), which was conducted in extreme secrecy, in Pokhran, a large deserted area in Rajasthan.

The road to success, however, was not an easy one. The USA had always opposed the idea of allowing other nations to gain nuclear weaponry. They felt that a ban on nuclear technology would prevent other countries from obtaining nuclear weapons and retain their position as a global power. So, when the Indian team ventured out to test the atomic bombs, the main problem was the degree of international surveillance, especially via satellites, that lingered around at all times, leaving short blank spots to work in. They had to work strictly within the time span of the blank spots and cover everything so as to not leave a trace of the ongoings when the satellites gained visibility. They even resorted to using code words like Taj Mahal, White House, etc.

The preparations for the tests had taken several months, and every day posed new challenges, but finally, on 18th May 1974, the Buddha smiled, the tests were successful. This achievement advanced India and brought her up among the biggest superpowers of the world.

Despite our success, India's intention had never been to use nuclear energy as a weapon. Nuclear development was strictly for peaceful purposes. However, our stance continues to be that, in dire circumstances, we will use our nuclear capability for defence purposes. The tests were fission-based, but they fused the country together to celebrate this unique accomplishment and reignited a sense of One Nation, One People.

KOLAM

BY NETHRA RAMAKRISHNAN

First made in Tamil Nadu nearly 5000 years ago, Kolams can now be found outside nearly every household in all 5 states of South India (Karnataka, Telangana, Andhra Pradesh, Kerala and, of course, Tamil Nadu.)

Typically made by the women in the family, Kolams hold great cultural significance in everyday life. Their presence outside a house is believed to signify good health and prosperity. They are also designed to welcome the goddess Laxmi to bless the house. The absence of a Kolam also indicates misfortune in the household.



Image Credit: <https://husale.2023cheapstore.com/category?name=kolam%20kalam>

In an interview for the Hindu, architect Thirupurasundari Sevvil explains 4 ways to classify Kolam designs - By space, region, family, and occasion.

Spatially speaking, she says, the Kolams drawn at entrances differ from those drawn in kitchens or the more intricate ones drawn in prayer rooms. Kolams drawn in temples are much larger than the ones drawn outside homes. The ones drawn outside the house will differ from the ones drawn on thresholds.

Kolams from different regions also depict objects or events significant to everyday life in that region.

They depict local gods, legends, and heroes. They also incorporate traditional patterns or designs found in local jewellery or embroidery. Kolams also comprise of patterns that are passed down through generations and become part of family designs.

Kolams take on different shapes and patterns for different festivals. Everyday Kolams will differ greatly from the ones drawn on Janmashtami, Pongal or Deepavali.

Beyond its cultural value, the art of Kolam making is highly technical.

Traditionally made using combinations of dots, lines, and curves. Unlike the more colorful North Indian concept of a Rangoli, Kolams are typically made using rice powder (which is white in color). The rice powder can also be ground with water to form a wet slurry which stays longer than dry powder and preserves the design.

On special occasions, Kolam designs are also enhanced using **semman** - a powder which, when mixed into water, creates a red paste. It is used to put borders and enhance the beauty of the Kolam.

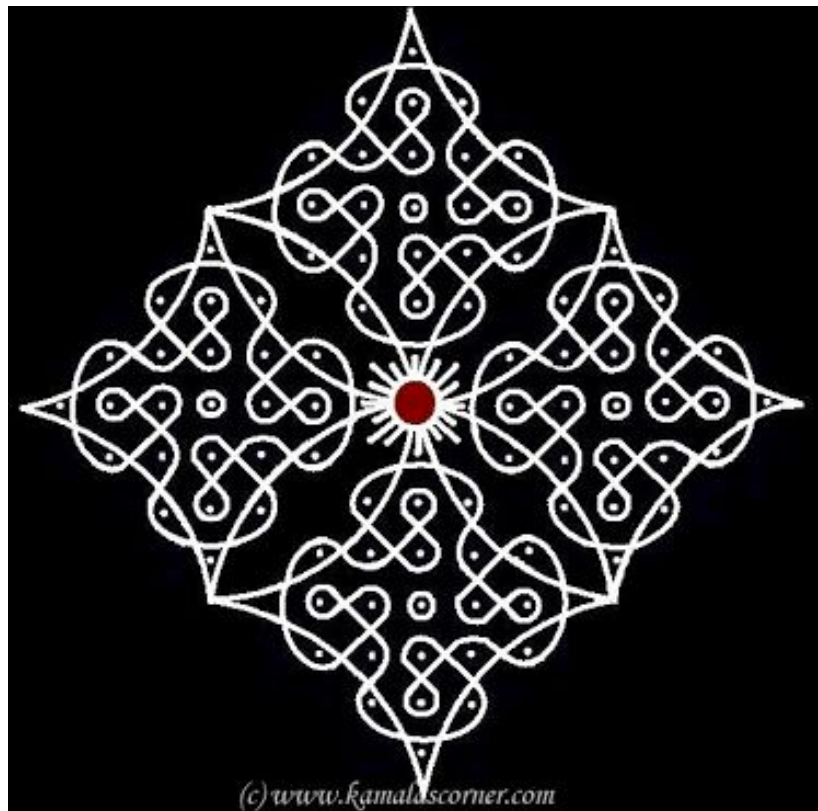
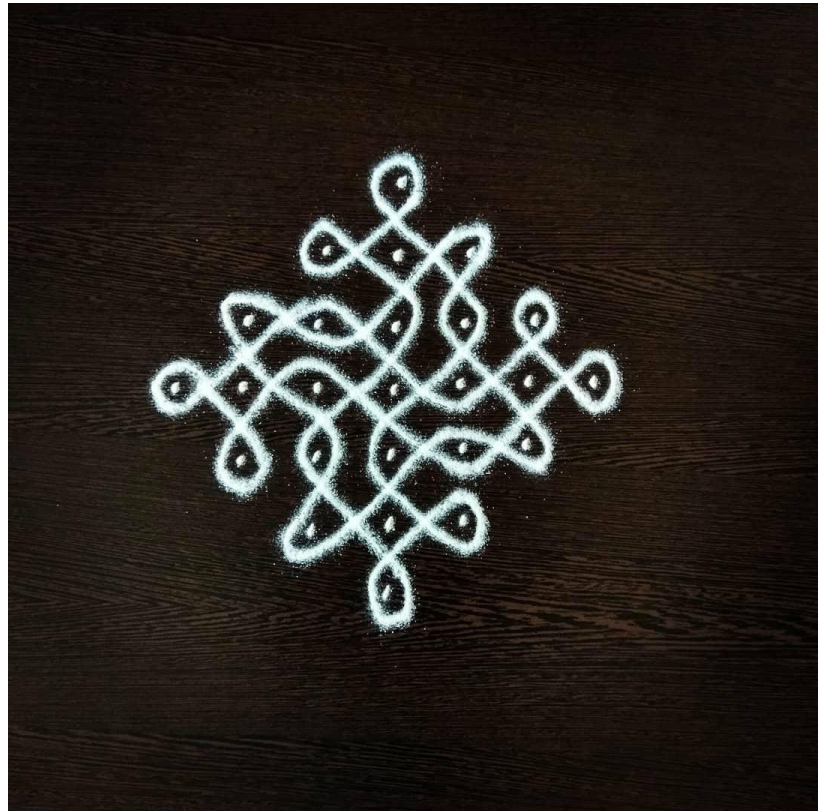
The process of making a Kolam is simple. Each design begins with a simple arrangement of dots. These dots are then connected using lines and curves. The basic grid made with dots is known as **pulli**. The design can be geometric, using hexagons, triangles, and other shapes. It could also be more floral, with curves and arcs. It could even be both!

On Janmashtami, many people use Kolam batter to draw small feet leading up to a decorative alter in their house. This is to symbolise little Krishna's feet as he enters your house and blesses your family.

Making Kolams also has several physical benefits. The act of bending down to draw the Kolam helps build core strength, and the art of spreading the rice powder improves dexterity.

Research shows that Kolams have been used in stress therapy programs and have helped patients calm down and relax.

To learn how to make your very own Kolam, click on this link: <https://www.youtube.com/watch?v=vbmccqa3yNiQ>



SOURCES:

<https://www.thehindu.com/society/history-and-culture/exploring-centuries-of-indias-traditional-kolams/article30573492.ece>

FESTIVAL TREATS THIS JANMASHTAMI

BY RUHANI CHHABRA

Janmashtami is a festival that commemorates the birth of lord Krishna and is celebrated on the eighth day of Krishna Paksha .

Beyond the prayers and the temple visits, one of the most iconic Janmashtami tradition is dahi handi, where players compete to steal a pot of curd. Lord Krishna is said to have loved food, making festival treats a vital part of Janmashtami. One such dish is Panjiri. Panjiri's significance is deeply engrained in the Indian culinary traditions and practices. Being made during childbirths, it is considered nutritious for both newborns and mother.

Here's a quick and easy recipe so you can make Panjiri of your own!

INGREDIENTS

- 1 cup whole wheat flour
- 1/2 cup ghee (clarified butter)
- 1/2 cup powdered sugar
- 1/4 cup chopped mixed dry fruits (almonds, cashews, raisins, etc.)
- 1/4 cup desiccated coconut
- 1/4 teaspoon cardamom powder
- 1/4 teaspoon dry ginger powder
- 1/4 teaspoon nutmeg powder



Image Credit: <https://aartimadan.com/atta-panjiri-punjabi-style/>

INSTRUCTIONS

1. Heat a heavy-bottomed pan or kadai over low heat and add the whole wheat flour. Roast the flour while continuously stirring to prevent burning. Roast until the flour turns golden brown and releases a nutty aroma. This step is crucial as the flavor of the Panjiri comes from properly roasted flour. It might take around 15-20 minutes.
2. Once the flour is roasted, add the ghee to the pan. Mix well and continue to roast for another 8-10 minutes, until the ghee is well incorporated and the mixture becomes fragrant.
3. Add the chopped mixed dry fruits and desiccated coconut to the mixture. Continue to roast for a few more minutes until the dry fruits and coconut are lightly toasted.
4. Turn off the heat and let the mixture cool down slightly. Then, add the powdered sugar, cardamom powder, dry ginger powder, and nutmeg powder. Mix everything thoroughly.
5. Allow the panjiri mixture to cool completely before storing it in an airtight container.

Your panjiri is ready to be enjoyed! It's a nutritious and energy-rich snack, and tastes delicious! Keep in mind that this is a basic recipe, and you can customise it by adding or adjusting ingredients.

EVOLUTION OF THE INDIAN TRI-COLOR

BY VEDANT ARORA

Our founders took great care when selecting the right flag to embody the spirit of our nation. Let's take a look at the evolution of the design....



Image Credit: <https://www.getbengal.com/details/seventy-five-years-after-Independence,-can-we-stop-promoting-the-pingali-venkayya-myth>

1904-06: During this time, the first idea Indian flag emerged. It was designed by Sister Nivedita, an Irish follower of Swami Vivekananda, and was red and yellow. It was inscribed in Bengali with "Vande Mataram." The "Vajra" (God Indra's weapon) was represented by the flag, which also represented force. Red and yellow stood for victory and vigour.

1906: The tricolour was first used on the Calcutta flag, which came after Sister Nivedita's design. The flag was decorated with horizontal blue, yellow, and red stripes. Eight stars could be seen in the upper blue stripe, "Vande Mataram" was written in yellow, and a crescent moon and star could be seen in the red base.



Image Credit: <https://in.musafir.com/blog/unknown-facts-about-the-indian-flag>



Image Credit: India.com

1906-07: This flag first appeared on August 7, 1906. It was created by Sukumar Mitra and Sachindra Prasad Bose. Green, yellow, and red stripes stood for strength, triumph, and a province. Provinces were represented by eight lotuses on green, 'Vande Mataram' was on yellow, and a crescent moon and sun were on the lower red.

1907: Bhikaji Cama, Veer Savarkar, and Shyamji Krishna Varma's Berlin Committee Flag made its premiere in Germany in 1907. It introduced saffron and had an orange band on top with "Vande Mataram" and eight lotuses. The sun and moon were shown in green.



Image Credit: WION

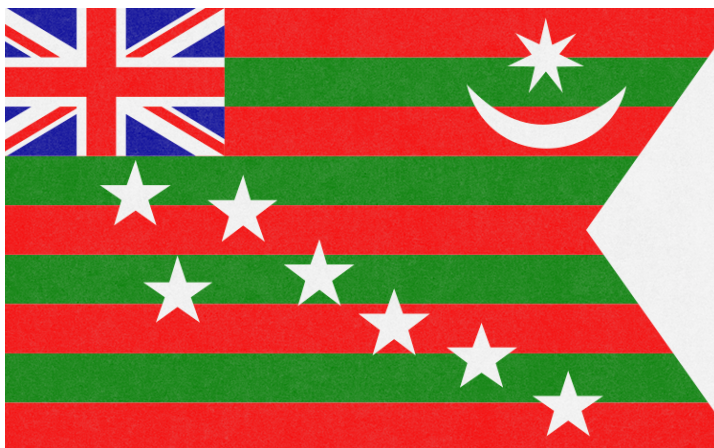
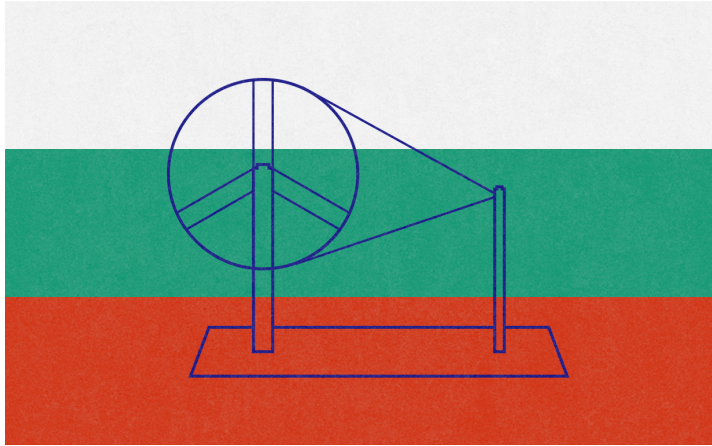


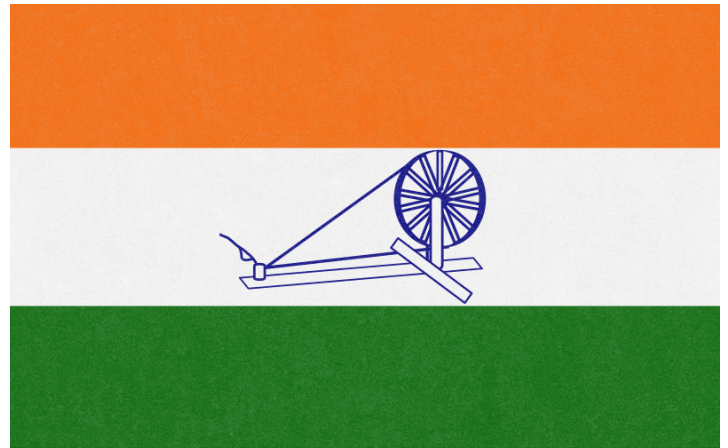
Image Credit: Wikimedia Commons

1917: Bal Gangadhar Tilak suggested a flag with the Union Jack, seven stars, and the colours red and green for the Home Rule Movement. A star with a crescent moon emerged when the stars aligned to form the Saptarishi constellation.



1921: Mahatma Gandhi added a charkha to the tricolour in 1921. Religions and togetherness were represented by colours: crimson for sacrifice, green for hope, and white for peace. Unveiled at the Indian National Congress in 1921.

1931: The present flag's design was sought after while communalism was on the rise. The first flag, which before subsequent ones, was all blue (British India). Due to different interpretations, it was replaced. Pingali Venkayya's design of saffron, white, and green—which stands for bravery, peace, and prosperity—emerged.



1947: Dr. Rajendra Prasad's committee created the current flag after India gained independence by including the Ashoka Chakra. White stood for purity, harmony, and truth; green represented belief; saffron represented valour and selflessness. The Ashoka Chakra represented the practise of dharma.

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INDEPENDENCE DAY SAGA

BY CHESHTA KAPOOR

“We will stand with COURAGE, we will live with PEACE, we will create WEALTH, we will DIE FOR THE ORANGE, WHITE and GREEN!”

Manav Rachna always commemorates Independence Day with zeal and devotion.

Our students gave an amazing concert on the 77th celebration of our nation's independence. Their voices truly embodied the saying 'Where words fail, music speaks'. Our school choir performed beautifully, singing songs such as 'Main rahu ya na rahu Bharat yeh rehna chaiye...' and 'Ekta, Swatantra, Samanta Rahe.'

They were followed by our dance troupe, who put on an exciting performance of 'Vande Matram' and 'Ae Desh Mere'. Dancers are truly God's messengers.

The students of Air Falcons youngsters recently won the Inter- clan competition 'Zara Yadh karo kurbani' held on 11th August for grades 6-10th, and their performance of the winning play was the highlight of the gathering. They gave an incredible performance, portraying India's freedom struggle and the role of powerful leaders such as Bhagat Singh, Lala Lajpat Rai, and others. They also showed the arrival of the Simon Commission and our gallant



Indian fighters' opposition to it. They bravely displayed the British government's torture and how the Indians fought back.

Every child in the audience was stunned and proud of their nation after the assembly! They were all brimming over with patriotism and affection for their nation.

To conclude the celebrations, Principal Ma'am gave an inspiring address, which instilled in us the courage to resist injustice, to work hard,

and make the country proud, and to always appreciate the country and its struggle for independence.

In the spirit of Independence Day, we would like to leave you with this quote:

“May your patriotism and love for your country lead you to a brighter future.”

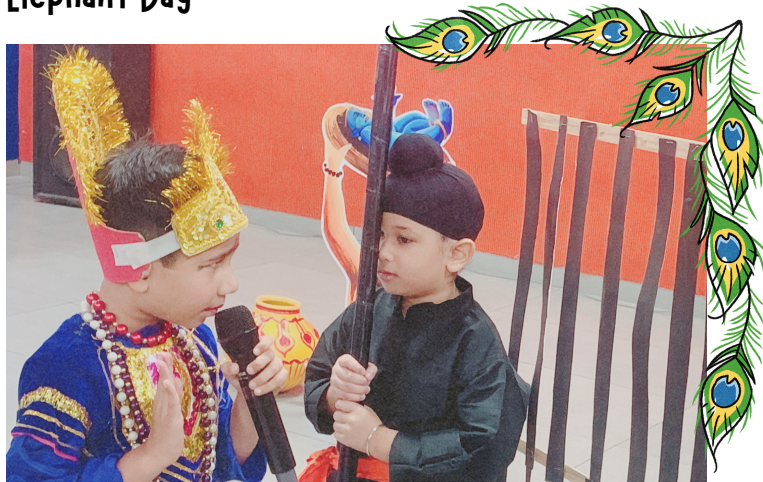
THE MONTH THAT WAS A QUICK PICTORIAL REVIEW



Save The Elephant Campaign, to celebrate World Elephant Day



Toyathon, a fun and interactive experience



Janmashtami 2023 celebrations



Janmashtami 2023 celebrations



Rakhi making for Rakshabandhan 2023



Celebrating Rakshabandhan 2023!

THE MONTH THAT WAS A QUICK PICTORIAL REVIEW



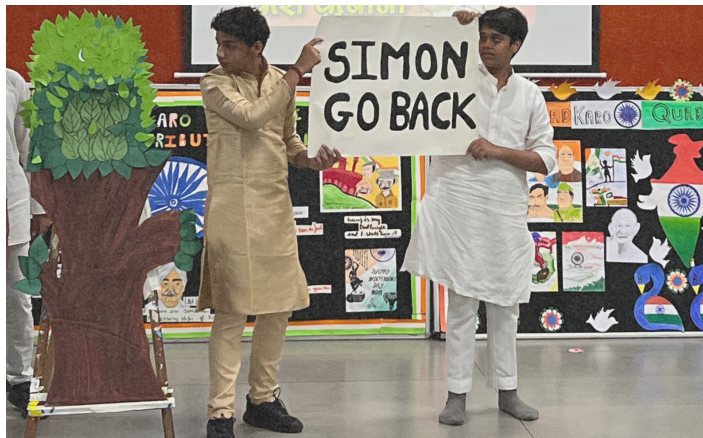
Cleanliness Drive at MRIS CHARMWOOD



Primary Wing students visit Amul's Banas dairy



Interclan Play competition – Yaad Karo Qurbani



Interclan Play competition – Yaad Karo Qurbani



Interclan Play competition – Yaad Karo Qurbani

THE MONTH THAT WAS A QUICK PICTORIAL REVIEW



Junior Sports Fiesta at MRIS- CW



Pete the Cat role-play with Early Years



Celebrating National Sports Day



Dressing up as Indian Sportpeople for National Sports Day

...And here's looking forward to many more fun activities like this next month!

MEET THE TEAM

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(Vice-Principal, MRIS CW)

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Image by Sikandar Ali via Pixabay

**Traditions touch us, connect us
and expand us.**



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