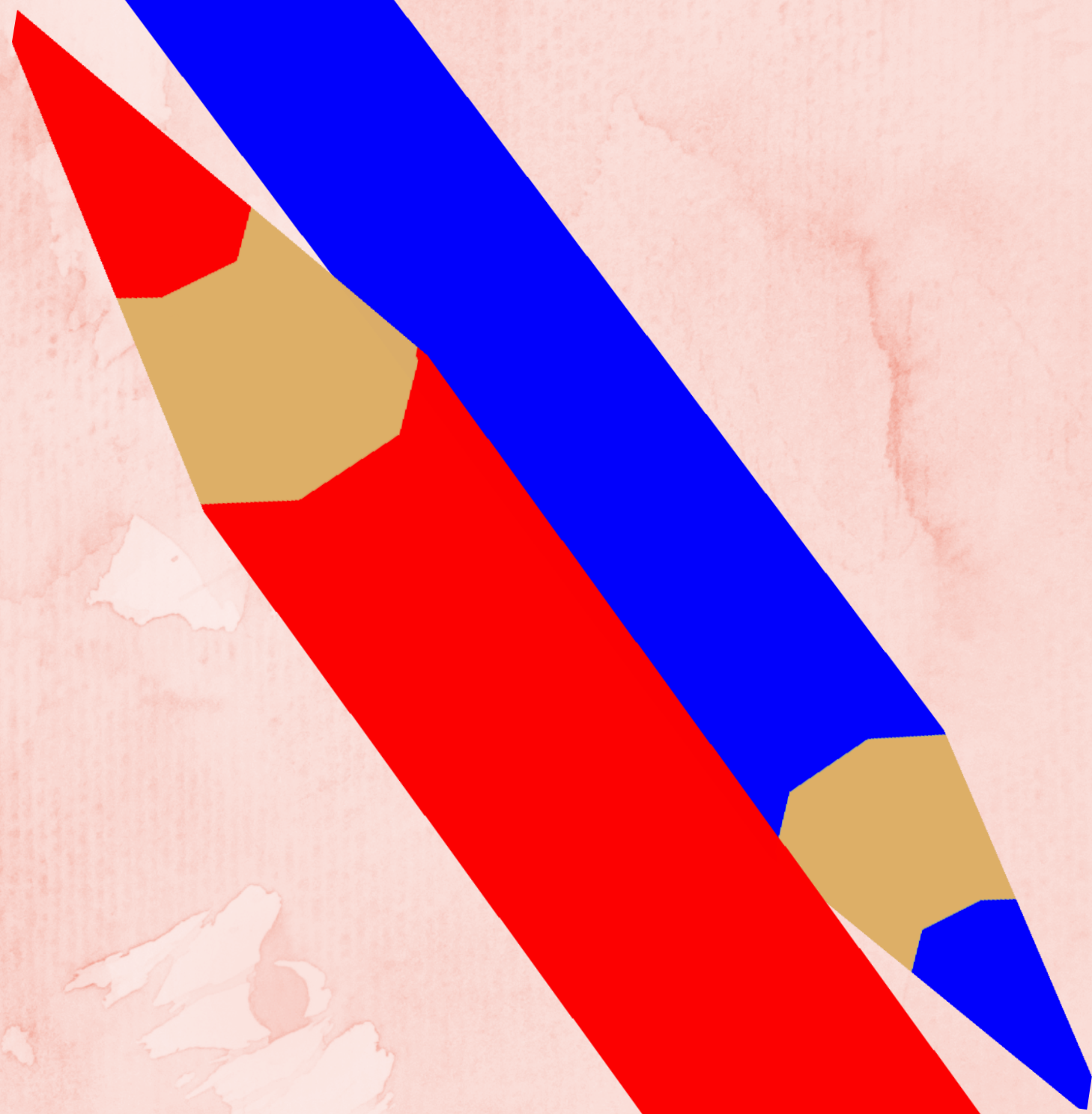


January 2022

Newsletter



MRIS
MOHALI

NEWSLETTER JANUARY 2022

MANAV RACHNA INTERNATIONAL SCHOOL MOHALI

(MRIS MOHALI RANKED THE NO. 2 CBSE SCHOOL IN TRICITY)

MESSAGE FROM PRINCIPAL

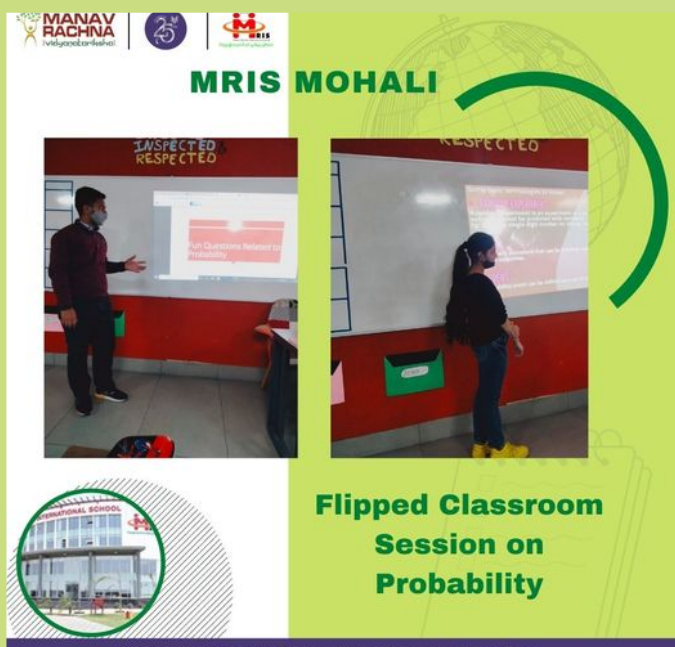


"Quality is never an accident. It is always the result of intelligent effort." John Ruskin

This is the underlying belief that is clearly reflected in MRIS Mohali, be it the state-of-the-art infrastructure or rigorous blended curriculum. We help the child to identify his own potential, nurture his innate abilities and thus create a happy individual by providing a safe and conducive environment which maximizes both, the 'development' and 'delight' quotients. Being a futuristic and progressive school, we have adopted many innovative practices that help the child in addressing current and future challenges. We create self-directed and self-aware learners who are equipped with global values, beliefs and life skills to be good human beings. Let's reach out to children to make schooling a delightful, memorable and fruitful experience.

Ms. Taruna Vashisht Principal

FLIPPED CLASSROOM SESSION ON PROBABILITY : 1.1.2022



The students of grade IX delivered a PowerPoint presentation to explain the concept. They also conducted different activities using coins and cards to clarify doubts and queries related to probability. Hence, the concept was learnt through experiential learning by applying logic and rational thinking to real life situations.

'PIGGY PIG- OINK OINK' ACTIVITY WITH TODDLERS : 3.1.2022



Under the ongoing theme 'Nature Around Me', Toddlers at MRIS Mohali were transferred to an imaginary farm while their incharge narrated a story on farm animals. The favourite farm animal of all the young minds was oink! oink! a pig!!

The tots were also sensitised about taking care of and loving all animals around them. Such activities build their natural curiosity to understand that animals also need to be kept safe, fed and taken care of.

'PANDORA'S BOX' ACTIVITY : 4.1.2022



The young and talented storytellers of grade 2 of MRIS Mohali presented the story of the mysterious 'Pandora's Box' during the English session. Their art of storytelling, pitch, expressions and voice modulation while narrating the story made it a mesmerizing narration.

उभरते कवियों ने स्वरचित कविताएँ : 5.1.2022

मानव रचना इंटरनेशनल स्कूल मोहाली हिंदी भाषा को छात्रों के लिए रुचिकर बनाने का निरंतर प्रयास करता रहता है ! प्रतिवर्ष 6-10 कक्षा के छात्रों के लिए कविता प्रतियोगिता का आयोजन किया जाता है ! इस वर्ष भी छात्रों ने इस प्रतियोगिता में उत्साहपूर्वक भाग लिया! उभरते कवियों ने स्वरचित कविताएँ सुनाई !



GRADES VI-X PRESENTED THEIR RESEARCH ON 'FOOD AND CULTURE AROUND THE WORLD' : 6.1.2022

The students of grades VI-X presented their research on 'Food and Culture around the World' in the form of exhibits in the respective classrooms. The classrooms replicated the ethos, culture, dance forms, music, and food of countries, like France, Brazil, Sweden, Australia, the United Kingdom, and the United States. The project display marked the Silver Jubilee and Christmas celebration in the school campus.



विषय संवर्धन गतिविधि: 7.1.2022

प्लास्टिक के थैलों का प्रयोग पर्यावरण के लिए अत्यंत हानिकारक है। यही संदेश समाज तक पहुँचाने के लिए पाँचवी कक्षा के विद्यार्थियों ने कागज एवं कपड़े के थैले बनाए और अन्य विद्यार्थियों को भी प्लास्टिक के थैलों का प्रयोग न करने के लिए प्रेरित किया।



LEARNING PLACE VALUES AND ADDITION THROUGH ABACUS : 8.1.2022

The Kindergarteners at Manav Rachna International School, Mohali, explored the ancient tool 'Abacus' for grasping numerical concepts. They created their own beautiful Abacus setups and learnt concepts like place value and addition in a fun and easy way.



DIY ANEMOMETERS BY GRADE I STUDENTS : 10.1.2022

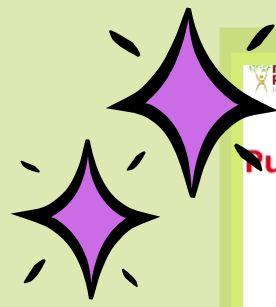
Young learners of Grade I created their own 'Anemometers' during their Tinkering Session using discarded material. The hands-on activity helped children learn and understand the importance of wind energy. Learning by doing is the essence of experiential learning and this activity was a proof of the same.



SKATING CHAMPION- 11.1.2022

Devaditya Singh of Grade 3 Asia bagged 1st position in Inter Academy Skating Competition (Rink Race). The competition was organised by Rolling Tigers Academy on 26th December, 2021.





GAMIFIED LEARNING IN FRENCH : 12.1.2022

Grade VI French students had fun solving puzzles involving memorizing different types of verbs and their application in affirmative and negative statements. The students were thrilled with the language challenge and enjoyed the session. The outcome of the activity was capturing the gaps in the learning and addressing them for further improvement and application.



LOHRI CELEBRATIONS : 13.1.2022

The students of MRIS Mohali kept the tradition and fervour alive and celebrated Lohri by singing the famous Punjabi folk song 'sunder mundariye'. Principal MRIS Mohali, Ms. Taruna Vashisht wished for everyone's well-being and prayed that the warmth of the bonfire and the good vibes radiate in the form of good health and prosperity for all.



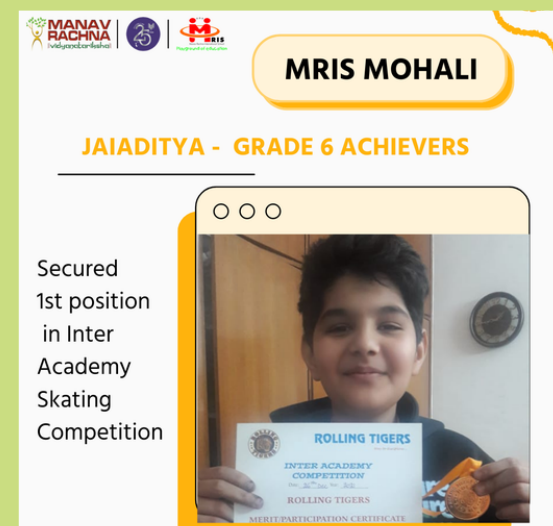
EXPERIENTIAL LEARNING ON CROPS : 14.1.2022

The students of grade II learnt about crops grown by farmers through experiential learning while working on their project on 'Different Crops Grown in India'.



INDIAN ARMY DAY : 15.1.2022

Students of grade 2 celebrated National Army Day today to honour our brave soldiers, who are the reason behind our pride and our smiles. Indian Army is the best instance of discipline and courageousness.



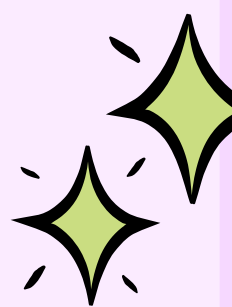
SKATING CHAMPION OF MRIS MOHALI : 16.1.2022

Jaiaditya Singh of Grade 6 Achievers bagged 1st position in Inter Academy Skating Competition (Rink Race). The competition was organized by Rolling Tigers Academy on 26th December, 2021.



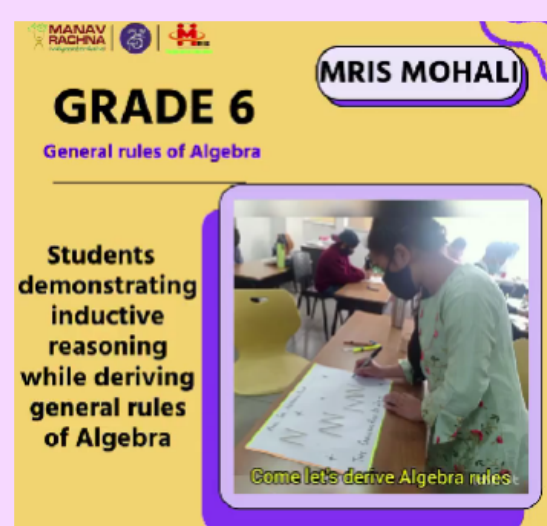
ANIMAL ROLE PLAY WITH TODDLERS - 17.1.2022

A role play activity comes across as fun and playful only, but in reality is a key component in a child's learning and development graph. It is a social space that helps develop speaking and listening skills and gives a child the platform to reflect on and develop knowledge of a particular topic, while sparking and enhancing their imagination and creativity. Thus Toddlers @MRIS MOHALI posed as their favourite animals and had fun enacting and learning about them.



FISH ME OUT ACTIVITY WITH TODDLERS : 18.1.2022

Toddlers at MRIS MOHALI created fish craft under the ongoing theme and had fun using and recalling various colours by pasting circles in varied hues as fish scales.



INDUCTIVE REASONING : 19.1.2022

Young learners of Grade 6 derived general rules of Algebra with the application of inductive reasoning. The hands on experience helped them understand the rules of certain algebraic patterns.



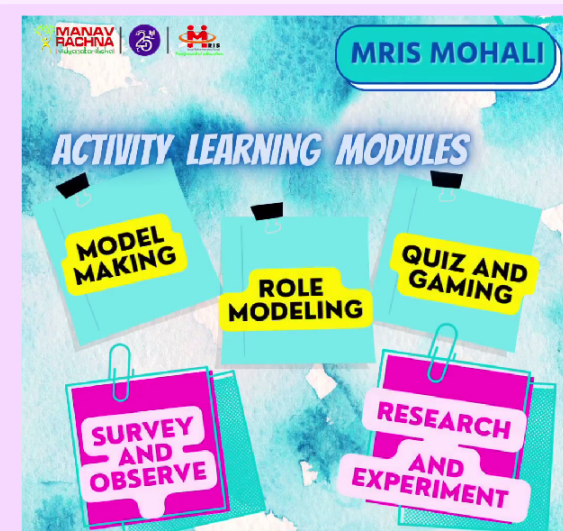
DIGRAPHS- 'H BROTHERS' ACTIVITY WITH KINDERGARTENERS: 20.1.2022

The kindergarteners at Manav Rachna, Mohali, learnt about digraphs containing letter 'H' through the 'H Brothers' Activity. This was a wonderful hands on way to help little ones understand the concept better.



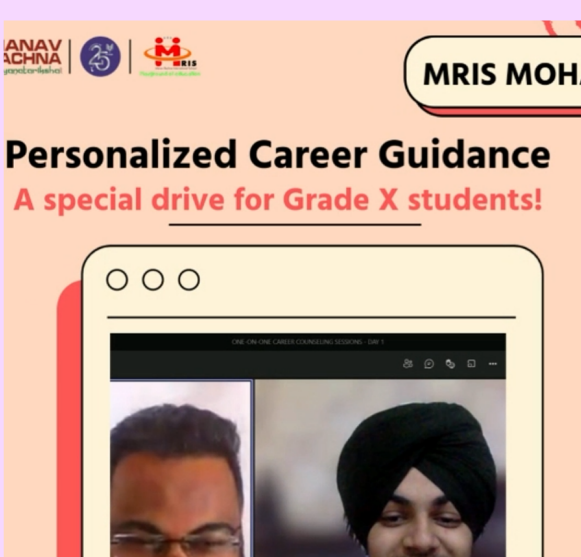
AWARENESS SESSION ON 'COVID-19-CORONAVIRUS' : 21.1.2022

Education can encourage students to become advocates for disease prevention and control. Keeping this in mind, MRIS Mohali organised an awareness session on 'Covid-19-Coronavirus - a Healing Touch Guide'. The general physician of MRIS Mohali made the students aware about the ongoing coronavirus (COVID-19) pandemic, including its symptoms, complications, how it is transmitted and how to prevent transmission with the help of related short videos and power point presentation.



ACTIVITY LEARNING MODULES-SOCIAL SCIENCE : 22.1.2022

Social Science is not just about learning and jotting but is an application of what you learn! We can be a jack of all trades but the question then is : Do you want somebody else to complete you or you want yourself to be complete with knowledge and skill? We, at MRIS Mohali, empower a child with the knowledge, skills and attitude to make informed and responsible decisions in the world. We strive for uniqueness in the child and work towards enhancing his skills by relating what they learn with what they see around them.



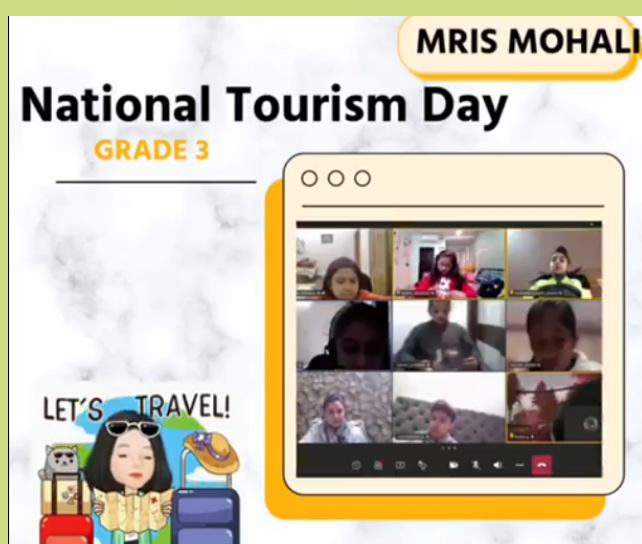
'PERSONALIZED CAREER GUIDANCE'- 23.1.2022

MRIS Mohali has initiated a 'Personalized Career Guidance' drive for its students of Grade X. As part of this drive, a session on Career Guidance was organized on January 12, 2022 by the Principal, Coordinator and Student Counselor for all the students. Following in the same direction, a One-on-One "Career Guidance and Counseling Session" was organized for students along with their parents on January 19, 2022 with Mr Nitesh, Lead-Life & Career Development, MRIS - Centre of Excellence. These sessions are aimed at guiding the students towards various career avenues for them based on their choices, passion and skills.

PINK DAY WITH NURSERY STUDENTS : 24.1.2022



Little ones celebrated the 'Pink Day' by adding two different colours (white and red) to create pink. They dressed up in the 'colour of the day' and relished strawberry shake and different food items in the same hue, like pink idlis, sandwiches and so much more! The students also grasped new vocabulary words related to their favourite colour.



NATIONAL TOURISM DAY : 25.1.2022

To promote awareness about tourism in India, Grade 3 students of MRIS Mohali celebrated National Tourism Day on 24 January 2022. The students made well researched presentations to highlight various features and aspects of tourist spots.



REPUBLIC DAY CELEBRATIONS : 26.1.2022

MRIS Mohali conducted a special virtual assembly to celebrate the 73rd Republic Day. The students and staff of MRIS Mohali came together to commemorate the day on which the constitution of India came into effect, replacing the Government of India Act as the governing document of India.



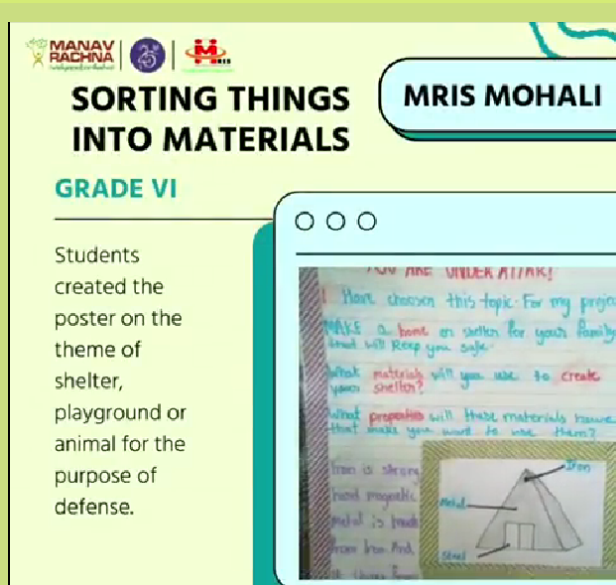
SHOWCASING PATRIOTISM THROUGH ART WORK- AN ACTIVITY WITH EARLY YEARS & GRADE 1 : 27.1.2022

Little ones from Early Years and Grade I expressed their patriotism through their lovely Art work.



EXPERIENTIAL LEARNING @ MRIS MOHALI : 28.1.2022

Students of grade 4 experienced the usage and functions of simple machines by making a model of Pulley. Construction of pulleys helped them to understand how they are used to lift and place heavy materials in our day to day life.



APPLYING CREATIVE AND CRITICAL THINKING : 29.1.2022

Grade VI students at MRIS Mohali represented the key points on "Sorting materials into groups" through a Poster Making activity in their Crest session. While presenting, they elaborated the reason why they selected certain material based on their quality. This activity facilitated their retention and recall of events and facts. Applying creative and critical thinking also reinforces application based learning.



ART, AI INTEGRATED LANGUAGE SESSION: 30.1.2022

The students of grade IX created their own comics inventing their own comic characters during their English Language Session. The purpose of this activity was to let the children imagine and think freely and express creatively using AI tools, and their artistic and language skills.



SNOWY WINTER OWL ACTIVITY WITH TODDLERS : 31.1.2022

Sponge dabbing is a wonderful sensory activity for toddlers- the perfect way for little ones to have fun with painting while getting all the benefits of messy play and sensory stimulation! Thus Toddlers from Manav Rachna International School, Mohali, created snowy winter owls using the sponge dabbing technique in tandem with their CREST theme.



Budding Artists of the Month

LITTLE MR. DOODLER!



DAWNVEER SHARMA
GR. III



RAJBEER
GR. VI



MEHTAB SINGH
GR. IV



SANAYBIR SINGH
GRADE- NURSERY



GURSEHAJ
GRADE-KG



ARMAAN
GRADE-TODDLER

Teachers adorn the Literary hat!



GEN Z EDUCATORS: NEURALLY LINKED HARD DRIVES

The learning environments have under gone rapid change with the arrival of digital natives and the inclusion of technology in teaching and learning. Developments like e-learning, blended learning and Online Classrooms have resulted in a re-evaluation of the transmission based system where the teacher serves as the navigator of knowledge. There is an increased interest in helping to facilitate learning and helping learners construct and personalize learning. These changing times call for a better link between learning and learning environments this need is increasingly visible in schools today where the learning environment is largely nestled within the virtual space.

Knowledge is seen as a dynamic entity that is constantly changing how the world is viewed and constructing this meaning is a continuous and personal process to the learner.

The challenge in anew learning space today, is to provide opportunities for learners to think through problems, have group collaborations and arrive at innovative solutions using technology and still remain open to other options and alternatives. That is why it is important to understand howteacher's pedagogical strategies have adapted to the new virtual learning space.



-BY
Ms. NAMRATA NATT
Academic Coordinator
Elementary

ONE SUCH BLESSING HAS BEEN AN APP CALLED KAHOOT

I'm simultaneously observing an online session in Grade I where all I can see and hear is curious eyes and contagious giggles. No the children aren't in a free session or celebration, they are learning. I marvel at this moment because growing up we never thought learning could be so much fun, did we? A process that could evoke laughter or involve joy. With initial hiccups of online education far

behind us, everyone emerged triumphant as we all embraced technology. This was the time that was reaped well, rather excellently, by the app developers! One such blessing has been an app called Kahoot, an amazing user friendly app that helps educators in creating fun quizzes for their sessions. The same mundane concepts when taught through fun apps, stimulates competitiveness, enthusiasm and curiosity amongst students. Added animations and visuals adds to the charm of playing while learning.

Including reading apps like Epic too have enhanced the oratory skills of young minds like never before! Technology is a boon and educators worldwide have definitely made the most of it. Let's keep the tech-spirits high even as we slowly resume normalcy.



-BY
Ms. Kanika Nikhanj
Academic Coordinator-
Early Years & Gr I

RESOURCEFULNESS: THE ONLY SOLUTION

The ongoing pandemic and the scenario of education has made us ponder on many aspects of teaching and learning that we have never thought of before. Many a times, this happens that we fail on the execution of our most wonderful session that we have planned for our students and this has become very common in the online mode of teaching where we are separated from our students through a screen. The experiential teaching and learning goes for a toss when we feel that we are not able to connect properly with children. I am bothered and I keep thinking what next? The community of educators is a very rich community in terms of experience because they deal with the most versatile section of the population, the children and celebrate the uniqueness of every child. If we know that every child is unique, shouldn't the methodology be unique. I agree with all the premises on which the philosophy of teaching stands but these times are more challenging and demand us to be more resourceful. What if the child doesn't have the materials required? What if the child is not interested in the way the session is executed? Can we ask them to be resourceful and arrange something related to the material? Can we ask them about how the given topic should be delivered? Yes, we can! Sometimes, it becomes mandatory to break the stereotypes and start something anew! This is the best time to explore, think and rethink about what needs to be changed and how we can make our children more informed and conscious individuals. Surprise them every time and let them look forward to something new every time they enter your class. I leave this thought here and wish to see my fellow mates to come up with more resourceful ways of teaching and learning, soaring high in the sky breaking all the stereotypes.



- By: **Ms. Navpreet Brar**
TGT Science

TEACHERS AND PARENTS- SURVIVORS OF THE PANDEMIC

Transitioning to anything new in a short period of time is always challenging. Education is not an exception either. One fine day we were in school teaching children, and the next day, the whole world was flipped upside down! That goes for everyone, including parents. A lot of children live in different situations with different home front scenarios. Thus, for teachers the shift to online education, meant rethinking lesson plans to fit every scenario. Incorporating virtual game links, quizzes and carrying out 'never thought before' activities was enriching for educators and children. Yet, if educators were the eyes, parents were the hands of online classes! Together, we did survive!!



- By: **Ritika Bhasin**
-Centre Incharge
Grade 1 Visualisers

HOPE FOR THE LIFE

Hope is the only rope,
That human should cling upon.

Hope is the only scope,
That mankind has always known.

Hope is needed by all the folks,
To take life's tough strokes.

Hope does not stand alone,
It needs valour to clone.

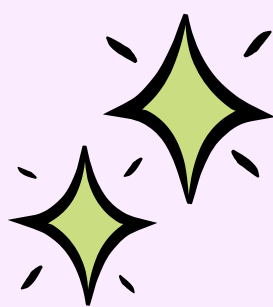
So, don't lose hope,
As it will surely one day evoke.

When everything will fail,
You need to hold Hope's sail.

You will surely sail alone,
The rough sea without a groan.



- By: **Ms. Navpreet Baweja**
English Teacher



YOUNG AUTHORS



The uncertainty over schools reopening and its impact on student's life

Initially when the schools were closed down due to onset of the pandemic in March 2020, children were excited about the extended holidays. It was assumed that the situation would restore back to normal after sometime and schools would also reopen, bringing back the student's life to normal.

However, the pandemic situation grew from bad to worse leaving students in a state of complete uncertainty as to when the schools will reopen.

Schools all over the world started online classes for students. Apart from adaptability issues, there were many challenges that students, teachers and parents had to face. Numerous students (especially from the EWS category) could not afford a spare computer or internet connection. Others who could attend the online classes faced productivity and performance issues constantly due to the virtual divide that was imposed upon them. This started to create a sense of isolation and had its growing adverse impacts on their mental health.

For young children, the uncertainty over reopening of schools led to an increase in anxiety levels and developed frustration amidst their confinement behind the walls of home. There were psychosocial impacts like growing difficulties in connecting & meeting with friends, obesity and other health issues due to no sports or physical activities. Students are desperate to resume back to their routine as it used to be in pre-covid times. However, the constant fear of falling ill due to COVID infection has been keeping them at bay and has brought their life to a standstill. We all pray that this pandemic ends soon and happy times prevail.



- By: *Suhani Dhawan*
- Grade 8

Colour of Emotions

Green for disgust.

Red for lust.

Pink for cheerfulness.

Grey for sadness.

Black for coldness.

Blue for shyness.

Red also for passion.

Yellow for caution.

Colours, they have so much to tell.

Black is not always sadness but it's also elegance.

Red is not always anger but is power too.

Though, pink is sensitivity, it's also maturity.

As always, brown is reliability.

Green is not always disgust but can be witty.

Come one, let's learn from them.

It's not too late.

Ignore others' weaknesses and mistakes.

Colors do not teach us to differentiate.

So, white and black should not be the reason for racial discrimination.

Let's unite together with great zeal and determination and make this world a colorful place.



- By: *Hridyanshi Singh*
Grade 5 Tagore



Achievers



MRIS MOHALI

JAIADITYA - GRADE 6 ACHIEVERS

Secured 1st position in Inter Academy Skating Competition

ROLLING TIGERS
INTER ACADEMY COMPETITION
ROLLING TIGERS



MRIS MOHALI

**DEVADITYA SINGH
GRADE 3 ASIA**

ROLLING TIGERS
INTER ACADEMY COMPETITION
ROLLING TIGERS

1st position in Inter Academy Skating Competition

We Got Published!!

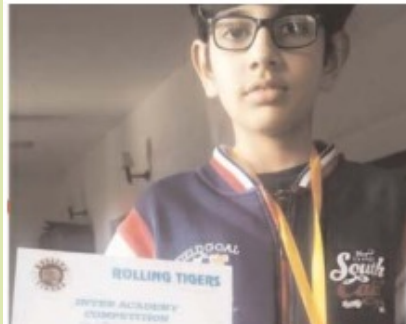


Learning place values and addition through abacus

The kindergartners at Manav Rachna International School, Mohali, explored the ancient tool 'abacus' for grasping numerical concepts. They created their own beautiful abacus setups and learned concepts like place value and addition in a fun and easy way.



Skating champion brings laurels to school



Devaditya Singh, a class III student of Manav Rachna International School, Mohali, bagged first position in the Inter-Academy Skating Competition (rink race category). The competition was organised by the Rolling Tigers Skating Academy. The school management lauded the champion's effort.

School conducts flipped classroom session on probability

A flipped classroom session was conducted on the topic of 'Probability'. The students of class IX of Manav Rachna International School, Mohali, delivered a powerpoint presentation to explain the concept. They also conducted different activities using coins and cards to clarify doubts and queries related to probability. Hence, the concept was learned through experiential learning by applying logic and rational thinking to real life situations.



Nursery students celebrate Pink Day



The little ones at Manav Rachna International School, Mohali celebrated Pink Day by adding two different colours (white and red) to create pink. They dressed up in the colour of the day and relished strawberry shake and different food items in the same hue, like pink idlis, sandwiches and so much more. The students also grasped new vocabulary words related to this colour.

Manav Rachna School, Mohali

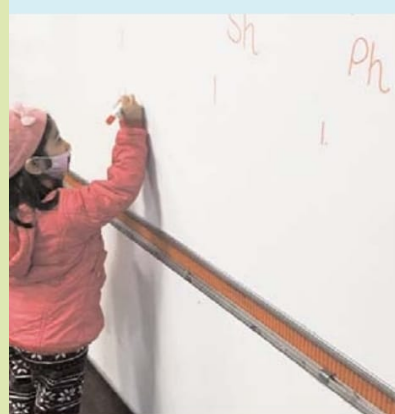
The students of classes II-V celebrated National Mathematics Day. Remembering the contribution of mathematician Srinivasa Ramanujan, pupils conducted a quiz.

GOLF STAR FINISHES YEAR AS TOP RANKING PLAYER



Rabab Kahlon of Manav Rachna International School, Mohali, bagged first position in category D (age 9-10 years) in the recently concluded final leg of the IGU North Zone Junior/Sub Junior Tournament held at FHR Golf Club, Chandigarh. Her score was two over par with 4 birdies and 9 pars. Rabab Kahlon finished the year 2021 as the top ranking player in her respective category.

Teachers familiarise KG kids with digraphs



A digraph is two letters that combine together to correspond to one sound or phoneme. The kindergartners at Manav Rachna International School, Mohali, learned about digraphs containing letter 'H' through the 'H Brothers' activity. This was a wonderful hands-on way to help little ones understand the concept better.

Skating champion grabs first position in inter-academy event



Jaiaditya Singh, a student of class VI at Manav Rachna International School, Mohali, bagged the first position in the Inter-academy Skating Competition (rink race category). The competition was organised by Rolling Tigers Skating Academy.

The school management congratulated the champion on this amazing feat.

Manav Rachna Int'l School, Mohali



The school conducted a special virtual assembly to celebrate the 73rd Republic Day. The students and staff came together to commemorate the day. The assembly began with flag unfurling by principal Taruna Vashisht, followed by poem recitation by students of primary wing. The virtual tableau representing different cultures of India was an epitome of India's diversity. The students also shared facts related to the Indian Constitution and highlighted some qualities of an ideal Indian citizen. 'Development of India towards achieving SDGs' in 2021 was also discussed by the ambassador of Eco Moulds Club with the help of a PowerPoint Presentation. The children sang patriotic songs and danced in the honour of the nation. The principal, while addressing the children and staff, reminded them of their rights and duties and motivated all to be proud of their motherland.

Students take up animal role play to enhance learning



Role play activity comes across as fun and playful only, but in reality it is a key component in a child's learning and development graph. It is a social space that helps develop speaking and listening skills and gives a child the platform to reflect on and develop knowledge of a particular topic, while sparking and enhancing their imagination and creativity.

Thus, toddlers of Manav Rachna International School, Mohali, posed as their favourite animals and had fun enacting and learning about them.

Toddlers engage in craft activity, make

Toddlers at Manav Rachna International School, Mohali created adorable ladybugs with discarded material to add to their knowledge of insects in a hands-on way.



Class I students engage in language development initiatives



The child begins to perceive the world not only through his eyes, but also through his speech'. Class I students of Manav Rachna International School, Mohali, actively engaged in language development initiatives like debate, letter writing, one-minute talk, Olympiad programme, charades, sequence writing and many more as a part of the Readers and Speakers Club.