



WINGS

NEWSLETTER

JULY 2020

Send in your theme based entries at
mris46wings@gmail.com

Greetings Parents and Students!

We are proud to present the third edition of our newsletter WINGS, a collaborative effort of the School Editorial Board which primarily consists of students of the middle and senior school and their mentors.

“It is better to voice out rather than keeping mum.” We received beautiful entries in the past two editions of our newsletter, and we wish to encourage more students to “voice out” their opinions and thoughts.

The theme for July is “Petrichor” – the pleasant smell that follows the rainfall. This season brings us greenery and pleasant weather that enchants all of us.

“To understand nature is to understand thyself.”

The beauty of nature is unmatched, but we humans are destroying it for our gain. Nature is slowly losing its color. During the lockdown period, there was minimal human activity and nature was at its peak. Pollution had been annihilated, and the forests were singing again as they did in the past.

We hope that this newsletter ignites your love for nature.

Happy Reading!

Dhriti Malhotra

Director Principal -MRIS46

NOTE: The theme for the next edition will be notified shortly. All theme-based original articles, poems, collages and illustrations can be sent to mris46wings@gmail.com

NEWS AND EVENTS

CBSE Class X & XII Results: Congratulations to all the students for performing exceptionally well.

Team Zero Time: Team Zero Time of our school qualified for the F1 in schools Virtual National Finals.

Manav Rachna Happy Times (Season 2) An interactive session promoting health and fitness was conducted by Mr Rannvijay Sangha, youth icon, actor, TV star.

Teacher's Emotional Needs during COVID Times : A workshop for teachers was conducted by Ms Geetika Kapoor (Consultant School Psychologist, Founder Ed Essential)

Library Week : It involved a plethora of creative activities and students got a chance to interact with some renowned personalities from the field of sports and education.

Webinar- Report Card of the New Normal: Director Principal Ms Dhriti Malhotra was one of the key speakers in this webinar which mainly discussed the different ways of assessing the students in future.

Sensory Issues and Classroom Strategies : An interactive workshop for faculty members was conducted by Dr Ekta J Daftari (Occupational Therapist with specialization in Neurological Rehabilitation)

Master Thought Provoker: We are proud to share that our faculty member Ms Ipsita Shaw won the Master Thought Provoker title under Science Category in an online event organised by Thought Provoker.

Krittika Art Space: The artwork submitted by our art faculty Ms Soma Chatterjee has been selected for an online exhibition to be held by Krittika Arts Space.

Edu Con Sessions: We introduce you to the new series of "Educational Conversations With Manav Rachna" with pride, where student achievers and alumni will be interacting with MRIS students.

Theme- Petrichor!

Yes, I am talking about the soothing, refreshing, and rare smell that follows the rain! The rainy season has finally arrived, with a punch of freshness and pakoda-chai!

After long and dreary summers, monsoon comes with the cool and cloudy weather, reminding us to enjoy and live the moments of life before the chilling winters come. The pleasant weather, the nostalgic feel, the aesthetic scenery, this season has got it all! Now that the lockdown has bound us to our homes, get ready to enjoy the rains in full gear!

I remember how all of us used to linger outside, waiting for it to pour so that we could take in the beauty of everything and play, get wet and jump like it was our last. School days were the best! The bus ride during the rain was so much fun, we would play 'antakshari', Atlas, laugh out loud and make little shapes on the foggy windows...

Although it's not possible now, don't fret! We all are together with our family, so why not have a party! Enjoy the rainy season together, capture the memories, embrace your photography skills. And it's raining, so it doesn't hurt to have steamy hot pakodas and tea, savour the taste and listen to your favourite music!

As our grandparents say, "The rain is nature's way of adding sparkle to everything." The clouds and the wind are very rejuvenating, so it's time to rejuvenate your inner poet/writer too. Beautiful poems and stories are often written while observing nature and clouds.

Oh! Doesn't it feel like heaven? Nature has bounties of gifts to give, and the beauty it possesses is ethereal. It has also made us obliged to return what it gives us, hence, embrace the rains and protect nature!

***Written by
Divenaa Madan
IX Pascal***

CELEBRATING WORLD TIGER'S DAY ON 29TH JULY

Tigers. One of the most beautiful and majestic animals.

It had always been my dream to see a tiger face-to-face. So, for the winter vacations me and my family set off to Kanha National Park in Madhya Pradesh. We were super excited for a Jeep Safari with our guide and headed towards the entrance gate.

The forest was adorned with tall trees and different variety of birds I had never ever seen before. The birds were chirping merrily, and the jungle was echoing many sounds as if it had its own soundtrack. We spotted a herd of deer, grazing in the bright winter sun.

There was no sight of a tiger. We continued after taking a couple of pictures and saw black bucks running extremely fast. Sambars and Gaurs were also engaged in grazing. A whole troop of playful monkeys were picking up fruits hanging from a tree.

Still, there was no sight of a tiger. Next, there was a massive grassland with similar kind of animals. The three-hour long safari was about to end with my dream unfulfilled leaving me and my brother disappointed. I closed my eyes because of the tiring journey through the jungles while we headed towards the exit gate.

Suddenly I could feel my hand being shaken vigorously by my brother. I woke up and saw that we were near the exit gate. Suddenly, my eyes shifted towards the right and I saw a TIGER! As told by our guide, his name was Munna and was not an ordinary tiger, the stripes on his forehead were shaped in such a way, it formed the word CAT. It was truly an intriguing experience and unforgettable one.

A note to young rangers: if an animal has been spotted once, it is there! You will just need sharp eyes and some patience!

Written by Mihika Dravid

(VIII Nagarjuna)

Why People Who Have Read Harry Potter Are More Likely to Be Good People

When a series is as huge and unbelievably successful as Harry Potter, it's only natural that it teaches its readers something. But did you know that scientists have researched upon and proved a person who reads Harry Potter is more likely to be a good person? Let's do a little recap of the characters in the series, shall we?

Harry is an orphan who lives in a cupboard under the stairs with his bitter Uncle, Aunt and cousin who treat Harry like mould. He's seen as an oddity in the beginning but then he becomes a wizard who ends up saving the world. His good friend Hermione Granger (a muggle) is apt in learning and extremely wise. This helps her out of many tight spots in her adventures with Harry. Ron Weasley comes from a very poor family. He gets hand-me-down robes, maroon sweaters his mother knits him, and is an overall goofball.

Now what's common within all these diverse characters? Nothing! People who read the Harry Potter books and fell in love with these characters formed a personal connect with all these bizarre yet marvellous personas and their friendships too. This love has altered how these young readers view the world. It tends to make them more empathetic towards the society. Harry befriended these people irrespective of their background, financial condition, past, social status and physical appearance.

This is what I am trying to convey when I speak of a 'good person'. Scientists ran a study on this very matter called 'The Greatest Magic of Harry Potter: Reducing Prejudice'. They ran a research on all age groups having read and not read the series. It is reported that reading the books did in fact, alter the person's attitude and they even had a better point of view towards pilloried groups of the society. Harry Potter teaches us the true meaning of ethics It urges the individuals to make other people feel supported, brave, included, inspired and understood. Now that's one mind-blowing thing to enlist in a young child through fantastic literature.

After all, "It matters not what someone is born, but what they grow to be." – Albus Dumbledore.

**Written by Amber Yadav
(VIII Charaka)**

MUST READS FOR JULY!

Book Name: The Martian

Genre: Science Fiction

Author: Andy Weir

About: The story follows **Mark Watney**, biologist, mechanical engineer and astronaut on one of the first manned missions to Mars. Watney is pretty much the least ranked member of the mission. The mission is faring well, until they see a brutal sandstorm on their radar. When their Martian shelter is attacked by the storm, the crews is left with no choice but to abort the mission and evacuate the Red planet.

During the evacuation, Watney is struck by the flying debris of their destroyed habitat after which he disappears into the storm with a torn suit. His personal bio-monitor is transmitting that there are no signs of life, and the crew has no choice but to leave him so that they can reach safety.

Little did they know that Mark somehow survived this ordeal. But it is just the first of many hardships as the stranded astronaut is confronted with the challenge of staying alive on Mars.

-Written by Akshadha Gupta (VIII Kalam)

Book Name: Absolutely Normal Chaos

Genre: Fiction

Author: Sharon Creech

About: Mary Lou Finney is not exactly bursting with excitement when she hears about her assignment to write a journal over the summer. She thinks this is going to be a bit adynamic as nothing much happens in Easton, Ohio. Then her cousin, Carl Ray comes to stay at her house and what starts out as the boring and routine days of summer quickly turns into the wildest roller-coaster ride of all time.

Mary Lou isn't happy about Carl Ray staying with her family as she has to make his bed and tidy up his room. His large appetite doesn't help his case either. Suddenly, their neighbour dies and leaves behind a ring for Carl Ray. This interests Mary and she wants to investigate, but is easily distracted by the most perfect boy of all time, Alex Cheevey. Her best friend, Beth Ann is always calling her to share the sorrows of dating life or to flaunt her new boyfriend.

As a result of the accumulation of various hilarious and emotional occurrences, a boring old school project becomes a record of the most amazing and unbelievable summer of Mary Lou's life.

-Written By Prabhav Girotra (IX Pascal)

Learning to Let Go

15th of July is celebrated as 'Give Something Away Day'. This day encourages people to donate some of their old stuff. Donation is an act of kindness that is beneficial for both the giver and the receiver. Donation can be of many kinds but even the smallest act gives out a universal message of positivity. Getting rid of old stuff that might be of no use to you might open a whole new world of opportunities for the next person it reaches. Donation of old and useless things that are simply taking up space in your cupboard allows the positive flow of energy. Though donation comes with all these benefits, a problem arises when we find objects that we are sentimentally attached to. Getting rid of such old objects can be very hard but when you face such an issue, remind yourself that one should collect experiences and not objects.

Still finding it hard to let go of your old stuff?

Don't sweat it: I have a little formula that allows you to donate your old stuff without regret-

The best acronym to move past such apprehensions is RFUOS-

1. **Recent-** When was the last time I used this?
2. **Frequency-** How often do I use this?
3. **Utility -** How useful is it?
4. **One of a kind-** Is it a one of a kind object?
5. **Space-** How much space does it take ?

R(LOW)+ F(LOW)+ U(LOW)+ O(LOW)+S(HIGH)= It's not worth it . Time to let go.

So, come on, let's all donate at least 5 useless objects that are simply lying around and allow a positive flow of energy all around us!

-

Written by Tvesa Anuj (VIII- Khorana)

ACTIVITY CORNER

Winners from the previous newsletters quiz!

1st Place: Kushagra Shamsha Singh

2nd Place: Garima Arya

3rd Place: Shashwat Garg

Winners from previous newsletters Riddles!

1st Place: Kushagra Shamsha Singh

2nd Place: Garima Arya

3rd Place: Arjun ahuja

Winners from previous newsletters Mathdoku!

Garima Arya

Here's a Harry Potter quiz that is sure to befuddle you, stupefy you and stretch your knowledge of Harry Potter to their very limits!

<https://forms.office.com/Pages/ResponsePage.aspx?id=yyqzuFjxPoGQva1EeaKKzYqtGXcop2hOihHVs9v5aL9UNTVHV0ILNkFPNFNJMThXT1dKUoxMNEFXUi4u>

- Aarav Srivastava (VIII Charaka)

POEM

Rain - Rain, Come Again!!

I feel so complete when I am in the rain
I feel no sorrow, no pain
The feeling of love I don't have, I will gain
Because my heart falls open as I stand in the rain
There's a scent from grass to air
That I'm just gonna share

We recognize it and breathe deep
A world filled with fragrance in heaps and heaps
Dew and showers softly combined
And warmth and coolness intertwined
It will revive and restore
That breath of petrichor

A farmer's gift is the rain
As it helps him grow him grow my grain
In the rain, buzzing honeybees under the cloudy skies
And peacocks dancing captivate my eyes
As you sow, so shall you reap, they say
So let's start harvesting rain from this day
Rain, rain
come again!!

*-BY SHASHWAT GARG
GRADE VI- RESEARCHERS*

The Smell Attracts Me

The sweet Petrichor, penetrates, deep inside me, in the core
It never fails, to soften my soul ,Its smell attracts me like a black hole
While collecting sea shell, one day, I inhaled its smell
Every time, smelling it, inspires my heart, for a new start
No one can, keep me apart, from the ,Petrichor of the rain,
Peacefulness is what I gain, it never ever goes in vain
It always calms me down, whenever I have a breakdown
Whenever I am having a bad day, smelling the Petrichor
is what I pray, I always wanted to stand beside the bay
Staring at the beauty of the pleasant day.

By Aniruddh Parashar VIII Charaka

POEM

वो बारिश की बूँदे गिरी जब तन पर
जब प्यासी धरती की उन्नै प्यास भुजाई
इक नशा सा छा गया प्रकृति में
मानो डाली डाली हर गुल
नाच रहा हो जी भरके, मस्ती में
जो खुशबू उभरी तब गीली हुई माटी से
ना पूछो वह सृष्टि में कैसी खुशियाँ लायी
आ रे आ रे सावन आ घुमड़ घुमड़ के बरस जा
खेतों के राजा को खुश कर जा
सबके मन को ठंडक पहुँचा
ज्यादा जोश में ना आना तू
भयंकर तूफ़ान के रूप न अपनाता तू
हाथ जोड़ बिनती करूँ
परेशान दिलों को सुख देना. दुःख सबके हर लेना तू

By –Ms Reeta Sharma

The Petrichor

The most awaited showers that fell
Enthralled me as if a spell,
While I sat near my window pane
And saw the rain drops that fell on the winding lane.

I stepped out of my cottage to feel the petrichor
While the flowers and butterflies danced and sang to one another;
The rain, too, seemed to make its presence felt
I forgot all my anxieties and felt utterly content.

The symphony of my heart's strings,
Is the feeling that the petrichor brings
Which is too often unheard
The marvels of nature that were left, undiscovered.

I watched the grass that glistened with the dew;
And slowly, very slowly, felt the pureness of the wind that blew.
What life had been lived where commitments were a constrain
How in words can I fathom that scent after the rain.

By – Anya Mehta, Class 9 Pascal

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ARTICLE

MONSOON: THE MOST BEAUTIFUL SEASON

Monsoon, the most beautiful season is here. There are peacocks, birds, and flowers in full bloom, beautiful skies, pleasant weather, greenery and what not in the beautiful season of monsoon. Monsoon in India begins in June. The sound of the rain is tantalizing and getting wet in it is even more fun. The monsoon period is the most essential time in India. Many Indian farmers are dependent on monsoon for the growth of their kharif crop. Indirectly, monsoon helps to sustain life. After a day of scorching heat, the rain cools it down for us. The cool winds make us turn off the AC and sleep with open windows. However, most of the viruses and germs spread in this season. Acid Rain is also very dangerous and toxic for the skin. Maintaining proper hygiene by washing hands and bathing properly can keep us safe and happy even during monsoon. When the monsoon leaves us in September, we wait restlessly for it to come again.

7 Facts about Monsoon

1. The name “Monsoon” is believed to be derived from the Arabic word “mausim”, which means a shift in season or wind.
2. Arizona, USA receives a 31.5% of its total rainfall during monsoon.
3. Hawaii, USA is one of the wettest places in the world. It averages 450 inches (1143 cms.) of rainfall a year.
4. The rain that falls today is the same fresh water that Dinosaurs drank.
5. A raindrop’s top speed is 29 kmph.
6. Raindrops are more shaped like hamburger buns than teardrops.
7. Fossilized imprints of raindrops were found in India, proving that rain fell on Earth at least 1.6 billion years ago.

***By Soumil Sharma
8 Khorana***

ARTICLE

Known as petrichor, the scent has been long chased by scientists and even perfumers for its enduring appeal.

It lingers when rain falls after a prolonged dry spell. "Petrichor" the name was coined by two Australian scientists in 1964, who were studying the smells of wet weather. This earthy scent which is produced when rain falls on dry soil, is derived from a pair of chemical reactions. Some plants secrete oils during dry periods, and when it rains, these oils are released into the air. The second reaction is when chemicals are released by soil-dwelling bacteria (actinomycetes) are released too. These compounds combine to create the pleasant smell of rain. This scent is now becoming a popular perfume ingredient. Usually the smell of rain brings calmness and a sense of relief from the scorching heat and is hence appreciated by us. We humans are highly sensitive to this. So when you're saying you smell damp air, you are actually smelling a molecule made by a certain type of bacteria.

BY - ARYA SHARMA

11 Plato

For viewing the artwork submitted by the students click on:
<https://photos.app.goo.gl/sgSmxYUFirgnq2YW7>

Nature and Health

Frank Lloyd Wright had once said, “Study Nature, love Nature, stay close to Nature. It will never fail you.”

As living beings, our ties with nature predates modern civilisation: back to a time when we all but depended on it for our survival. Just a walk in the park on a sunny morning can remind us of the innermost feelings of happiness, peace and calmness.

Studies in the area of environmental psychology prove that being surrounded by nature has many positive effects on a person's physical, social and mental health and the evidence of positive links between them continues to grow. Many mental disorders have been proven to be solved by being one with nature or detaching ourselves from the modern world and forgetting about our everyday problems.

However, people today have a limited understanding of how nature can help them feel better. Staying close to nature, observing all the notable elements of it, and appreciating it to its very core, can be therapeutic.

Even by doing nothing, we can learn so much from our natural surroundings. It gives us the perspective for healthier living, the motivation to carry on, and the energy to keep trying. As there is no bond more primitive and ingrained in us than our love for nature and nature's care for us.

Written by

Deep Kapadia (IX Pascal)
NPB Committee

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