PRESERVING OUR GREEN WORLD

MRIU GETS NAAC ‘A’ GRADE ACCREDITATION
MRIU Sets New Benchmarks in Quality Education

Manav Rachna International University has been accredited by National Assessment and Accreditation Council (NAAC) with ‘A’ Grade. Congratulating the team work, Dr. Prashant Bhalla, President, MREI said: “The ‘A’ Grade accreditation from NAAC places Manav Rachna International University among the top Universities across the country. It is testimony to our belief and commitment towards providing quality education.”

With the award of accreditation with “A” Grade by NAAC, Manav Rachna International University, Faridabad is now among the universities in the premier league imparting quality education in the country. The University focuses not only in providing quality education in contemporary domains but also strives to make students independent in thought and action and build good moral values in them. Quality standards of the University are driven and monitored by its Internal Quality Assurance Cell (IQAC) with the participation of all stakeholders.

“Quality is a journey on the path of continuous improvement which has no last milestone. And it is this ideology that the MREI believes and strives for,” reassured Dr N C Wadhwa, Vice-Chancellor and Chairman, IQAC of the University, while appreciating the efforts of the Faculty and Management.

Quality education is presently delivered through 54 graduate, post-graduate and doctoral programmes. With many new programmes in the offing, the University has world-class academic and administrative resources in a fully-green campus which creates great ambience for the students and the faculty in their academic pursuits.

The University lays great emphasis on quality through application orientation in its academic programmes, laying special emphasis of research and development. “The ultimate test of quality in education lies in what we contribute to the existing state of knowledge and the value we draw from it to improves the lives of the people,” maintains Dr Suresh Bedi, Director, IQAC and a senior professor of the University.

The distinction awarded by the NAAC is a result of a series of quality initiatives undertaken by the University in recent years. The university maintains stringent quality standards through a system of internal audit of its various academic, administrative and student support systems in which performance of each unit of the University is regularly monitored. IQAC regularly organizes faculty and staff development programmes to keep them updated in their respective domains.

The NAAC Peer Team assessed the University on its seven parameters and 32 key aspects between 29th to 31st October, 2015 and it inspected facilities including laboratories, libraries, studios and other infrastructure and student support services. They interacted extensively with faculty, students, alumni, parents and senior functionaries of the University and assessed different academic and non-academic benchmarks.

Dr Prashant Bhalla elected Hony President of BRICS Council of Exercise and Sports Sciences

Dr Prashant Bhalla President, Manav Rachna International University was unanimously elected Hony President of BRICS Council of Exercise and Sports Sciences. The recognition was conferred to him for his contribution towards promoting health, exercise and fitness at the Global Level.

Coming at a time when India is strengthening its ties with the BRICS nation with the visit and address of the Prime Minister Mr Narendra Modi at Turkey. The entire Manav Rachna Parivar extends their heartiest congratulations and best wishes.

The Founding Members Dr Ming Kai from China, Prof Ricardo Uvinha from Brazil, Dr Elena from Russia Prof Hans De Reiddar from Brazil and Prof G L Khanna from India congratulated Dr Prashant Bhalla and were confident that under his guidance the Council would grow and fulfill the mission to promote sports, health and wellness of community in these regions through exercise and sports sciences. The BRICS Council of Exercise and Sports Science (BRICSCESS) has been founded to promote communication, interaction, and cooperation among BRICS exercise and sports science professionals and students in educational, scientific and research institutions and to encourage the exploration of issues specific to the BRICS regions.
Let’s be the movement: let’s revive the Badkhal

Our parents saw a lake which had water in it and was a place of pride for those who visited Faridabad. They enjoyed the picturesque view of a lake which was a tourist spot for one and many. But now it’s a dream, we only hear tales. Mrs Satya Bhalla, Chief Patron, Manav Rachna, is keen to see the revival of the lake and lends forward full support. We need your support too: we need every Faridabadazeen to be part of the movement to revive the Badkhal. Let’s be the change, let’s be the support to bring back to our present and future generations the pride of Faridabad: the Badkhal lake.

The Manav Rachna Parivar has always kept ENVIRONMENT as its priority. Under the aegis of the Dr O.P.Bhalla Foundation various drives whether it is tree plantation, swachch Bharat or keeping our neighbourhood clean has been top priority. This is in keeping with the outlook of our Founder Chairman Dr O. P. Bhalla, who believed that taking care of Mother Earth was the responsibility of each one of us. A promise which is the only way towards a green and healthy environment.

Steps to revive the Badkhal Lake

Well wishers of Faridabad are concerned over the once prominent water body and pride of Faridabad: The Badkhal Lake. Manav Rachna International University jointly with the District Administration, scientists, and academicians is conducting a pre-feasibility study for revival of the lake. The Government of Haryana with the blessings of Hon’ble Chief Minister is keen to see the water body revived.

The Badkhal Lade has shrunken about 25-30% of its original volume. Seepage losses together with other factors has only meant that the Lake needs to be revived and collaborative efforts on “Technological interventions for the revival” should be undertaken. Considering the historical factor and tourism, revitalization of Badkhal Lake is very essential and it may be treated as National Development Activity.

In this regard, a team comprising officials from Manav Rachna International University (MRIU) and Global Hydrogeological Solutions (GHS) with the support of the District Administration has been constituted. MRIU and GHS are working on the pre-feasibility study for the revival of the Badkhal Lake.

“The aim of this pre-feasibility study is to identify various possibilities for the restoration and long-term sustainability of the Lake. This study will also help to ascertain the road map and database created will be useful for preparation of the DPR (detailed project report) or action plan”, said Dr. Prashant Bhalla, President, MREI.

Various technological interventions for the revival of the Badkhal Lake were presented recently by the team in a meeting chaired by Sh. Amit Agarwal, Deputy Commissioner, Faridabad; Smt. Seema Trikha, Chief Parliamentary Secretary, Government of Haryana; Sh. Vipul Goel, MLA-Faridabad; Dr. D K Chadha, President, GHS & Former-Chairman, CGWB/Authority; Dr. Prashant Bhalla, President, MREI and Dr. Amit Bhalla, Vice President, MREI. Representatives from the District Administration and NGOs were also a part of this collaborative effort. Dr. N C Wadhwa, Vice-Chancellor, MRIU; Dr. Sarita Sachdeva, Head-Biotechnology, MRIU; Dr. D K Chadha, President GHS & Former-Chairman, CGWB/Authority; Dr. Amit Bhalla, Vice President, MREI, were among the other dignitaries present on the occasion. “The objective of this meeting was to have deliberations on the subject and collate valuable inputs across diverse backgrounds”, informed Sh. Amit Agarwal.

Expressing her gratitude towards the team, Smt. Seema Trikha said: “A lot of good suggestions came out of this meeting. The revival of Badkhal Lake is a collective responsibility of every citizen of the city. I am confident that if we continue with this zeal and maintain our pace of activities, we would be able to bring back water to the Badkhal Lake”.

Addressing the dignitaries on the next steps, Dr. D K Chadha said: “GHS will work on each of the suggestions that came out from the meeting to establish their viability. It may not be feasible to carry out all suggestions as water is a very critical resource and involves a lot of technical detailing. We shall submit a DPR as soon as the detailing is complete”.

Steps to revive the Badkhal Lake:

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An Open Letter
Dear Students,

Everyday we find people talking about environment on TV, in School Conferences and public meetings. Our Prime Minister has very dedicatedly started ‘Swatchh Bharat’ movement and a lot has already been started on that in your schools. I am sharing some basic facts with you for a very simple reason that you being our Ambassadors, can really do a lot. If this entire drive is initiated by you, there is no reason to look back.

Environment is derived from the French word Environners, which means encircle or surrounding. Environment is a complex of many variables which surrounds man as well as the living organisms. All living beings including plants influence life on earth, atmospheric conditions, food chains, water cycle etc. Therefore the concern for environment is very important and we have to understand the cause and effect relationship of ecological systems.

We need to know the consequences due to natural and man induced pollutions and disasters (floods, landslides and cyclones etc.) and measures to minimize the effects.

You can be young responsible guide for your family, immediate community and public in general. In the past a wonderful example of student’s initiative to say “no to crackers” made Diwali far less polluted. Here are some environment related tips for you to share with people you need to take along with you on healthier and greener earth.

1. Conserve Water – Check all the taps that leak. Scarcity of water is bothering all and each drop counts. Let us not wash cars using water pipes, use buckets with minimum water required. Similarly water the plants from a container and avoid using long pipes. The RO water can be used for watering tough plants instead of being thrown into drain.

2. Save Electricity – Flick the switches off and pull out the plugs when not in use. Lower the thermostats. Make your room comfortable without making it chill-chamber. Use CFL light bulbs as they contain a small amount of mercury. CFL bulbs also reduce the electricity consumption.

3. Avoid Plastic bags and Aluminium foil. The non biodegradable products are harmful. Plastic in any form (even if it is a small used plastic ball pen refill) thrown on soil does not permit the plants to grow well on it.

4. Recycle the trash to craft. The old containers, cardboards boxes can be reused by you for creating beautiful items.

5. The leftover food, vegetable peels (Kitchen Garbage) can be used to make compost. Many colonies are helped by NGO’s to work on this.

6. Go in for car pools, walk or bike. Avoid using lift and climb stairs.

7. Pass on the usable garments to needy.

8. Lower the volume of your music systems. Sound pollution is also a matter of concern. Ear phones used for long hours can harm the ear drums.

The following household products need to be avoided or handled carefully. Please share them with your mother:

1. Thermocol (Styrofoam Cups & Glasses)
2. Paper napkins and tissues in abundance.
3. Plastic Cutlery
4. Bleached coffee filters
5. Overpacked foods and eatables.
6. Tropical hardwoods.
7. Households cleaners full of chemicals.
9. Toys made with PVC plastic.
10. Disposal of used batteries, CD’s, old bulbs and old medicines beyond expiry.

11. Chemically treated incense sticks.

Your awareness and involvement, even if a small steps taken forward will teach people around you for sustainable utilization of resources as these resources are inherited from our ancestors and are to be passed on to the next generation for everyone’s survival.

Wishing you a green future,

Goldy Malhotra
The Award has been given to individuals/ world peace leaders / business leaders / institutions / organizations / corporates who have shown exceptional leadership in the fight to protect and promote human rights and service to humanity. On receiving the Award, Dr Prashant Bhalla said, “I thank All India Council of Human Rights, Liberties & Social Justice for conferring this honour upon me and feel greatly humbled by the experience. This award is recognition of the collective efforts of all members of the Manav Rachna family united under the common mission of doing good to society by way of education and philanthropic initiatives. This is the legacy of our Founder Father Dr O.P. Bhalla — a legacy that we are all committed to carrying forward with the utmost passion and dedication. My father’s vision lives on through us, in words, deeds and actions. I see myself as a torchbearer of this tradition.” The Award ceremony was graced by a galaxy of dignitaries including educationists, social reformers, thinkers, writers and poets, among others.

A promise for an enhanced tomorrow

Mohna village is all set to provide skill development facilities for its youngsters. Thanks to the combined efforts of the Dr O.P.Bhalla Foundation, The District Administration and Doctor on Call Ltd, Mohna will have a Skill Development Centre and enhanced Health Care facilities to improve amenities towards a brighter and healthier tomorrow.

“Our country is a youth dominated one and it is our endeavour to ‘skill’ our youngsters to make them ready for the job market, as is the mission of our Prime Minister Mr Modi” said Sh. Krishan Pal Gujjar, Union Minister of State, Ministry of Social Justice & Empowerment, as he addressed the gathering which had assembled at the Community Centre at Mohna on 25 November 2015. While inaugurating the Skill Development Centre, an initiative undertaken by the Dr O.P.Bhalla Foundation, the Minister was confident that with the help of Private players whether in the field of providing ‘Skill’ for our young generation or medical facilities for villagers, together with the very positive help of the District Administration, the projects being launched would be a roaring success. And the DC Dr Amit Agarwal was confident that Mohna would become an example for others to follow.

Mr Sunil Sachdeva said, “It is all about the vision we have. Eleven years ago we only dreamt of a hospital like Medanta in Gurgaon and today with Dr Trehan it is a reality. We want to bring primary health care to every village so that medical center in villages become a one-stop hub where all kinds of medical facilities can be provided which would eliminate wastage of time and treatment would be quick by getting rid of intimidatory systems.”

The Ex-Sarpanch, Giriraj of Mohna took the opportunity to thank the Minister and the District Administration for their continued support and especially appreciated the efforts of Dr O.P.Bhalla Foundation for giving support to the Government Girls School and promised that from his end they would lend whatever support which was required for development of Mohna. Dr N.C. Wadhwa spoke of the recognition which the students of MREI have received from far and near and the CSR which the group has always believed and worked for. But the final assurance which made one and all go back with a confident hope that Mohna would see the enhancement of skill and health services in days ahead.

Also gracing the occasion and lending their support were Dr Amit Bhalla, Vice President MREI, Dr M.M.Kathuria, and dignitaries and staff from MREI and those from Mohna village who have lived in the village for years and are proud of their land and hope to see it brighter in every aspect.

The award ceremony was graced by a galaxy of dignitaries including educationists, social reformers, thinkers, writers and poets, among others.

The inauguration of the Skill Development Centre at Mohna (Left to right) Dr Amit Bhalla, Vice President MREI, Mr Sunil Sachdeva, Co-Founder Medanta, Dr Amit Agarwal, DC Faridabad, Sh Krishan Pal Gujjar, Union Minister of State, Ministry of Social Justice & Empowerment (in the centre, cutting the ribbon) and Dr Prashant Bhalla, President MREI
Inclusion of games in the curriculum of studies is very important in modern times. We want our students to become bright in the true sense of the word. At the Manav Rachna Educational Institutions, “We believe that games and sports should not be optional but be an integral part of our education ideology,” says Dr Amit Bhalla, Vice President MREI who has left no stone unturned to enhance sports facilities at all levels of education at MREI, so that the approach to it is sincere, not casual.

Dr Amit Bhalla, believes that the training for different branches of games and sports should be given in a scientific way under a good coach and the suitability to any particular branch of sports or games should be determined on the ability and interest of the student. ‘Sound mind in a sound body’ is an unavoidable necessity for all, particularly for a school-going or college-going boy or girl. MREI at all levels of education provides an infra structure which is matched to world standards. Coaches from across the world come to hold clinics and workshops which nurture the hidden sports talents of students. This is done under a close guidance of Dr Amit Bhalla and Mr Sarkar Talwar, Director sports at MREI who encourage sports talent of budding youngsters.

Some of the recent activities at Manav Rachna Sports Academy at MRIS-14
1. Russell Mark Camp (13th to 19th Sept 2015): Manav Rachna Sports Academy had organized its special clinic by the Legend Russell Mark at Dr. Karni Singh Shooting Range from 13–19 September for Trap and Double Trap shooters. It was a privilege for few who breathe Shooting as a sport and helped the shooters to polish their skills immaculately. Eyes on the clay bird, and the mind focused on instructions of the legend, we saw shooters from all over India at Dr Karni Singh Shooting Range enjoying their training under the guidance of Olympic Champion.
2. Clinic by Anuja Jung: A clinic was organized by Ms. Anuja Jung, Commonwealth medalist for Rifle shooters from 9 to 11 October 2015. The aim of the clinic was to provide a plat-
form where a shooter can grow and learn the innate skills required to be a national/international level Sharpshooter.

3. Inauguration of 25mtr Shooting Range: The new 25 mtr shooting range, fully equipped with Suis Ascor targets was inaugurated on November 24th, 2015 by the Chief Patron of MREI Smt. Satya Bhalla and the legendary world renowned shooter Ralf Schumann, at the MRIU Campus. The occasion witnessed eminent personalities like Padamshree shooter Shri Jaspal Rana, President MREI, Dr. Prashant Bhalla, Vice President MREI, Dr. Amit Bhalla, Sports Director, Mr. Sarkar Talwar and other dignitaries of MRIU.

4. Training Camp by Ralf Schumann(24th Nov to 28th Nov 2015): The camp by highly acclaimed shooter, Ralf Schumann created a surge of inspirational wave among our players and inspired them that dreams are meant to attain through his training. The camp was organized by the Manav Rachna Sports Academy at the MRIU Shooting Range. It was once in a lifetime opportunity for budding shooters to nurture their talents under one of the best shooters of the world in a world class facility like the new 25 mtr shooting range at MRIU campus, fully equipped with Suis Ascor targets.

Education of boys and girls is no longer confined to the classroom- lectures alone. Monotony of lectures has been very much minimized by outdoor work and participation in games and sports and various athletic feats, which generate healthy competitive spirit and interest in life among students. Outdoor games gradually build up a healthy body and make the mind energetic. We at the Manav Rachna Educational Institutions strive to do just this under the guidance of Dr. Amit Bhalla and Mr. Sarkar Talwar.
Diwali celebrations

All MR associates along with the families joined in to participate and enjoy the Diwali celebrations on 6 November 2015. The colourful event saw a response which was full of enthusiasm, gaiety and oneness: all those associated with Manav Rachna had taken the opportunity to bring their families along and mingle under one roof.

Whether it was the cultural programme which included dances and music or the raffle draw, it was an evening to remember where the families of the Staff and Management met to recount and enjoy. Mrs Satya Bhalla, Chief Patron welcomed the families and hoped the year ahead would be full of happiness. Dr Prashant Bhalla, President, MREI was happy to share that Manav Rachna had spread its wings far and near and had made a mark in every field. Whether it was the students of MRJIC or the school children, he said they had all achieved big milestones. Dr Amit Bhalla, Vice President MREI thanked one and all for having stood by the Management in their difficult times and was confident that all together we would be able to take Manav Rachna to greater heights.

Jeevan Sangeet

A CD of 8 songs all sung by Dr M.M.Kathuria was released at the Diwali celebrations on 6 November 2015 at MRIU Campus. Mrs Satya Bhalla, Dr Prashant Bhalla, Dr Amit Bhalla, Dr N.C. Wadhwa and other host of dignitaries were happy to add to the melody of the already colourful evening of celebrations.

It was a moment of pride for Dr M.M.Kathuria who has lent his melodious voice to all the songs but has also written the lyrics for some of them together with lyrics from Shakil Badayuni, Anwar Mirzapuri and Soz Dehlvi. Students from MRIS Charmwood have also lent their voices in some of the songs and our heartiest congratulations to Era Parmar, Dhruv Munjal, Priyamvada Munjal and Lavanya Mishra and Ganga to be a part of this musical experience. The music direction has been given by Ms Chandana and the music has been created by Manish Bhatia. “Through this CD I have been able to put my thought in words,” said Dr M.M. Kathuria. Congratulations on behalf of the entire Manav Rachna family on this melodious CD. Ms Vandana Sethi, daughter of Dr. Kathuria was at the unveiling of the CD to extend her good wishes.
The students of Grade VII GALIEO presented an excellent play on Brain Drain. The play sensitized the audience of drawback of brain drain and the importance of simplicity and humbleness in the lives of students. This was followed by a performance on the drums, dance, slogans, and a poem. The assembly was enjoyed by the audience.

Principal, Ms. Sanyogita Sharma appreciated the effort put in by the students and teachers.

Ms. Sanyogita Sharma was felicitated with Principal Leadership award for Outstanding Endeavours Director-Principal, Manav Rachna International School, Charmwood, Ms. Sanyogita Sharma was felicitated for her extraordinary contribution in the field of education.

She was awarded 'The Life Empowerment Leadership Award-2015', organised by "Expressions India" at National Science Center, New Delhi on 31st October, 2015. The Guest of Honour, Mr. Rajat Sharma, the famous TV anchor and the Host of ‘Aap ki Adalat’ conferred the award to her. Mr. Vineet Joshi, the ex-chairman, CBSE was the Chief Guest for the programme.

Ms. Dhriti Malhotra was felicitated with the Principal Leadership award for Outstanding Endeavours Ms. Dhriti Malhotra, Principal MRIS 46, Gurgaon was awarded with The Life Empowerment Awards for 2015 in a formal ceremony for her meritorious work in the field of education. She was applauded for her consistent effort to promote Jeevan Kaushal, Excellence in School, Family & Community Partnership, Counselling Services, Inclusive Education, Indian Art & Culture, Health and Physical Wellbeing.

The award ceremony was graced by Mr. Vineet Joshi (Ex. Chairman CBSE) and Mr. Rajat Sharma host of ‘Aap Ki Adalat’.

Citation of Honour for Mrs. Mamta Wadhwa Principal, Ms. Mamta Wadhwa, Manav Rachna International School, Sector – 14 was awarded with Citation of Honour for her exceptional work in the field of education and Co-scholastic aspects of Child Development and facilitating the mentoring of best practices in holistic education. The programme was organised by Expressions India.

It is indeed a proud moment for all of us as our Principal Ms. Mamta Wadhwa, Manav Rachna International School, Sector – 14 was graced with Citation of Honour for her exceptional work in the field of education and Co-scholastic aspects of Child Development and facilitate the mentoring of best practices in holistic education.

Shooting champs from MRIS CW Young shooters of MRIS, Charmwood won the “CBSE National Rifle Shooting Championship-2015” in the Under - 14 & Under - 19 categories, both Boys & Girls

MRIS, Charmwood

Awareness on Brain Drain @ MRIS, Charmwood

The students of Grade VII GALIEO presented an excellent play on Brain Drain. The play sensitized the audience of drawback of brain drain and the importance of simplicity and humbleness in the lives of students. This was followed by a performance on the drums, dance, slogans, and a poem. The assembly was enjoyed by the audience. Principal, Ms. Sanyogita Sharma appreciated the effort put in by the students and teachers.
MRIS, Charmwood

**SPORTS ACHIEVEMENTS**

Achievement in Ghaziabad Shooting Competition – 2015

The shooters of MRIS, Charmwood have brought laurels to the school by participating and winning at the Ghaziabad Shooting Competition held from 20 - 23 August 24, 2015 at Aklyva Sports Shooting Club, Ghaziabad, U.P.

The shooters displayed exemplary skills by winning 5 golds, 3 silvers and 1 bronze medals. Aakash Verma of Grade XI, Shivam Kumar of Grade XI and Hrideya of Grade VIII won Gold medals in ISSF YOUTH, JUNIOR, SENIOR categories. In NR, SUB-JUNIOR, YOUTH categories, Gold and silver medals were won by Irtiqa Zafar, Sanya Sharma and Ritaj Munir of Grades VI. The shooting coach, Mr. Deepak Kumar along with all the winners was felicitated by Mr. Shyam Singh Yadav, Chairman, UP Rifle Association at the venue and by the Principal, Ms. Sanyogita Sharma at the school.

Congratulations to the winners!

Achievements at the Faridabad Shooting Championship-2015

MRIS, Charmwood is very proud of its sports achievers who excelled at the Faridabad District Shooting Championship-2015. The shooters made us all proud by winning 3 golds, 1 silver and 4 bronze medals. The overall trophy was also won by Shivam Kumar of Grade XI. The staff and the students of MRIS, Charmwood congratulate the winners!

Winning Shooters at Ghaziabad made us proud
The programme commenced by invoking Lord Shiva, through an enthralling dance performance on Shiva Stuti, presented by the students of the senior wing. Ms. Sanyogita Sharma, Director Principal MRIS Charmwood, addressed the august gathering by welcoming the distinguished guests. The school choir stole everyone’s heart with their melodious songs. The budding dancers mesmerized the gathering with their performances. Students from the primary wing presented an English Skit – Jum and the Empty pot which left the audience spellbound. Students of senior wing showcased their oratory and theatrical skills through the one-act play ‘The Bishop’s Candlesticks’.

The head boys of the primary and senior wing Shaurya Bhalla and Shiv Kumar and the head girls of primary and senior wing Tanvi Chandra and Sakshi Singh promised on behalf of the student council, to carry out their duties to the best of their abilities. Ms. Satya Bhalla, the chief guest, lauded the efforts of the students and teachers. She motivated the young learners to work harder and reach glorious heights. Dr Sanjay Srivastava inspired the young scholars to work relentlessly to become successful in life. He congratulated the proud parents who he believed are instrumental in shaping the lives of their young learners. Sharing his thoughts on this occasion, Dr. Amit Bhalla, encouraged the parents not to compare their children with others as each child is unique in his own way.

The achievers in academics and co scholastic activities were honored with appreciation awards. The vote of thanks was proposed by Ms Nindiya Saket, Senior Headmistress followed by the National Anthem and Shanti path.

My fruit salad bar

“EAT REAL FEEL REAL”

Fruit salad is a great way for kids to get their vitamins and nutrients. Our little Chefs wore their chef caps and aprons and picked up their spatulas to create the magic of transforming simple fruits into something enticing to their eyes and pleasing to the plates.

On 23 July 2015 children of toddlers made their own exotic salad by picking up fruits, washing them, sliced them into pieces and placed them into a bowl, mixing them and drizzled them with salt, chaat-masala and lemon juice. They were taught basic properties of fruits (seeded/ seedless), its texture, taste, and smell etc and importance of fruits in their diet. Children enjoyed making their own salad. They were also given a challenge to identify the fruit by its taste while serving them during their lunch break.

Investiture Ceremony & Appreciation Day Celebrations @ MRIS Charmwood

Manav Rachna international school, Charmwood held its most prestigious Investiture ceremony and Appreciation Award function on 22nd August, 2015 at Manav Rachna university auditorium. It was a privilege to have Ms. Satya Bhalla, the chief patron, MREI as the chief guest for the solemn occasion. The guests of honour for the ceremony were Dr. Amit Bhalla, Vice President MREI, Ms. Nisha Bhalla, Executive Director MRIS Charmwood and Sector 21 C and Dr Sanjay Srivastava, Vice Chancellor MR University.
Visit to salon for kids

The little ones of BLOOMZ at MRIS CHARMWOOD enjoyed a day of pampering and fun. As part of the “Self grooming week”, the little ones were taken to Kuts and Kurls – a salon for children – at Charmwood. Here they were told about the importance of maintaining personal hygiene, cleaning hands and face, trimming nails and combing and trimming their hair.

The children even watched with attention as a hairdresser gave their classmate – Myrah Aggarwal – a haircut, explaining to them about the equipment used in the process.

“WHOLE FOOD… WHOLE BEING”

Vegetables are a real treat; they make you feel rich and delighted.

To differentiate between “Raw” and “Cooked” food MRISCW organized a non-flame cooking activity on “Raw Foodism” where our tiny tots experienced the difference between cooked and raw food by making their own raw bread pizza and understood the concept of raw and cooked food by learning by doing. On 7 August 2015, children of toddlers made their own raw bread pizza by picking up vegetables, washing them, sliced them into pieces and placed them over bread. They then added salt, pepper, cheese, sauces to make it yummy for their tummy. They were taught basic differentiation between raw and cooked food, importance of raw food in their diet and personal hygiene while cooking.

Jive with Barbie and the Superheroes

The stars of BLOOMZ at MRIS CHARMWOOD enjoyed themselves thoroughly at the theme party “Jive with Barbie and the super heroes” that was specially organized for them in class. The little ones looked absolutely adorable in their Barbie dresses and accessories as well as superhero masks and swords. The children ended the day with an energetic dance session where they let their hair down. They also received special titles like “Mr Mighty”, “Energetic Barbie”, “Dazzling Barbie”, “Angelic Barbie” and “Classy Barbie”.

A Teacher Takes a Hand, Opens a Mind & Touches a Heart!

Manav Rachna International School, Charmwood celebrated Teachers’ Day by holding a special assembly organized by the students of early years and primary wing on 03 September 2015. Ms. Sanyogita Sharma, Director-Principal, greeted all the teachers on the occasion. In her speech she praised the noble work done by the teachers.

The young leaders of primary wing: Head Boy Shaurya Bhalla, Vice Head Boy Pranav Dixit, Reporters Vidur Sandhu, Kabir Singh and Kartik Bhat expressed their gratitude to all the teachers who have left a deep impression on their lives. The students enthralled the teachers with their mind blowing performances.

From role plays, to songs, and beautiful performances, the entire school was engrossed in the colourful celebration of Teachers’ Day. The Paragon team comprising of Mr. Edward, Ms. Alain and Ms. Neetu were overwhelmed by the celebrations. Principal, Ms. Sanyogita Sharma appreciated the efforts of the students.

To mark the day the children paid a special tribute to Dr Sarvpalli Radhakrishnan. The function witnessed a plethora of cultural events comprising of Shiv stuti by grades IV & V, Bal Leela by Grade III, Govinda Rocks dance by Grade III, Guru Vandana by grade V, I Love My Teachers by KG, dance presentation by Toddlers, a foot tapping Bangra dance by Grade XI and My Teacher My Hero song by Grade II. The energized students of Grade III also presented a glimpse of Janamashtami festival through a small talk and dance presentation. The event also witnessed the felicitation of all the teachers of Early Years, Primary wing along with all the non-teaching and support staff for their unmatched endeavor.

Small Screen Hit “Indian Idol” Audition

The school carrying forward its emphasis to provide multifarious platforms to MRIS students, organised a workshop and audition at the school campus. A team from INDIAN IDOL initially took a session on 26.8.15 with the students briefing them about the show and later on providing a stage to showcase their singing talent. The selected students will be taken to the next level by the team.

Paragon Assembly

Unit 3-What is a home?

On 31st August 2015 our champs of Kindergarten showcased Paragon Assembly for Unit-3. The country explored was Africa and the essential question was- What is a home. The Assembly started by seeking the blessings of the almighty which was followed by melodious performances on God’s love, transition song and rhymes. There was an interactive session by the teacher with the students where she asked questions related to the theme. This was then followed by African dance and story enactment on “3 little pigs”.

Teachers’ Day celebrations
Achievements at Cambridge Young Learners English Examination (YLE)

Manav Rachna International School- Charmwood, has a rich history of promoting innovative learning. The school has been associated with Cambridge Young Learners English Examination (YLE) since 2013. The school has even been conferred with an internationally recognized prestigious Associate Centre certificate for English language tests namely Starters, Movers, Flyers, KET and PET in 2015.

In the session 2013-14 around 50 students in the respective categories of Starters, Movers and Flyers appeared for the exam. These students performed exceptionally well and brought laurels to the school. The number augmented to 83 in the session 2014-15. This year, again the students have excelled in the exams and have performed remarkably well. Impressive accomplishment in Cambridge English exams has proved as a motivator and the number of participants in the YLE exams is rising every year.

We celebrate what our students have accomplished, but at the same time we raise the bar a little higher each time they succeed. The school is constantly working towards achieving many more landmarks with a firm belief that excellence is not a destination; it is a continuous journey that never ends.

Dorlin and Kindsley Quiz @ MRIS, Charmwood

Overall development of the students has always been a major concern in these vital years of schooling. Considering the competitive environment today, it is essential we provide students with opportunities to develop in terms of their thinking patterns by providing them with room for exploration of thought. Based on the same ideology, Manav Rachna International School, Charmwood, took the initiative of conducting the Dorlin Kindsley quiz on 27th August, 2015, at the school campus in order to provide its students with a wide exposure for self judgement and self assessment through the medium of the D.K quiz. Mr. Siddharth, the quiz master asked very meaningful and interesting questions. Six selected teams and the audience who participated in the quiz got a broad exposure to handle, reflect, and respond to a wide variety of questions pertaining to global issues of the day.

Abhay Parmar and Sanyam Johar won the final round and will be representing the school for the national round. Rishabh Aryan and Shivam came a close second.

Rakshabandhan celebrated

The students of VII Copernicus and VII Galileo presented a special assembly on the themes “Rakshabandhan and Great Expectation”. The students imparted information about the origin of Rakshabandhan, which dates back to the Bhabhishya Purana when Indra, the deity of God, Sky & Thunder was protected by the power of this powerful and holy thread. The students traced the history of Rakshabandhan through ages till the more recent times in 1905 and presented a moving presentation of Noble Laureate Rabindranath Tagore’s interpretation of the same.

The students depicted how the British separated West & East Bengal on the basis of religion and how it was opposed by Rabindranath Tagore. He used Rakshabandhan to strengthen the tie between the Hindus and Muslims.

Creating Pyar ka Bandhan

The students of grades IV to VIII created theme based rakhis in a Rakhi making workshop cum competition in the School Premises on 28.09.2015. The themes given to them were Save Girl Child, Save Water, Save Earth, Techno Rakhis, cartoon Rakhis, Rakhis from paper and Motivational rakhis. The students were appreciated by Mrs Sanyogita Sharma, Director Principal MRIS Charmwood for making the Rakhis aesthetically which conveyed the themes convincingly. Some students also tied Rakhis to Dr Prashant Bhalla and Dr Amit Bhalla.
Ankit Joshi makes it to the Indian Basketball Team

Ankit Joshi of MRIS Sector 14 has once again proved that starting point of all achievements is DESIRE to do so. He has made the school proud by getting selected into Indian Basketball Team. He will be playing for the country in Asian Basketball Tournament to be held at Indonesia. Not only this, he has been chosen as one of the leading players of the team. Such achievement are the result of constant efforts and hard work. He underwent rigorous training at India Camp. The school congratulates him and his coach.

Manav Rachna International School Sector-46, Gurgaon has been Ranked No.4 in the category ‘CBSE Schools’ (Top 20 CBSE Schools, India) in a survey conducted by Education Today. It has been Ranked No.1 CBSE School in Gurgaon and also been Ranked No.1 under the Parameter of ‘Safety and Hygiene’. Ranked No. 1 (Gurgaon) in ‘Parent’s Choice Award’. The top 125 Schools in ‘International, CBSE & ICSE’ category have been selected out of over 500 Survey Forms The schools have been categorized under eight parameters i.e., Academic Reputation, Individual Attention, Infrastructure Provision, Innovative Teaching, Safety & Hygiene, Sports Education, Value for Money and Co-curricular Activities.
Let’s unlock the mysteries of civilisation

The students of Grade V of Manav Rachna International School, Ludhiana reconstructed the past by stepping into the shoes of the archaeologists. The students created a virtual Egyptian tomb inside their classroom. They put various artefacts inside the tomb.

Then the students stepped into the shoes of archaeologists (through a role play) responsible for discovering the tomb of King Tutankhamun and interpreted what the tomb had to say about ancient Egyptian life and beliefs. They took the audience into the Tomb of King Tutankhamun and made everyone understand the various methods they used to explore the ruins and the remains of Ancient Egypt. They introduced the audience to various Egyptian gods and goddesses who were an integral part of their daily life. The students also displayed their models on Canopic Jars, Pyramids, Bas-Reliefs, Sarcophagus, mummies and Map of Egypt which they had created in the class with the help of their Paragon teachers. The song sung by the students-“Amazing Egyptians” and the dance performance to the song “Dance like an Egyptian” served as an icing on the cake. The students of Grade V had put in their heart and soul in putting up the show. Mrs. Shilpi Gill, Vice-principal, Manav Rachna International School, Ludhiana said that her heart swells with pride to witness the students develop holistically in the premises of MRIS LDH.

Let’s recognise a civilisation

The students of Grade IV of Manav Rachna International School, Ludhiana ‘travelled’ to Egypt to understand the components that make a civilisation. The IVth Graders were extremely enthusiastic to share their learning with their parents. They sent a ‘ticket to Egypt’ home in the form of an invite. The parents too were extremely excited to witness the first Paragon Assembly. The students presented an enactment reflecting the importance of River Nile in the life of Egyptians. They sang ‘Hail O Nile’ to showcase how Nile ruled the lives of Egyptians then. Through the enactment, they displayed how pyramids came into being. They also demonstrated the process of mumification. The classroom was turned into Egypt with children’s art work. The students dressed as Egyptians looked absolutely stunning. The dance to the tune of Egyptian music was surely a cherry on the cake. While addressing the parents, Mrs Shilpi Gill, Vice-principal, Manav Rachna International School, Ludhiana remarked, “Dear Parents, It’s just the beginning, we shall keep inviting you for many more shows wherein the students shall awe inspire you with their learning and presentation.”

Grade II Paragon Assembly

Manav Rachna International School has collaborated with Mosaica Education, U.S.A. which follows the Paragon Curriculum which caters to Humanities. Through the Paragon Curriculum, the students learn how mankind progressed through the ages. The curriculum helps them reflect upon the progression and develop their own response to it. It develops their thinking skills and provides ample opportunity to work in a team. The Paragon Assembly for Grade II was held on 19th August, 2015. It showcased the theme- Mesopotamia, studied during their Paragon sessions.

The Assembly started with a brief by the Class teacher. She extended a warm and hearty welcome to all the parents and shared how participative students have been in the preparations for the assembly. The programme began with the chanting of Gayatri mantra by the students. The students of Grade II enacted as farmers and Sumerians depicting the lifestyle of Sumerians. The farmers’ dance which highlighted the methods adopted by the farmers to grow crops left everybody spellbound. The beautiful models of Sumerian houses, the seals used by them for writing and the clay pots gave a perfect Sumerian look to the classroom. Mrs. Shilpi Gill, Vice-principal, Manav Rachna International School, Ludhiana appreciated the efforts of the students and teachers.

Ms. Gill thanked the parents for reposing faith in Manav Rachna International School.
Dr O P Bhalla Foundation: A step towards community services

The Dr OP Bhalla Foundation was formed in April 2014 as a tribute to the Founder-Visionary and Educationist – Dr OP Bhalla. The foundation aims to carry forward the legacy of nation building, community and social service and development forward through various initiatives. The Chairperson of the Dr OP Bhalla Foundation is Mrs. Satya Bhalla.

The aim is philanthropy and it is dedicated to improving the quality of Life of People, Nation and the World through inclusive growth and development of society and its people and conserving the diversity of cultures, the world, environment and the planet.

OBJECTIVES:
1. Education
2. Protecting and Reviving Our Heritage and Fostering Creativity
3. Sustainable Development and Environmental Protection
4. Gender Equality, Sexual and Reproductive Justice and Healthcare
5. Global Physical, Psychological and Spiritual Health and Well Being
6. Inclusion, Mainstreaming, Development and Empowerment of sections of society who are marginalized, vulnerable and with special needs
7. Geriatric Healthcare and Well Being

ACTIVITIES UNDERTAKEN:
- Survey of MOHNA VILLAGE for Development – The major issues of the village were seen to be in the following areas: Infrastructure, Education, Health & Sanitation, Employment opportunities, Environment, Gender Bias and Medical care.
- The “MOHNA Health & Skill Development Centre”, which is a joint collaboration with the District Administration and Doctor on Call Pvt Ltd. founded by Sunil Sachdeva, co-founder Medanta- The Medicity. Computer Literacy classes are held on Monday and Tuesday, OPD Facilities on Wednesday and Sunday & Employability Skills Classes on Thursday and Friday.
- Adoption of Government Girls School – Dr OP Bhalla Foundation has adopted the school and has been going on a weekly basis to the school and working in conjunction with the teachers of the school and undertaking teaching and other activities for the children every Friday for the entire school.
- Along with this civil work was undertaken in Mohna Girls School – Repair of generators, construction of boundary wall around the school premises, landscaping of the school, repair of open air amphitheater, cleanliness of the school by removing the open dusters, providing new dusters with covers, repair of blackboard, repair of windows by providing meshes for better ventilations, providing sanitation facilities & repair of toilets.
- Survey of 23 Govt. Schools in Faridabad – 23 Government schools located in and around Faridabad were surveyed. The facilities available were scrutinized and assessed as per the standards of model school. Talks are underway with the government agencies, in order to facilitate adoption of various schools.
- Adoption of Old Faridabad Railway Station – Foundation took up the initiative along with our distinguished Prime Minister to support the Swachh Bharat initiative. Under this, the Old Faridabad Railway Station has been adopted. Initiatives are taken up to keep the railway station clean, the housekeeping staff visits the station and cleaning is carried out. 20 dustbins and 1 smart dustbin have also been installed. Repair and painting has been carried out in and outside the railway station. Weekly cleaning is carried out by the University. Adoption of Shiv Mandir - Under Swachh Bharat, Swasthh Bharat Abhiyan has taken up the initiative to clean the Shiv Mandir, Saik Colony, Faridabad every week.
- EkMutthiDaan- No One Sleeps Hungry – Foundation has urged everyone under this initiative to donate just a handful of rice by donating the first handful of rice towards the ‘EkMutthiDaan’. Ever since then, the EkMutthiDaan initiative has been taken up by all constituents of the MRIU family, to keep the noble movement going, so that ‘no one sleeps hungry’. Until September, 2015 approximately 21,000 kgs rice and 700 kg wheat flour has been contributed and donated to following NGOs: Prayas, Sai Milan, Naz Foundation and Sai Dham.
- Tree Plantation Drive - Tree plantation drive was also taken up where saplings were planted in and around the campus of MRIU, Govt. Schools and in the city of Faridabad.
- Maintenance of Tallest Tiranga in Faridabad – The Tallest Tiranga was hoisted in Faridabad under the aegis of Faridabad Navchetna Trust to commemorate National Defence Day on 3rd March, 2015.
- Waste Management Workshop – Waste segregation and recycling activities were taken up not only within the campus of MRIU but also for Faridabad city.
- Skill Development Workshop for students of NGO’s - Foundation in collaboration with NGO Prakash Deep organized a pre Diwali event, where students taught the NGO students various skills to make decorative candles and diyas.
- Composting - Foundation in collaboration with NGO Daily Dump has installed two composters in the University where daily organic waste of the canteen is used to create manure.
- Visiting Animal Shelter – In order to sensitize the students about animals care, under the initiative of mainstreaming and inclusion the students were taken to the animal care center.
- Say No to Polythene Drive – Foundation supports pledge has been taken on 20th November’14
- Anti-Cracker Rally – Foundation regularly organizes anti-cracker rally since 2009, raising anti-cracker slogans and performing nukkad-natak to spread the message of a ‘pollution-free, safe and clean Diwali’
- Celebration of International Women’s Day
- Survey and Youth Mela - Over 600 students were surveyed on various health issues. Their problems and the issues were taken up by the doctors from the team of FOGSI
- Signature Campaign (Spreading awareness on Gender Sensitization) – Each student took a pledge of ‘Give Respect Get Respect’ and respecting women.
- Joy of Giving – Very often the students of MRIU visit different places in and around Delhi/NCR to celebrate joy of giving. Under this initiative, the students of MRIU have so far visited various NGO’s and supported their cause.
- Rural health camps – Foundation conducts comprehensive health check-ups for the village population by organizing medical camps at regular intervals and 24/7 telemedicine facility. Under this, OPD services and free medicines will be provided to the villagers on subsidized rates.
- Blood Donation Camps - Mega blood donation camps are organized at different venues across the MRIU campus annually since the past 5 years.
- Building a Safe City for Women (Faridabad) – Initiative in collaboration with Haryana Police
- No Tobacco Day
- Shramdaan

FUTURE INITIATIVES:
- Revival of Badkhal Lake – Badkhal Lake is one of the prominent water bodies in Faridabad and is deteriorating because of the disturbed catchment and watershed due to mining and urbanization. A pre-feasibility study for revival of Badkhal Lake has been undertaken jointly with District Administration and Technology bearers, Scientists, Academicians, etc.
- Adoption and Development of 23 Government Schools of Faridabad
Hindi Divas

Manav Rachna International School, Ludhiana celebrated Hindi Diwas on 14th September, 2015. The day started with a morning assembly in which the students were enlightened with the significance of the day. The students delivered speeches and acted the famous writers in Hindi- Subhradra Kumari Chauhan, Kabir, Mahadevi Verma, Harivansh Rai Bachchan and also celebrated works by Rabindranath Tagore. Through the enactment, the students shared the information about the life and works of the great writers in Hindi. A student recited humorous poetry in the assembly, which described how words from other languages have been incorporated into Hindi language over the period of time. Campus language for the day was Hindi. Students from Grades I-V competed with each other by displaying their creativity and command on language in the Hindi Creative-writing Competition. A Hindi Poetry Recitation Competition was also conducted. Top two scorers were awarded on the basis of expressions, pronunciation and intonation. Besides this, Hindi Spell genie was being conducted to ensure students become good spellers and develop a strong command on the national language. The early years classrooms were abuzz with activities for the day. The teachers briefed the students about the importance of Hindi Diwas through PPTs and a series of activities. In her address to the students, Ms Shilpi Gill, Vice-Principal, said the students should respect the national language. They should labour strenuously to improve their linguistic ability and in turn develop a sound hold on it. Their comfort level with the language should be exemplary. She congratulated the Hindi department for organising Hindi Diwas celebrations.

National Sports Day

Manav Rachna International School, Ludhiana firmly believes that sports play an integral role in the holistic development of the children. A child learns to handle both victory and defeat on the sports field. Besides acquiring fitness, quite a many of life’s lessons in dealing with emotions, validating them, working in a team beyond individual goals are learnt when children play. MRIS, Ludhiana celebrated National Sports Day on 2nd September, 2015 in respect and honour of Major Dhyan Chand, the hockey wizard. His birthday is celebrated as National Sports Day on 29th August every year. The special celebrations were planned to encourage students to follow the footsteps of the great sports veteran, Major Dhyan Chand and labour strenuously to place India in the list of world champions. The Early Years’ students participated in a series of athletic events. The students of Grades I and II vied with each other in the skating rink. Table tennis competitions were organised for Grades III to VII. The School also has an automated table tennis table to help students whet their skills. A 100 m race was also organised for the teachers. A friendly cricket match was also organised between students and teachers. The children were awarded medals by Mrs. Shilpi Gill, Vice-Principal, and she said that the school is making every possible effort to ensure all the students participate in sports activities by providing the requisite facilities in terms of infrastructure and coaches for every sport. Addressing the students, she said that instead of criticising India for not doing well, they should slog to bring laurels for their country and place it in the list of champions at the international level. The students and teachers prayed for the success of Indian women Hockey team in the Olympics.

Janmashatami and Teacher’s Day celebrations

Teachers’ Day celebrations were indeed a clear cut reflection of the strong bond between students and teachers. The day started on a note of surprise. When the teachers entered the School reception, it was all decorated by the parents who had come to school before the teachers came in. All the teachers were overwhelmed with joy to witness this wonderful expression of gratitude by the parents. The cards expressing ‘thanks’ were all over the school reception. Manav Rachnaites showed their gratitude by presenting handmade cards to the teachers. They decorated the classes with quotes voicing their sentiments for the teachers.

Krishna Janmashtami was also celebrated the same day. The tiny tots of Early years dressed up in Indian ethnic wear were a delight to see. The young learners learnt about the importance of Janmashtami and enjoyed the Govardhan Parbat created for them. The senior students presented a special assembly on this occasion. Symphony club presented a devotional song about Lord Krishna. The students also delivered a speech in English and a poem in Hindi to apprise all with the life and teachings of Lord Krishna. The Govardhan Parbat Dance stole the show. The feats of the performers drew loud applause. The students of Grades IV to VII also put up a special assembly wherein they delivered speeches and recited poems to express their sentiments for the teachers.

Independence Day celebrated

The entire campus was immersed in the colours of the National Flag as all the students and the entire staff came dressed in tricoloured clothes. The day started with a Special Assembly where in the students recited poems, delivered speeches and sang songs filled with patriotic fervour. Mrs. Shilpi Gill, Vice-Principal, told the students how they could contribute to improve their nation on a daily basis.

As a mark of tribute to the freedom fighters, an Inter Class Display Board decoration Competition was organized for Grades I to VII. The students were adjudged on the basis of concept, presentation and balance. Picasso Club created a beautiful installation for the School reception. Cyber Club students made beautiful posters in MS-paint. The teachers showed PPTs on freedom struggle to the students. The early years’ teachers narrated the story of independence to the students. They also created take away crafts. The little ones were too elated to carry home tricoloured balloons.
Edutrips makes learning full of fun

Edutrips to Furniture House in Ludhiana

MRIS Ludhiana organizes educational trips to various places to make the teaching learning process effective and meaningful for the students. One such venture in this regard was undertaken through the Edutrips to a furniture house in Ludhiana. This helped them develop a sound hold on the concept, “What is a home?”, which is the essential question for their unit of PARAGON. They browsed through every corner of the furniture house with inquisitive eyes and asked a host of questions to settle their queries. The teachers briefed them about different houses, rooms in a house and their utility. The students also learnt to conduct themselves in a public space taking due care of property around them.

Another Edutrip was organized to a Supermarket in Phase 1, Dugri for Grades I to V. The purpose of the Edu trip was to help children learn shopping etiquette, look for their requirement in the Supermarket, make wise choices, read basics like M.R.P, manufacturing date, expiry date, etc. The students prepared a list of items that they would buy before leaving the campus. They were very excited to shop independently. They also estimated the cost of the items they would purchase and compared it with the actual cost thereafter. The students applied the basic computation operations, concepts of profit and loss, estimation, rounding off in addition to adding words to their vocabulary through journaling based on the Edutrip. Besides this, they also learnt to be independent and gained confidence to deal with the strangers.

These Edutrips surely proved to be fruitful and offered a wonderful opportunity for experiential learning to the students.

Laurels and more for MRIS 21C

Allan Gurukul

MRIS 21C Faridabad has been awarded the title of ‘ALLEN GURUKUL’ by the Allen Career Institute (Kota, Rajasthan) for the exam ‘Allen Champ 2015’ for giving “suitable platform and healthy environment to produce academic champions with moral values”. Shaurya Verma has been the proud qualifier of Allen Champ 2015 examination. Allen Career Institute which has been guiding and mentoring students has come up with an idea of Allen Champs under Corporate Social Responsibility for honouring and rewarding the academically talented students of our country and to motivate them to perform better in their coming future. The award has been bestowed to encourage the school teachers and the school as a team, to guide more such talented children in the coming future. Shaurya Verma outshone the children from all over the country in his category with his exemplary performance. The parents were amazed to see the poise of the children. The children recited rhymes, narrated stories, sang songs and presented a well synchronised dance performance. The parents encouraged the children with a continuous applause. One of the fathers remarked, “I have never faced such confidence in my life with the confidence with which I saw my son do it at this tender age. I thank the School for the earnest effort to instil confidence in my son.” Mrs. Shilpi Gill, Vice-Principal, addressed the parents and said that they should shower loads of love and affection on children; that’s the only homework the School asks them to do.

Space Explorers @ MRIS-21C

Scientific thunder at MRIS-21C

Students of grade I-V had an opportunity to explore the space with resource persons from Space India. The students understood some less known facts about space and got a few misconceptions cleared about celestial bodies. The rocket working, launching was also explained to them. A few games explained how and why rocket is the only mode of transport to go to space.

Toddlers’ Special Assembly on Dressing up

The School organizes a host of activities well integrated with academics at all Grade levels. One such activity was organized in the form of Special Assembly for TODDLERS. The theme of the Assembly was Dressing Up. The Assembly provided a platform to the dainty little learners to showcase their learning in School.

Children were really excited to begin the assembly with the chanting of Gayantri Mantra. An enactment based on the theme “DRESSING UP” was presented. Every child walked up to the mike and delivered the dialogues confidently. The parents were amazed to see the poise of the children. The children recited rhymes, narrated stories, sang songs and presented a well synchronised dance performance. The parents encouraged the children with a continuous applause. One of the fathers remarked, “I have never faced such confidence in my life with the confidence with which I saw my son do it at this tender age. I thank the School for the earnest effort to instil confidence in my son.” Mrs. Shilpi Gill, Vice-Principal, addressed the parents and said that they should shower loads of love and affection on children; that’s the only homework the School asks them to do.
**Yoga Competition**

"Yoga is the journey of the self, through the self, to the self."

To enable students imbibe the belief in Yoga and how yoga can help them live a fuller life, Manav Rachna International School, Ludhiana organised an Intra-Class Yoga Competition for Grades I-VII. The students were trained by the yoga teacher during the regular classes. The students have been allotted a time slot to learn yoga wherein a trained yoga teacher helps the students learn various asanas. The students got a wonderful opportunity to showcase their learning through this competition. From each Grade, top two scorers were awarded on the basis of their posture, standing and finishing position, balance and time limit to hold the pose. Ms. Shilpi Gill, Vice Principal, Manav Rachna International School, Ludhiana remarked that, “Yoga helps to provide building blocks for the future. It is our responsibility to develop our children’s sense of wonder and to give them a strong sense of self so that they know where they belong and stand in this world so that they can contribute towards making their community a better place. Yoga teaches them to persevere, be patient, and work toward their goals.” She appreciated the students and teachers for working hard and putting up a wonderful display of yoga asanas.

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**Indus Valley Civilisation brought alive**

The students of Grade III showcased their learning of Indus Valley Civilization with confidence in front of their parents. They chanted the Gayatri Mantra to start the proceedings. The students prepared the audience about the flow of events through a brief introduction about how cultures flow from a river. The students played the role of an archaeologist. They displayed the model of Indus valley civilisation and apprised the parents with the characteristic features of the Harappa cities. Through their melodious song, Amazing Indus valley, the students shared their desire to live in those times when Indus Valley Civilization existed. They also displayed various artifacts, seals and craft work which they had created in the class with the help of their Paragon teacher.

**Astronomy Fair**

Manav Rachna International School, Ludhiana observed Astronomy Week from 4-10 October, 2015 which culminated in the form of an Astronomy Fair on Thursday, 8th October. The Junior wing of Grades I-VII performed at the Astronomy Fair and inculcating interest in space science. The students were amazed at the models created in the junk modeling corner by the Early Years’ students. The team appreciated the School’s initiative of organising the Astronomy Fair and inculcating interest in space science. The students also briefed the visitors with the myths associated with the celestial bodies and their connection with festivals in India. Grade V students prepared working models to reflect how earth is a unique planet; they displayed handmade instruments for tracking various natural phenomenon. Grades VI and VII students created the world of NASA and presented the role and achievements of NASA in space exploration. They displayed a mega size rocket and shared information about its parts and propelling. The first animal to reach space- LAIKA and a rover that identified water on mars were the cynosure of the Astronomy fair. The students employed robotics to design these fantastic pieces. They also created an astronaut with Legos. The Photo op with the spaceship and an astronaut drew everyone’s attention.

The cherry on the cake was the display of the spaceships and rockets created in the junk modeling corner by the Early Years’ students. The team from Space India visited the school for judging the Astronomy Fair SPACE is a young dynamic company churning out innovative and exciting hands-on Astronomy education and Astro-tourism services. The team appreciated the School’s initiative of organising the Astronomy Fair and inculcating interest in space science. The team propelled a rocket in the school premises which was a pure delight for the students. Their joy knew no bounds on witnessing the rocket being propelled into the air. Speaking on the occasion, Mrs. Shilpi Gill, Vice-Principal, said that it is extremely important to develop the spirit of enquiry in children right in the prime of their lives.
Festival of Joy and Lights

Students of MRIS 21C celebrated Diwali in a unique way, wherein they enacted Ramayan, completely coinciding with the day-to-day life, making connect and explaining them how to imbibe it in their life. Pledge to celebrate green, pollution free Diwali was also taken by everyone present there. They all promised each other to make someone’s Diwali special through the on-going fervor of Daan Utsav.

Visit to Rajiv Gandhi Solar Energy Park

An educational trip was organized on 13 and 14 of October, for Grade IV, MRIS 46 students, to Rajiv Gandhi Renewable Energy Park as part of their IPC Theme Force, Energy and Fuel. Situated in Leisure Valley Park it hosts a solar powered centre. Children could see demonstration of solar energy usage in various fields. The students learnt about a variety of renewable energy, energy conservation, energy efficiency and climate change related activities at the activity centre for kids. Students had great fun riding solar battery operated cars as well.

EXPERIENTIAL LEARNING for Early Years

Students of Early Years went to a shopping mall for an experiential learning. There they understood various concepts of selecting, buying, paying and collecting the belongings in a play-way method.

Students of Nursery were taken to see and understand about the Banyan Tree under the topic ‘My Country My World’. The students have been learning about the National Symbols of India as part of the theme. The children were excited to see this magnificent tree which is considered sacred by the people of India and is also the National Tree of India.

Bird’s Nest Activity @MRIS-21C

Our tiny-tots from Bloomz had recently gone for a nature walk to a nearby park under the Theme ‘Nature Around Us’ and had spotted a bird’s nest there. A part of a follow-up discussion and to reinforce and recap the learning, the little ones made beautiful bird’s nest in class. It was a delight to see the creative little hands work towards making cute little chicks out of cotton-balls and hay to make the nest.

GURU PURAB celebrated

MRIS 21C organized a very special assembly, wherein the significance and religious belief behind celebrating Guru purab was explained to children along with ’Mool Mantra’ ’Shabad kirtan’ and ’Nagar kirtan’ to make the environment serene and pious. Gidda and Bhangra was presented by the students of grade-V.

Roller skating achievers from MRIS 46, Gurgaon

Hanish Choudhary of Grade 12 and Radhika Singhal of Grade 9 of MRIS, Sector 46, Gurgaon skated their way to glory as they participated in the Haryana State Roller Skating Championship organized by the School Games Federation of India at Rohtak from 28 – 30 October, 2015.

Radhika Shingal won 3 Gold medals and was declared First in the Competition. She also won the Overall Championship trophy. Anish Choudhary won 2 Bronze medals and finished Third in the Championship.

Congratulations to both our students! We are very proud of your achievement.

MRIS 46 students shine at Inter School Competition

The Pre primary and Primary School students of MRIS participated in an interschool folk dance competition ‘Ullas’ held at MRIS Charmwood, Faridabad. The MRIS 46 school team did the school proud by securing the 1st position in Grades 2,3, category and 3rd position in KG & Grade I category.
MRIS-46 children join the race for survival...

On 25 August 2015, 43 students including four athletes went to Jawaharlal Nehru stadium on a mission. The drive was to join hands with the global team of UNICEF—working towards—'Action 2015-The Race For Survival'.

The children in bright yellow T-shirts and white caps were part of an event where boys and girls from more than 20 schools participated. In races and a symbolic walk to present a noble cause for the survival of the children not receiving required medical aid. It was also a meet to channelize the thought process of the youngsters towards compassion for the underprivileged. Our students bagged the 1st prize in the mixed (boys and girls together) race.

Going green

‘He who plants a tree, plants hope.’

Students of the Green Brigade and Grade 8 Sushruta from MRIS 46 Gurgaon, spent the bright and sunny morning of 28 August, 2015 planting trees. Saplings were planted all along the road, leading from the school to the main road. Armed with all the gardening tools, the students shoveled away, digging and watering the newly planted saplings with a great sense of achievement. It was a morning well spent.

Improving memory workshop

Children of Grade V, MRIS – 46 attended a, ‘Workshop on Improving Memory and Concentration’ conducted by Dr. Manisha Jethwani a Sr. Psychologist at Doctor on Call Pvt. Ltd. who specializes in Children and Adolescents Counseling, Relationship Counseling, Career and Guidance Counseling, Parental Concerns and Life Skills Education.

Dr. Manisha used her expertise and conducted the workshop to enable and equip students to figure out how to work through difficult things in one’s life. She stressed that the students’ mental health is as important as their physical health. The workshop began with an exercise to help students maintain better focus and concentration. She also discussed how to keep the mind focused. ‘Concentration is, taking your mind off many things and focusing it on one thing at a time,’ she described.

Aid in time can save a life

As soon as you see a mistake and don’t fix it, it becomes your mistake!

Keeping alive the true meaning of this adage, a workshop on First Aid was organized for the students of Grades 9 and 10 students of MRIS 46, Gurgaon on 9 October by Dr Sumedha Verma, the school’s house doctor. This was to create awareness amongst the students so that they are better equipped to serve the community around them. She conducted an hour long session with the students, taking them through the various situations that need First Aid or our immediate attention with respect to medical emergencies. She supplemented her talk with a very comprehensive power point presentation covering topics like Burns, shocks, choking, fractures, eye injuries and cardiac arrest.

Visit to National Museum

The Middle School students of MRIS, Sector 46, Gurgaon visited the National Museum & Shauryanjali. The Indian Armed Forces exhibition to commemorate the Golden Jubilee of the 1965 Indo Pak war, on Saturday, 19 Sep, 2015.

A guided tour of the museum helped History come alive. The Harappan, Guptas, Kushans and the Mughal period made a lot more sense after the visit. The students viewed objects like weapons, jewellery, utensils, sculptures, art and paintings from various historical timelines. A very excited set of students saw various aero-plane models, slide shows and tableaux at Shauryanjali, at the India Gate lawns.

The students enjoyed the variety of eats and snacks at the various food stalls put up at the Exhibition.

Celebrating Mandela day

The young learners of grade IX and XI attended a meet organized to commemorate UN Mandela Day. The meet was to revive Nelson Mandela’s commitment to the world to make poverty a history and to influence global and national dialogue on the issue. Some of the highlights of the event were: the National Anthem being sung in sign language, Illustration of all the 17 objectives, views and suggestions of Ninésmine. The organizers insisted on putting across the agenda ‘My world, My voice and ‘We are action 2015’ in the national language along with English. A panel of social activists comprising of Priyanka Samaj, Radhika Alkaz, Bharti Lal and Nikhil Dey exchanged ideas and experiences with the youth.

Paragon walk

The Paragon Walk was conducted by Grade V students of MRIS 46 for Unit 3, The Middle Ages. In this walk the students showcased an in-depth exploration of the Vikings of Scandinavia. It gave students a chance to apply what they have learnt in the unit. This gave them an opportunity to make connections between the past and the present, as well as to understand how cultures of the past influence us today. Students had set up various stations incorporating the Viking Ships, the Rune Stones, Weaving mats, the Saga and many more.

The highlight of the Walk IN was the parents’ involvement with the hands on activities, busy making mats and scripting their names on Rune stones. Most parents came up with brilliant self-created Sags. The assembly was concluded with the skit on Thor and Viking Justice.

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The choir put up just the right beginning by presenting a song in different religions which was followed by a welcome speech by the Head Girl and her colleague who greeted all the dignitaries and participants to the First Edition of Manav Rachna- Model United Nations. And this was done with perfect ease and confidence. The chief guest at the opening ceremony, Ms. Rita Bhatia, Senior Advisor and Technical Consultant at Food Fortification Initiative, India, Former Senior Regional Programme Advisor at UN World Food Programme, was indeed happy to be amidst 250 delegates from across Northern India who were participating at the event. Ms Deepika Bhalla, Executive Director MRIS Sector 14 welcomed one and all saying, “We at MRIS believe in a holistic development which can only happen when we expose our students to different experiences and challenges,” and she hoped that for all participants it would be a learning experience. She paid her homage to the Founder Father, Dr O. P. Bhalla who began this era of education to create better human beings. Mrs Mamta Wadhwa was delighted to host the first edition of the Manav Rachna- Model United Nations.

Ms Rita Bhatia shared her experiences while working for the United Nations and urged students never to fear and said, “Do what you believe in, never fear.” She emphasized that as the youth of the world they should learn to be kind and understanding towards refugees. She said any of us could face such a situation of being a refugee and we must be compassionate.

The three day mega event between 26-28 October 2015 had youngsters debating on different world issues. The General Secretary Amanpreet declared the 1st edition of MR-MUN 2015 open by asking students to shut their eyes for a few seconds and open their minds to a world of debating issues for 3 days where 250 participants brain-stormed on various issues. The students brought out newsletters headed by the Editor Ishrita Bagchi with a team of dedicated students who covered the event with precision. Dr Prashant Bhalla, President MREI expressed that the event would look forward to young leaders discover intriguing, innovative and path-breaking solutions to global tribulations. He stated that the “MR-MUN aspired to provide a stimulating environment to the young delegates to assemble, debate, expound their outlook and broaden their perspectives to that they can adept themselves to think globally.” And the...
MR-MUN did just that where the young brains hoped for global harmony. It was a platform to mingle, make new friends and each participant went back happy promising to return the following year.

The different committees witnessed students expressing their views on wide ranging issues: from South Sudanese Civil War to the Palestine Question, from Gender Inequality to regulation and control on sale of unapproved pharmaceutical drugs in European Nations, from handling the economic crisis of 1930 to impact of Migration and Xenophobia and more. While the standards were really high and it was difficult for judges to make their decisions, delegates from every committee were awarded trophies and certificates under the categories of Best Delegate, Hi-Com and Special Mention. The coveted title of 'The School with Best Delegates' was awarded to Ryan International School, Faridabad. Ryan International School, Sohna Road and Modern School, Barakhamba Road bagged the second and third places respectively.

“I want to tell stories of India”

“...So long we have heard stories of the world. The time has come for the world to hear stories of India,” said Mr. Rakeysh Omprakash Mehra the renowned Indian Filmmaker, Screenwriter, Producer and Director of the Film world. The celebrated film personality (who is not very fond of the word ‘Bollywood’) mesmerized the audience during the closing ceremony of the First Edition of the Manav Rachna, Modern United Nations organized by MRIS Sector 14. Three cheers to the entire team at MRIS 14 for such a splendid event.

Welcoming Mr Om Prakash Mehra and addressing the students, Dr Amit Bhalla, Vice President MREI said, “I hope this event where you have all spent time together has been a learning experience. No page of a book or a chapter in any text book will ever teach you what you learn out of experience. You are the youth of today and the future of tomorrow and we want you to come forward to give us ideas towards improvement,” he said at the closing ceremony and enthralled the gathering with his speech. He said it was indeed a pleasure to have such a huge dignitary from the world of film industry. He was confident that Mr Omprakash Mehra’s interaction with the younger generation was yet another memorable experience. And surely the film personality who has films like Rang de Basanti, AKS, Bhaag Milka Bhaag to name a few struck an instant rapport with the
MRIS, Sector 14, Faridabad

youngsters. He said his films had all been based on real life situations related to everyday life. “I am inspired by LIFE.” He said he wanted to connect to the younger generation so that he could project thoughts and expressions through his films. He said he was inspired by his grand parents who told him stories of the victory of good over evil and he believed that truth always prevailed.

Mr Omprakash Mehra said, “It is my turn now to return to society. I have received a lot and it is time to give back.” He urged youngsters to do their small deeds and to put in their hundred percent in whatever they did. “It is the time of the youth and we are lucky to have such a huge percentage of youth in our country. If we don’t make use of it we would lose our chance,” he emphasized, said emphasizing on the youth to come forward to express their ideas and views to bring about the change in society.
Language Wizards is the need of the hour

MANAV RACHNA CENTRE OF FOREIGN LANGUAGES

With over 280 registrations in various European and Asian languages viz. Arabic, Chinese, French, German, Japanese and Spanish the Manav Rachna Centre of Foreign Languages has witnessed overwhelming response from the students, faculty and staff of MREI as well as other candidates. Such large numbers enrolling only goes to show that there is a need and desire to be citizens of the world wanting to learn different languages.

In the past three months, since its inception in June 2015, MRCFL has witnessed the zeal and enthusiasm of its faculties and students to take that extra step in order to become seasoned multilingual professionals. At MCRFL we adopt the best academic practices to ensure our students shine in their respective fields. Students of MRCFL also displayed their exuberance and love for language by participating in the Cultural Evening of the Asia Pacific Conference on Exercise and Sports Science organized at the Manav Rachna Campus. Students learning various languages at MRCFL showcased their talent by presenting songs in French, German and Spanish. They also crafted a beautiful gallery to give the audience a flavour of different cultures of the European and Asian World. Beyond everything it shows the cosmopolitan spirit of our times.

Taking ahead the legacy of knowledge-sharing and going further ahead in our journey of making our students multi-linguists is our newest initiative “The Polyglots”, brainchild of Vice President MREI Dr Amit Bhalla. Polyglots endeavours to connect all the multi-linguists who are associated with MREI (including students, parents, and faculty and staff members). The objective behind the genesis of the club is to unite and help students, parents and all the other associates of MREI to form a network among their respective linguistic fraternities and to create synergy among the members. They are the zenith of self-fashformation.

Under the umbrella of Polyglots there are 6 different clubs bifurcated according to languages and every member of MREI family who know these languages French, German, Spanish, Japanese, Mandarin and English can be a part of the club. And I feel really elated to share that we have had overwhelming response from all the member institutions like MRJUS, MRJU and MRJUI.

For undergraduate and graduate students knowledge of foreign languages can add to their candidature immensely. The world is flat and countries are economically, socially and politically dependent on one another. In this global era, travelling, exposure and socializing are a must. The skill to embrace diversity is getting indispensable day by day. The diversity of cultures needs to be celebrated rather than looked upon as challenges. Learning a new language not only helps us understand and learn a new culture it also makes us sensitive towards differences in cultures. At Manav Rachna Centre of Foreign Languages the world is truly our stage. The focus is largely on developing interest in hitherto unexplored capabilities that students possess. Our courses are open to all undergraduates, graduates, postgraduates, self-employed or other professionals of any discipline looking to enhance their CVs and developing professionally, keen to explore new languages and cultures or even searching for a different pastime and a way to meet new people, MRCFL aims to fulfill their aspirations.

Students can also look forward to TOEFL/IELTS/TEP Preparation Program, Regular Courses to give them an edge over their regular curriculum and a Young Learners course in modules ranging over a period of 3-4 months per module. Additionally, there is a Corporate Program for professionals looking to improve their prospects and careers.

Gauri Bhasin, Head, CDC
Director, MRCFL

THOUGHTS THAT MATTER

DR M M KATHURIA, TRUSTEE, MANAV RACHNA

This column is dedicated to my dearest friend and Founder of Manav Rachna, Dr O P Bhalla

The wish of everyone is ‘to be secure’. It is the goal of every intelligent human being. All purposeful activity is to reach a state of security. We go to office everyday to secure our needs of food, clothing, shelter and so on. We go to temple, Mosque, Church or Gurdwara to gain inner security. We obey a master or follow a path to achieve security. We are ready to fight and prepare for a war to preserve or establish security. We sacrifice the present for the future security.

What happens to all our endeavours to reach security? Security is charming, but cruel in its demand. We put in move efforts to earn more and maintain the economic needs of food shelter and clothing. More complicated rituals are in store to be practiced to reach the inner security. All paths, trodden by generations seem to extend endlessly. We are in constant struggle and frustration and the goal of security which is ever alluring is elusive. There is constant struggle to secure.

Security seems to be a mirage, deluding the unwary to greater despair and frustration. Every moment I am insecure. In-security is the fact of life. Every thing changes. The hills grow old and become brittle. There’s nothing secure in elemental nature.

The physical metabolism changes every moment. The health is never secure. The emotional aspect is forever changing. Security is a myth. It does not exist. The real security appears to be the supreme contentment in this vast panorama of insecurity. Seeing the ever changing subject, the ever moving object, perhaps there is security only in seeing this river of insecurity drawing with it both the subject and the object.

M M Kathuria

25
Indian Robotic Olympiad

Students of MRIS 46, Gurgaon, qualified for the Nationals in the India Robotics Olympiad 2015 in the Regular Elementary category. They are among the nine schools that qualified for the competition, held at Pathways School, Gurgaon, on 5 and 6 September, 2015. A total of 30 schools participated from the Delhi NCR region. The student team comprised of grade 7 students, Karanvir Singh Kalsi, Darsh Agarwal and Jay Gupta.

The challenge for this year’s elementary school regular category was Pearl Diving. This year’s theme lets students build robots that can investigate and explore different environments, some even hostile to humans. The game challenged the team to build a robot that can dive into the sea and look for pearls. One has only 30 seconds before the robot can come back, up for air.

District Table Tennis Championship-2015 at Sonepat

Students of MRIS 46, Gurgaon participated in the Satyendra Pandey Memorial District Table Tennis Championship-2015 at Sonepat.

In the Under 12 category, Ishanvi Shalya secured the 2nd position and Prachi Pathak secured the 1st position. They have been selected to play at the State level. Congratulations to the girls!

The Gallery Walk

On August 22, 2015, parents with their wards got an opportunity to walk through the corridors of Ancient and Classical History. During a Gallery Walk, parents explored multiple texts, collages, mosaics, artifacts, corners, images, etc. that were placed around the classrooms and in the school corridors. The main idea behind this exhibition was to have students share their work with their peers, learn to work in collaboration, examine multiple historical documents, and share and respond to a collection of work put up in the school premises engaging them to be kinesthetic learners. Students rotated through a variety of “stations” within the classroom and the corridors explaining to their parents the purpose and learning outcome behind each activity displayed.

Grade II corridors and class rooms covered various aspects of the Maya—the environment where they lived, geography, their farming techniques, stories, food, temples, art, glyps, and numbers.

Grade III showcased 3-fold travel brochures showing what they had learned about Ancient China and various ways in which a culture expands. They spoke about the people and ideas, and the many goods the Ancient Chinese made and traded.

Archaeological findings from the funerary precincts of China’s first emperor—Shi Huangdi was provided with an enormous amount of information. The students demonstrated their learning about the teachings of Confucius, which taught respect for tradition, family, education, and government and have endured to the present time. The centre of attraction was the Chinese market which had various elements of Chinese Culture.

Grade IV Corridors exhibited -The Hero’s Journey (Greek literature); and the symbol of the modern Olympics to show how the idea of the Greek Olympics still lives on. They shared about the individual Humanism Awards that were on display signifying their capabilities of rising and togetherness. They also spoke about the various Greek Philosophers like Socrates, Plato, Aristotle, and Pythagoras and spoke about their teachings. Castles created with waste gathered a lot of attention. Students explained the significance of Ancient Greece to modern culture and could synthesize and summarize what they had learned about Ancient Greece.

Grade V students showed their designed trip-tuchs, a three-paneled work of art. Each panel representing what they had learned in spheres of Government, Art - Architecture and Life of the Roman Empire. Each panel included pictures, drawings, graphs, maps, timelines, etc. They presented to their parents information and consequences as a result of the explosion of Mt. Vesuvius which destroyed the Roman city of Pompeii. Students pieced together the mosaics, theatre life and pantheons they created to share about the lives the Romans led. Last but not least, the centre of attraction in their display was the Forum - The Market Place of the Romans where they had a kaleidoscope of artifacts created by our very own talented students.

5th Manav Rachna Inter School Championship

The 5th Inter School Manav Rachna Sports meet started on 8 October at MRIS 46-Gurgaon. All the Manav Rachna Schools participated in Gymnastics, Swimming and Football events under different categories. Mrs Dhriti Malhotra, Principal, MRIS 46 declared the sports meet open.

“Creativity is more than just being different. What’s hard is to be as simple and making the simple, awesome creativity.”

Visit of Anand Ashram inmates

All for a good cause—the inmates of Anand Ashram, a homestead for mentally and physically challenged orphan boys in the care of the Society of the Missionary Brothers of Charity, Contemplative of Mother Teresa of Kolkata, visited MRIS 46, and spent some time with our students. Students of grade VIII, Kalam, took immense care and shared some beautiful moments with them. The inmates sang songs, danced with the students, played games and painted sketches during their visit. The inmates of Anand Ashram were very excited and enthusiastic to participate in all the activities. Our honourable ED, MRIS 46, Mr Sunny Bansal and our principal, Mrs Dhriti Malhotra, graced the occasion with their presence. Our students saw them off with the promise that they would visit MRIS 46 again next year.
HAVE FAITH IN YOUR CHILD

When we tell the child to sit down and quietly study, we often refer to him / her sitting with a text book or a notebook and reading the black letters there. Is learning confined only to the pages of the book. NO you would say, yet we end up doing just that. We end up judging a child by his capacity to learn, by the hours he spends studying by and by his grades.

When was the last time that you said to your child, “Come let’s hang out!” or “Come let’s play”. Hard to remember? As a child I detested when my parents’ study singing song. I knew it was for my good, nevertheless, I detested it. Didn’t you? And do you want your kids to detest you too because of that?

The typical mother in me keeps popping out here and there. Needless to say, that she is mostly visible during exam time. During these trying times, (when it is almost exams for me) like all mothers, I too fret and am after my child to ‘study’. Reading through the text books, preparing questions to actually happen?

Stop playing and sit down to study!”

“Turn off the TV and study!”

“Keep the phone aside and study!”

“You have a UT coming up, study!”

“When I was your age, I used to sit hours studying, look at you, you hardly sit down to study on your own.”

Study day, study night, Study in, study out.

Is what the parents always shout!

Have we ever bothered to think that in all this study, how much learning does actually happen?

It was the day of her friend’s birthday. As both the girls are quite fond of each other, we decided to get a gift for her friend. While on the way back from shopping, I dropped her at the friend’s place (she stays in our society) and drove home. There was no party to be, so my last instruction to her was, come back soon coz tomorrow is UT. However my daughter didn’t come home till quite late. Here I was fuming with anger at how little time was left to study and how irresponsible she could be, when she walked in excited to the core. On asking why she was late, she joyously said that she was instrumental in throwing her friend’s birthday party. You see, when she reached her friend’s place, she found an upset friend as her birthday was not being celebrated. She not only convinced her friend’s parents to celebrate her birthday, but actually went ahead to make plans, invite friends, set the menu, arrange for return gifts, celebrate the birthday and spread happiness around.

As she narrated this, I had goose bumps all over. Here I was worrying when will she study, what grade will she get, and there she was securing an A+ in the exam of life. That was the day when I realized that learning and its application can surface anytime, anywhere and one’s performance there was far more important than ‘studying’. It is the lessons in life that groom us more than the lessons in class. Have faith in your children and let them be. Children are great observers and imitators, so be perfect role models for them and they will take it off from there.

“We worry about what a child will become tomorrow, yet we forget that he is someone today.”

By Surabhi Joshi

Headmistress, Primary MRIS 46, Gurgaon

Reliving HERITAGE

Imagine making your own Ravana effigy for Dusshera!

Students of MRIS 46, Gurgaon did just that. Over 100 students of Grade 5,6 and 7 participated in a Heritage Walk to Titarpur village on 13 October 2015 to unravel the mystery of Ravan making. Generations in the village of Titarpur make the effigies of Ravana, Megnath and Kumbhkaran for the Dusshera festival.

Accompanied by their teachers, the students bent bamboo sticks, joined them with wires and created the Ravana framework, under the guidance of the villagers. They had first demonstrated to the students, the steps that go into making the Ravana framework. All the groups created their own framework and then decorated it, thus literally creating their own Ravana. There was a storytelling session followed by a Quiz. The students asked many questions like’ how do we fill the framework with crackers?’ or how long does one effigy take to make?’ All the students agreed that the next time they see the Ravana effigy burning, they will know how much effort and thought has gone into creating it.

Workshop on good touch and bad touch

Students of Grade III, MRIS 46 attended a workshop on ‘Good touch and bad touch’ on 14th October 14, 2015. The workshop was conducted by Dr. Mamtha, a renowned psychologist to sensitize children. She started the session by asking the students about the association between touch and feelings. Good touch leaves us happy and smiling and bad touch leaves us sad, shy and embarrassed. She shared a story on bad touch to explain to them the difference between good and bad touch. The workshop was very informative and useful for the growing children.

Juvenile diabetes workshop

A workshop was organized by Event Tales management team, along with ATS group, on 7th October, for grades IX and X. The workshop was conducted by ATS group, Ms Monika and Mr Veneet, to create awareness among school students and highlighted the basic facts about diabetes. The students were told that being active is an important part of a healthy lifestyle. ATS urged them to make physical activity a part of their daily life.

Singing competition

Students of MRIS-46 Gurgaon participated in the French Indian Idol competition on the 3rd October at Jagan Institute of Management Studies, Rohini. Nine students from Grade VI to X participated in this singing competition. Niharika Ghosh of Grade X qualified for the second round of the competition.
Students at MRIS Sector 14 make us proud

Laurels at Indian Robotics Olympiad 2015

Three teams from MRIS Sector 14, Faridabad bagged the 1st and 2nd position in WRO GEN II Football category and 2nd position in the Junior High Open Category at the national level of Indian Robot Olympiad. The teams comprising Aaditya Jain, Abhimanyu Dev Singh, Animesh Chaudhary, Saksham Sharma, Keshav Dev Kapil and Vikas Kasana (WRO GEN II Football Category) and Dhairya Gupta, Ishan Saini and Laxman Prasad (Junior High Open Category) have qualified for the World Robot Olympiad to be held in Doha, Qatar.

Winners of INDIAN ROBOTICS OLYMPIAD — 2015 (Regionals)
The students of MRIS Sector 14 participated for the Delhi - NCR IRO regionals held on 5-6 September 2015 at Pathways World School, Gurgaon. Two teams participated in Elementary category in which Team 1 - Furious 3 of Aryaman Chahal

Investiture ceremony

A willingness to rise above the ordinary and a tremendous drive to work untiringly towards his goal is what sets a leader apart.

Leaders are not born, they are made. They are nurtured to think out of the box, encouraged by their elders and offered opportunities to put their best foot forward. MRIS Sector 14 welcomed such dynamic young leaders of tomorrow by conferring them the responsibilities of the various departments of the Student Council. The event was presided over by the Chief Guest for the day, Mrs. Deepika Bhalla, Executive Director of MRIS Sector 14.

After filing in the nomination papers and being duly interviewed by the Principal, the shortlisted candidates engaged in a week long canvassing, followed by a day set for voting. The votes were cast by all the students and teachers in a strictly confidential manner. The ceremony commenced with the short speech delivered by Mansi Aggarwal, Head Girl of the Student Council, 2014-15. She pointed out how leaders should lead by example and should not be afraid of making mistakes: mistakes are nothing but First Attempt In Learning, she emphasised. Outlining the enriching experience in her tenure, she encouraged the new members to work in unison and stand tall as epitomes of honesty, integrity and compassion. The programme included a special performance by the ‘Junk Band’ of the junior wing which stole the audience’s heart as music was drummed out of empty bottles and tin cans. The sweet rendition of the song ‘Give me freedom, give me fire’ by the senior wing served as a reminder of the students’ zeal to strive towards excellence.

The Council was honoured with the sashes and badges by Mrs. Deepika Bhalla, Mrs. Mamta Wadhwa, Mr. Verma and Ms. Minakshi Sharma. As the School flag badges by Mrs. Deepika Bhalla. Mrs. Mamta Wadhwa, Mr. Verma and Ms. Minakshi Sharma. As the School flag was raised, a special performance by the students was witnessed in which students were appreciated by Dr Shalini Bandra, Headmistress for achieving positions in various competitions. She also emphasized on the teaching of this festival i.e. ‘victory of good over evil’. She encouraged the students to imbibe positive attitude and behavior in daily life. The programme was admired and appreciated by the Principal, MRIS Sector 14 and other staff members.

Three cheers students!
The students of MRIS Sector 14 left everyone spell bound by their commendable performance at ‘Abhivyakti’ an Inter school Event organized by MRIS-21C. The students brought laurels to the school by bagging the “Overall Trophy” at the event. They participated in various categories and swept away the trophies. The First Position in Story Depiction was won by KG students. Grade III students won First Position in “Dohawali”. Grade IV student won Second Position in “Hasya Kavita” and the students of Grade V bagged First position in “Nukkad Natak”. The students were much appreciated for their confident performance by all.
Visit to Mother Dairy

The Toddlers of MRIS-Sector14 visited a nearby Mother Dairy. The day began with squeals of joy, laughter and excitement. They hopped into the bus along with their friends singing merrily on their way to Mother Dairy. They were amazed to see a wide variety of milk and milk products. The class in-charge further explained the different uses of milk. They even interacted with the vendor and had lots of questions to ask. On returning to school they even enjoyed making butter milk where in they learned whisking the curd, sprinkling salt, mixing a fair proportion of water. They were excited to drink the self made butter milk.

Ancient Roman Feast

Dine together, Share together.

To celebrate the ancient Roman Feast Day, Kindergarteners of MRIS Sector 14 dined together and relished different food items like cheese slice, fruits, nuts, juices etc during the Paragon session. This was a perfect way to make them aware of the Roman culture.

They learnt about their daily day to day chores and their food habits. Sharing meals together as a family was great fun for little ones. They not only learnt about the Roman culture but also the family values.

Inter Class Extempore Competition

MRIS –Sector 14 conducted a ‘Inter Class Extempore Competition’ for Grade IV and Grade V students. Each participant had to pick up a chit to choose a topic and was given 3-4 minutes to think and 1-2 minutes to speak. Students spoke on the topics like “If I were a newspaper”, “A stranger who became my friend”, “In the cycle race when my cycle stopped”, “If I had a magic pen” etc. Dr. Shalini Bindra, the Head Mistress, emphasized on developing reading and speaking skills. It was a platform for students to showcase their oral and creative thinking skills.

Ad Mad Show Activity

In an effort to provide a wide platform to the young creative geniuses, MRIS Sector 14 has undertaken a ‘Book writing programme’ whereby the student-authors will be trained to polish their writing skills. The first of the six-day training session was inaugurated on 26 July 2015. After several gruelling rounds of written tests and interviews, thirteen students from classes 7 to 12 were chosen to participate in this programme. Trained writers and eminent ex-journalists, Mr. Hemant Kumar and Ms. Ruchira Mittal, also the founders of the esteemed publication house Quill Club Writers, were invited to help the students idealize, express and finally ink their stories for the world to read. The students actively immersed themselves in a three hour interactive session on how to write author profiles. The need for drama was duly emphasized upon by the speakers as the students collectively phrased and rephrased their introductions. As synonyms flew thick and heavy in the room, the students learn different ways to express an idea. The tone was set for the next session. Writing is not just a ‘spontaneous outburst of emotion’. It is a culmination of hours of brainstorming and loads of hard work, was what the students realised during the session.

A talk on CIVIC SENSE

The students presented an act highlighting the importance on Civic. The group song “My Country my pride” and also the solo song presented by Gunisha filled the air with a feel of Unity. The presentation was wrapped by a motivational speech and some questions on the assembly theme “Civic Sense” by Ms. Shalini Bindra, followed by prize distribution.

Aspiring to be authors at a very young age

Aspiring to be authors at a very young age

The students individually phrased and rephrased their introduction not only talked about the marketing strategies of various products but it also reflected the social awareness on wasting food, value of time, importance of milk, save energy save, personal hygiene, respecting our nation, Each one Teach one and save electricity. Students acted out various advertisement scripts and ideas relevant to their themes. All the teams were given a time frame to showcase their talent. Students not only acted confidently but also made effective use of props. Headmistress Ms. Monika Kathuria applauded the students and the teachers for their wonderful efforts and creative minds.

Toddler at MRIS are a delighted lot...

And why not, when learning is so much fun

Activities galore for Toddlers at MRIS Sector 14

Manav Rachna International School Sector 14 has adopted the learning Center approach in their Early Years Programme, based on the belief that children learn through play. Our little Toddlers are enjoying doing activities in their learning centers which are set throughout the classrooms where the children freely and actively engage in purposeful activity of their choice and interest where they learn, practice and master skills gaining deep satisfaction and knowledge. The centers provide opportunities for hands on concrete learning, social interactions, real life problem solving, fine and gross motor development, literacy and numeracy and open ended activities. The Learning center approach is the best way to prepare children for their adult life by giving them what they need as children. Imagination and creativity develop and emerge when conditions are favourable. We focus on the process over product thus enabling all children to succeed at their own stage of development.
Under the aegis of Dr. O. P. Bhalla Foundation MRIS Sector 14 students visited the Government Girls High School at Mohna village. The teachers and the students enthusiastically prepared various activity based teaching lessons for the students. The students at Mohna were taught Mathematics, English Grammar, Spoken English and Science. The students enjoyed all the sessions and openly came forward with queries. For the teachers also it was a totally different experience. They left the school with a promise to come back again to have yet another fun filled session.

The relationship between a grandchild and grandparent is a very special one. Memories of grandparents are a treasure. In today's scenario of nuclear families, not everyone has had the privilege of knowing their grandparents. The luckier among us grew up listening to their stories and have had them as a part of our everyday life. The Bloomz of MRIS Sector-14 celebrated and captured those stories and moments with one of our grandmothers. Kids enjoyed listening to the story “The Hare and the Tortoise” that was beautifully narrated by our very own Dadi. The moment was full of fun and excitement for the little ones as they merrily danced along. It was a great gesture by our dadi to distribute candies among our little ones. It was a wonderful moment to cherish, as there’s no better way to spent time with one another.

The Kindergarteners of MRIS Sector 14 presented their Paragon Thematic Assembly with the theme of Ancient Rome integrated with the GES theme of Flowers and Plants and each Kindergarten classroom depicted a Roman Mall. The children were beautifully dressed in ancient Roman clothing and wreaths that depicted the theme of the day. Besides reciting their dialogues, they also presented a plant song that narrated the germination process. The highlight of the assembly was the story of the Lion and the mouse which they enacted with great enthusiasm. The wonderful costumes added to the drama. While an energetic and foot tapping dance performance marked the closing of the assembly, the art work of the children done during the journey of Paragon Unit 2 was also put on display for the viewing pleasure of the parents.

"Mankind has been created for the sake of one another. Either instruct them or endure them.”— Marcus Aurelius Paragon, as it states the emphasis on multiple intelligences and a confident learner was evident in Grade V In-house Assembly. The students talked about their experience of learning about Roman Empire, their life style and their story behind the struggle to build the Roman Empire. The confident speakers made the audience tour the finest buildings of the Roman Empire, including the Pantheon and the Colosseum, learning the secret of the Roman arch. Mr. Edward Joseph Carter, a member of Academic Excellence Team appreciated and congratulated the students on their confidence and wonderful presentation.

The students of Grade III presented their Paragon Assembly full of fun, vigor and enthusiasm. During the assembly, students took their parents on an exciting journey to Ancient China, depicting the people, trade art and culture of Ancient China and the Middle Ages. The classrooms and the corridors were decorated in their respective themes and looked bright and beautiful. The assembly ended up with glimpse of wonderful feedback by the parents which was encouraging for the students as well as the teachers.

"In you are natural powers. You already possess everything necessary to become great.” – Legendary Dwarf Chief, Crow.

The students of MRIS Sector-14 Grade II showcased a wonderful presentation of their learning on August 22, 2015. They fastened their seat belts and took the audience across the Cosmos heading towards the numerous environments existing in the world. The celestial bodies’ ramp walked in beautiful costumes and introduced them confidently. They were followed by the layers of trees and the animals of the tropical rainforests of Meso America with an interesting ‘Guess Who’ interaction with the parents. To add on, a Native American shared a travel poster with the audience inviting them to his Mayan Land. A story on ‘Where did the First Americans Settled’ was well depicted by the students who stepped into the shoes of the Pueblos. The parent involvement activity of creating pottery designs added gaiety to the presentation. Mr. Edward Joseph Carter, the resource member for Academic Excellence Team boosted the confidence of the teachers and students with his presence and his feedback.

The world of Romans

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Cleanliness drive

The students enthusiastically participated in a ‘Cleanliness Drive’. Keeping alive the mission of Dr. O. P. Bhalla, the young determined hands toiled in unison to ensure the cleanliness of their rooms under the guidance of their respective class teachers. The stigma associated with the handling of brooms and cloth dusters was cast away as the rooms resounded in smiles and laughter of the cheerful lot committed to the task at hand. Such activities inculcate the values of dignity of labour amongst the children from the very beginning. The students were lauded for their active participation and were encouraged to keep their surroundings clean. Overwhelmed by the heartening response to the drive, the students of Grade II and III were lauded for their active participation and were encouraged to keep their surroundings clean. Overwhelmed by the heartening response to the drive, the school decided to have it as a regular activity.

Cooking is an art

Cooking is not everyone’s cup of tea. But the aspiring stars of MRIS-14 proved it wrong by showcasing their amazing and creative cooking skills in ‘Intra Class Little Chef Competition’ held for Grade II. Be it the presentation, preparation, mixing, rolling, cutting, recipe or anything, they excelled in all of it. Children used various ingredients to make their tempting and mouth watering cuisines. They did not restrict to just one dish. Some of them made the whole platter. Judges were left spellbound on the wonderful work presented by the little chefs.

Sun hand printing activity

Don’t you think the sun is bright?
I wonder where it goes at night?

All the celestial bodies are a mystery for tiny tots. There’s just nothing more adorable than a yellow sun made by the little hands of the Bloomers of MRIS Sector 14. Apart from the regular scrabbling and colouring activity, hand-painting was a joyful experience for the little ones. It allowed them to have more space for creativity and thereby paving their way to create unique work of art specific to their imagination. Hand-painting can be a rewarding experience, since it builds colour and shape recognition skills. It allows children to explore their sense of touch with different textured materials. They were overjoyed to see their art of work being displayed in their learning centres.

Diwali Fare for Toddlers at MRIS Sector 14

A fun filled Diwali Fare was organized for the little Toddlers of MRIS Sector 14. The tiny tots giggled and jumped with enjoyment as they entered the Diwali fare. They were amazed to see their favourite cartoon characters being decorated there. They enjoyed playing games like Ring the chocolate, Feed the Bheem, Treasure hunt as they were also given prizes for their win. Those who did not win in the first trial tried for the next. The teachers encouraged each and every child to participate in all the activities. The little Toddlers also made colourful tattoos. They also enjoyed dancing to the tunes of latest numbers. They had their own choice of songs to be played for dance. They were also given currency notes to buy sweets from the sweet shop set up there. They also did not miss to pose for the click at the Selfie corner. The Principal, Ms. Mamta Wadhwa, the Procter, Mr. Verma and the Headmistress Ms. Monika Kathuria participated in the activities with the kids adding to their gaiety.

Young Chemists at MRIS Sector 14

Science is a part of our everyday existence. We experience various scientific changes and chemical reactions knowingly or unknowingly. In a bid to engage the students in exploring their world and observe these, the students of Science Club-‘Prayas and Khoj’ Grade X of MRIS- Sector 14 investigated the pH of common household substances like common salt, sugar, detergents, fruit juices, antacid, toothpaste etc. These kinds of hands on activities not only develop the interest in the subject but also encouraged the spirit of reasoning and analyzing among the children and encourage them to engage themselves in critical thinking and problem solving.

Healthy Kitchen Garden

On a bright sunny day, the Toddlers of MRIS Sector 14, were all set to create their own kitchen garden. They were involved in sowing activity which they enjoyed to the fullest. For doing the activity, they carried along with them their gardening tools, seeds, watering can etc. They were totally engrossed in digging mud, sowing seeds and watering them. Curious totties were anxiously waiting to see their tiny seeds to grow into plants and yield vegetables.

Women Empowerment and Malala Day Assembly

The Grade II students of Manav Rachna International School, Sector 14 presented an Assembly on the topic – Women empowerment and Malala Day. The Assembly started with a wonderful musical act presenting the fight between boys and girls on the song. The students inacted the role of Ms. Kiran Bedi, Ms. Indira Gandhi, Ms. Malala Yousafzai, Ms. Mary Kom etc. and discussed their achievements. The student dressed up as Ms Malala shared her contribution towards the education of girl child and the reason behind celebrating Malala Day on 12th July every year. The students also presented a beautiful song.
Social Media Awareness Workshop at MRIS Sector 14

Ambitious goals make for outstanding achievements

"Work hard in silence, let success be your noise", has rightly been proven by Jyoti Kapoor of MRIS Sector 14 who brought laurels to the country in Roller Inline. She has been felicitated by Sh. Manohar Lal Khattar, the Hon’ble Chief minister of Haryana for winning Bronze Medal in Roller Inline at 16th Asian Roller Skating Championship held at China. She was also awarded with a prize money of two lakhs of rupees and a certificate of felicitation. The occasion was also graced by Sh. Anil Vij, the Hon’ble Sports and Youth Affairs Minister, Haryana. She was awarded at the Felicitation ceremony of medal winning players of Haryana.

Social networking: Boon or bane?

The students of class VII of MRIS-14 were provided a deep insight into the darker side of Social Networking through an hour long workshop conducted by Mr. Nitesh from the Career Development Centre of MREI. He recalled the case of Amanda Lodd, a 15 year old girl who was a victim of cyber crime. Through various examples, the students were made to realise how thousands of Amandas were losing their lives everyday owing to the menace of cyber bullying. He urged one and all to quit being slaves to such sites and take control of their lives. The students were encouraged to confide in their parents in cases of threats posed by online predators. She was awarded at the Felicitation ceremony of medal winning players of Haryana.

‘Give It Up’ Workshop

Representatives from the Ministry of Petroleum visited the school campus with an aim to inspire the students to spread a message of giving up LPG subsidy. Mr. Hamraj Singh, the head coordinator highlighted the fact that many of the villages in our country are still under-privileged and do not even have the basic facility of an LPG cylinder as they cannot afford it. This initiative is a call to those who can afford the expense to give up their LPG subsidy. Giving up the subsidy would benefit the government as they can provide LPG cylinder to the underprivileged at much more reasonable rates. To inspire them further, the volunteers staged a street play highlighting the plight of people still cooking on chulhas. As it is said that a child is an inspiration for the whole family, and thus the message was being spread with the help of the workshop through children.

An Ode to Teachers

An ode to teachers was presented by Grade IV students of MRIS -Sector 14 showing their affection and respect to teachers. Students spoke their minds through slogans depicting the important role of teachers in students’ life. There was also a foot tapping song as a tribute to the teachers.

Switching the mood it was then continued with the Inter House Dance Competition – Grade IV. A warm and hearty welcome was rendered to the Guest of Honour: Ms. Deepika Bhalla along with the Principal, Ms. Mamta Wadhwa and Head Mistress, Dr. Shalini Bindra. The guests were felicitated with a memento as a token of gratitude. Each team had their own unique way in presenting the themes. Yellow Tigers and Green Leopards bagged the first position and Blue Panthers along with Red Jaguars bagged the second position. The programme came to its close with an appreciation and encouraging speech by the Guest of Honour, Ms. Deepika Bhalla.
5th MRIS Inter Basketball & Badminton Sports Championship

The 5th Inter Manav Rachna Basketball and Badminton Sports Championship was inaugurated by Ms Goldy Malhotra (Director – Manav Rachna Academic Staff College and Director – Administration, Manav Rachna International Schools) along with Sarkar Talwar (Director – Sports, Manav Rachna Educational Institutions) and Mamta Wadhwa (Principal, MRIS 14). The championship began with recitation of Saraswati vandana and the sacred lamp lighting ceremony followed by a group song “intu shakti humme denna daata” to evoke the blessings of the almighty. The highlight of the day being the musical extravaganza by the Junk Band who beat it loud on disposable junk like water cans, paint cans, etc.

The entire gamut of Manav Rachna International Schools – MRIS 14, MRIS Charmwood, MRIS 21-C, MRIS Noida, MRIS 46 (Gurgaon) and MRIS 51 (Gurgaon) participated in the championship.

**BADMINTON**

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<tr>
<th>Under 10 (Girls)</th>
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<td>MRIS 46 GGN</td>
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**Laurels by swimmers of MRIS Sector 14**

The swimmers of MRIS- Sector 14 brought laurels at the ‘Haryana State Open Swimming Championship – 2015’ held at Gurgaon. Manyu Gupta of Grade III not only won 2nd position in Back 15 mt but has also qualified to represent India in National Swimming Championship. She was also awarded Silver medal for the same. Vihri Singh Garde of Grade VIII won 3rd position in both Medley Relay 100 Mtrs and Free Relay 50 Mtrs. She was awarded Bronze medals for both the events.
Exchange of warmth

Distribution of clothes and shoes

Incultating values at an early age is imperative in a society which aims to shape holistic growth of children. We at MRIS believe in it implicitly.

Under the aegis of Dr. O.P. Bhalla Foundation, the students of Grades 4 to 8 were taken to nearby areas to distribute items of basic necessity like clothes, shoes to the needy. The experience was an eye opener for the students. The experience invoked a feeling of empathy and sensitivity towards the less fortunate in society. In return, they received blessings and warmth.

International Day for the preservation of the ozone layer 2015

Ozone: All there is between you and UV

September 16, 2015 marked the 30th Anniversary Celebration for the protection of the Ozone Layer. This day is observed every year to create awareness about the importance of ozone layer for the environment.

In this regard, MRIS, Noida conducted various activities to sensitize the students for the preservation of Ozone layer. The students of Grade 6 wrote slogans and shared with others; the students of Grade 7 made posters conveying the message; the students of Grade 8 presented a speech on “the practice that we may adopt to protect Ozone Layer”. It was a day that aimed at generating awareness among the children to do their bit in protecting the Ozone Layer.

Paying Tribute to Malala Yousafzai

“A good teacher inspires hope, ignites the imagination, and instills a love of learning.”

Acknowledging the same thought, the students at MRIS, Noida celebrated Teacher’s Day. Teacher’s day is a day to express gratitude towards the teachers and appreciate the fact that the teachers nurture the young saplings, help them bloom and achieve their full potential. The Teacher’s day celebration included performances by the students where they sang songs, danced to their favourite numbers and enacted their teachers. The preparation was kept a secret to surprise the teachers. They shared their honest feelings for the teachers and thanked every teacher for the hard work that is put in to realize their dreams. It was indeed a day which will remain in the memories of students and teachers for very long time.

Golden Jubilee commemoration of the Indo-Pak war 1965

Fifty years after the two countries fought the war, the countless acts of courage, sacrifice and heroism of the Indian Armed Forces and the Central Police Organization were being remembered to rebuild a collage of experiences to be shared with the students.

An exhibition to showcase the rich tradition of valor and sacrifice with reference to the Indo-Pak War 1965 was being organized at Rajpath Lawns. The event aimed at instilling a sense of pride and patriotism in the nation and its Armed Forces among children. The children had an experience that was enjoyable, motivating as well as highly educative. Witnessing such an exhibition of courage by our national heroes will remain etched in the memory of our students forever.
REMEMBERING NELSON MANDELA
Commemorating Nelson Mandela on his 97th birth anniversary

Students from MRIS, Noida visited India International Centre on account of Nelson Mandela’s 97th birth anniversary on 18 July 2015. It was a part of the “Taking Children to Gandhi Series,” initiative that brings children closer to the enduring legacy of Gandhi’s non-violent struggle for equity, justice, pluralism and sustainable development.

The event started with the welcome song and lighting of lamp by representatives of the schools present there. A presentation was shown to the students based on life and struggle faced by Nelson Mandela for the children. There was an interaction Session with Guest Speakers Mr. Franc Morule (High Commissioner of South Africa to South Africa to name a few.

The most touching moment was when everyone sang the beautiful song ‘Hum Hoge Kaamyaab’. Following that there was a Short Film Screening and Gallery Walk. Each school was given a flag to lead their school. Everyone reached the auditorium with the tune of ‘MA TUJHE SALAAM’. The students of Grade 1 explored about the community and culture of Greece. They discovered how people lived and worked together. They really enjoyed learning about the Greek Gods by making murals of Greek culture.

The students of Grade 2 went on a journey to the amazing tropical rainforests of the world. They got familiar with the lifestyle of the Chinese, their culture and how were they spread during the classical era. They learnt about the beliefs, ideas and values that were important to the people of that time. Students created water color collage, Qin Shi Quangoli’s time line and travel brochures also.

Grade – 4 students too learnt about Greek civilization. They came to know about the geography of Greece, it’s golden age it’s democracy and many great philosophers of that country. They had fun learning and making Greece map, Greek alphabet, Greek theatre’s costumes and scrolls. Grade – 5 students too were not left behind in this journey. They learnt about Roman Empire: Julius Caesar, Cleopatra, Mosaic painting, Roman roads and cities in this unit. They made shields, mosaic paintings during the session. Students took everybody present there to an ancient era through their learning along with the dance, music and creative exhibits. Our esteemed guests, parents and respected Principal ma’am appreciated each and every child for the enthralling and spell – binding performance.

“Education is the most Powerful weapon which You can use to change The world”

Paragon assembly

MRIS Noida students showcased their learning with yet another scintillating performance of Unit 2—“The Classical World”. Students of different grades explored variety of paragon sessions and experienced different creative activities of art. They have explored—“The Classical World” in various interesting ways. Learning with hands-on approach is always fun and long lasting since it involves students’ mind and heart. They were really enthusiastic and excited to share their learning and art work.

The students of Grade 1 explored about the community and culture of Greece. They discovered how people lived and worked together. They really enjoyed learning about the Greek Gods by making murals of Greek culture.

The students of Grade 2 went on a journey to the amazing tropical rainforests of the world. They studied about their climate, flora, fauna and people who used to live there. They made beautiful rainforest rattles, rainforest murals, travel poster and much more. In fact they created their own dance steps which left everybody surprised. The students of Grade 3 gained knowledge about ancient China and got familiar with the lifestyle of the Chinese, their culture and how were they spread during the classical era. They learnt about the beliefs, ideas and values that were important to the people of that time. Students created water color collage, Qin Shi Quangoli’s time line and travel brochures also.

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Tree plantation drive

Environmental protection is a universal responsibility. To bring awareness among every individual, to support and save the environment, Hindustan Times and HCL came together to initiate a tree plantation drive “Plant For Life” at Sector 46, Noida. The students of MRIS Noida participated in it with full enthusiasm.

The students were given saplings to plant and the excitement among children, to be a part of it, was clearly visible. In the process, students learnt to ‘Go Green, Go Clean’.

Strokes of expressions

Painting is a silent Poetry, and poetry is painting that speaks hearing your thoughts and emotions with the help of colours and sketches is a beautiful way to express your self. The Hindustan Times and HCL came together with the flamboyant idea of conducting a painting competition on the topic “Plant for life”.

The painting competition was organized at the school premises for the students of Grades 4 to 8. The activity aimed at sensitizing children towards their role to save environment and do their bit.

The students enjoyed the whole activity to the fullest and showed the best of their creative side. They put their ideas on the sheets in form of colors and wrote inspirational messages.

Independence Day Celebration

At MRIS, Noida, we celebrated the 69th Independence Day with great pride and passion. The students of our school were filled with patriotism and love for the country. Patriotism was completely in the air when few students presented invigorating speeches and sang our country’s anthem.

The flag was hoisted by the Principal, Ms. Sunanda Grover with an encouraging speech by our little dreamers. Principal Ma’am said, “Freedom is not free. It is worth the price. We lost many freedom fighters to gain this valuable freedom”. She hoped each and every student turns out to be a responsible citizen and makes the country proud. The students of pre-primary to Grade 2 dressed as freedom fighters, sang a beautiful patriotic song and matched their steps on famous patriotic songs. The winners and participants of ‘India Calling’ were acknowledged with certificates.

Others might have forgotten, But never can I, The flag of my country, Furls very high.
The students participated in the elections to elect their representatives through voting. The spirit of freedom, the children at MRIS, Noida exercised their right to choose their leaders.

The purpose of education is to free the mind and the spirit. In the spirit of freedom, the children at MRIS, Noida exercised their right to choose their representatives through voting. The students participated in the elections to elect their representatives of the Student Council for the academic session 2015-2016. Each and every student from grade 4 to 8 chose their leaders. There was lot of excitement amongst the children lasting all the way up to the declaration of results.

Each and every student from grade 4 to 8 chose their leaders. There was lot of excitement amongst the children lasting all the way up to the declaration of results.

Inter Manav Rachna Table Tennis Championship

Manav Rachna International School, Noida organizes 5th Inter Manav Rachna Table Tennis Championship

MRIS, Noida organizes Table Tennis Championship every year where the players from all the MRIS branches participate. Ms. Sunanda Grover, Principal, welcomed the guests and dignitaries. She motivated the students with her inspiring words by saying “It is the will and desire that is required to succeed. A strong urge to reach the full potential is what keeps a player striving to do better each time”. The inauguration ceremony of the Championship took place in the august presence of Dr. Amit Bhalla, Vice president MREI and Mr. Sarkar Talwar, Director of Sports-MRIU. Students from different MRIS branches participated in the tournament ready to display their immeasurable skill and passion. The players showcased their proficiency and talent in the game with utmost enthusiasm and vigor. Each team had their spirits high regardless of the outcome of the matches exemplifying the saying ‘Excellence is not a skill but an attitude’

THE PROUD MOMENTS….
The endless hours of practice, the hard work of dedication was never supposed to be easy, but it was worth it.

The importance of sports in the life of a student is invaluable. A sport is a teacher that teaches values like discipline, responsibility, self confidence and accountability. Given this profound impact that sports has on the development of a personality, MREI has provided number of opportunities to the children to showcase their best of the athletic side. Some of those moments that brought laurels to MRIS, Noida were when our participants secured second position in prestigious Inter Manav Rachna Competitions of Table Tennis and Badminton Championship.

2nd position holders of Table Tennis Championship –
- Saagar Sharma (Grade 8)
- Abhinandan Dwivedi (Grade 8)
- Prabin Pathak (Grade 7)
- Samarth Soni (Grade 7)

2nd position holders of Badminton Championship –
- Anisha Sharma (Grade 7)
- Samridhi Pokhriyal (Grade 7)
- Jyaa Agarwal (Grade 6)
- Havisha Sharma (Grade 6)

CHOOSING LEADERS… The Democratic way
I will vote my hopes and not my fears
'Time has come for the team to hand over the baton to the new team….Process is long but so much to learn in the journey.'

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The Happiest Day Of My Life

The happiest day of life was when I went to school first time in Knoxville, the U.S.A. It was August 15, 2012 when I went to school for the first time. I was in K.G. section named Froggy. I met my class teacher, Ms Julie Schaper and Ms Smith. I met all the children and got my new friend, Jackson. I got more friends like Casey, Gwen and Shepherd.

The day got better as I got to learn new things. When I was introduced to the class, everyone was fascinated that I am an Indian. We had lunch together and did various activities. We had to write journals on topics every day. We had to sit on carpet when we would study a subject. We got frog stickers at the end of the day. When I went back home, I shared my experience with my parents.

It was indeed an experience to remember.

NISCHAY

FRIENDS
Friends are most lovable,
Their support is unbelievable,
They always be with us,
And always full of love and trust.
Wiser than the world,
They always calm our anger,
I love my friends forever,
I love my friends forever and ever.

ANISHA SHARMA

Investiture Ceremony @ MRIS, Noida

The young deserving students of MRIS, Noida were bestowed with the responsibility of leading the school from the front with their commitment, confidence and competence on 31 August, 2015. The Investiture Ceremony thus marked the inaugural of the student council for the academic session 2015-16. The ceremony began with traditional lamp lighting as a tribute to the Goddess of knowledge, Saraswati followed by an energetic and message filled song by the school choir that set the ambience right. Amidst the vigorous beats of the drums, the new council marched in procession up the aisle and on to the stage. The school Head Girl, Head Boy, the Sports Captains, the House Captains and the other council members carried the school flag, sports flag and the house flags. Principal, Ms. Sunanda Grover and respected guest, Mr. Lovkesh Magu, Executive Director MRIS, Noida pinned up the sashes and gave the badges to each council member. The oath was administered and the members of the council pledged to adhere to the values and principles upheld by the school. The Principal said, “The students of today are the visionaries and torch bearers of tomorrow, when we develop personality, skill and mind, we develop responsible human beings with leadership qualities.” The National Anthem marked the end of the ceremony, but it was a new beginning for these students as leaders of MRIS, Noida.
National Level Chess Wizard @ MRIS-21C

Arav Patwa of MRIS-21C made his parents and school proud by competing with the best in the arena of Chess in the country. He went to Chennai to play Nationals in 29th National Under-7 Open and Girls Chess Championship-2015 (organized by King Chess Foundation —under the aegis of Chennai Association & Tamil Nadu State Chess Association on behalf of All India Chess Federation) secured 118 positions by securing 4 points. The championship was held between 17-25th August 2015. We are proud of his achievements.

Rakshabandhan celebrated with Blind School children

On the occasion of the festival of Rakshabandhan, students of MRIS 21C had gone to tie rakhi to the students of blind school. They enjoyed interacting with the students who are differently blessed. Students had prepared Rakhi and cards for all the boy students of the blind school and greeted them with sweets, flowers and applied tikka on their forehead before tying rakhi on their wrists. Students of MRIS-21C felt very humbled and grateful to God. It was a very enriching and enjoyable experience for the students.

Learning All The Way

“Storytellers have as profound a purpose as any who are charged to guide and transform human lives.”
— Nancy Mellon

Stories play a vital role in the growth and development of children. Stories not only enrich the vocabulary, but also open up the children’s minds to new horizons; they nurture imagination and help the children deal with a wide array of emotions. The importance of story-telling cannot be undermined. At MRIS, we constantly strive to inculcate a love for books in our children. It is part of the daily routine for the teacher to narrate a story to the children. To strengthen this love for books further, we held a Story Narration Activity at MRIS 21C for the children of KG. The children were asked to narrate their favourite story to their peers. It was heartening to see how enthusiastically the children participated and narrated stories with utmost confidence. Not only did this serve as a tool for vocabulary-enrichment, it also gave them the confidence to present before an audience. The other side of the same coin was that the children listening to the story were cheering for their friends and appreciating their effort. This also helps in strengthening the bond that children form with their peers at this age. Children love stories, and a day that was full of stories had to be nothing short of excitement, enrichment and enthusiasm.

EXPERIENTIAL LEARNING for Early Years

We, at Manav Rachna, follow experiential and hands on learning pattern for our students, so that learning becomes easy and long-lasting. In this endeavour, we took our students of Early Years to a shopping mall for another bout of experiential learning. There they understood various concepts of selecting, buying, paying and collecting the belongings in a play-way method. This activity was undertaken as part of their on-going themes and the concepts being done in the class. We used the shopping experience to educate children. Teachers asked questions about the names of fruits and vegetables and their colors. The teachers allowed them to pick out items that are on the shopping list and put them into their own child-size cart. The students experienced the textures of rough skins on coconut, fuzzy skin on a kiwi, the smooth skin of a banana. The students also learnt the relevance of different sections and the details about the price tags, their bar codes, its scanning and eventually the processing of the bill. Superstore offered them goodies to make it further enjoyable for them.

DEAR (Drop Everything and Read) Champions @ MRIS-21C

We, at Manav Rachna, believe in inculcating good habits in our students, right from the formative years. “Books are our Best Friend” saying is one thing which we try and instill in our children. MRIS 21C in association with Scholastic organized the above cited campaign for the purpose wherein they were asked to browse and read maximum number of books. The stars were awarded to the browsing done by each student for the drive. The students were very enthusiastic and participated zealously. The best reader class was chosen from the maximum number of book readers. Grade IV Atlantic won the award for “The Class of Readers” wherein they were given 14 fictions, stories some science facts books for class library. Ms. Priya, the class In-charge was also congratulated for her effort in encouraging students to read more and enrich their knowledge and vocabulary bank.
**INVESTITURE CEREMONY……..**

Empowering Future Leaders@ MRIS-21C

“Others see things as they are and wonder why but a leader sees them as they are not and says why not”

One of the most important events of the school - the investiture ceremony, was held on 22 August 2015 and was eagerly awaited by all Mrites with bated breath. It reminds us of the trust and confidence that we would like to put in our newly invested office bearers, Head Boy, Head Girl, House Captains and, Sports Captain, Planet Pals, Editorial Team etc. The objective of the event was to expose students, to inculcate confidence, development of leadership qualities and sense of responsibility among the students. The Chief guest for the occasion Ms. Goldy Malhotra,Director Academics and Administrative Staff College administered the oath to newly elected student council and congratulated parents. The student council promised to serve the institution and perform their duties whole-heartedly and sincerely .All the council members were brimming with confidence to shoulder the newly assigned duties. The Principal of the school addressed the office-bearers and wished them to perform their duties, in accordance to the laws of the school and spoke about the importance of Guru in child’s life. He sang a melodious song for the students. Students presented a dance drama showcasing unity in diversity, importance of nation pride. Principal Ms. Seema Malhotra congratulated students on the 69th Independence Day and explained the importance of Independence for all of us. Students also presented a colourful dance

**The newly sworn in council is:**

- **HEAD BOY**
  - Jaidev S. Parhar
- **HEAD GIRL**
  - Dhriti Laddha
- **SPORTS CAPTAIN**
  - Navya Arora
- **HOUSE CAPTAIN: RED**
  - CHEHAK DAGA
- **YELLOW TIGERS**
  - CHANNAY
- **BLUE PANTHERS**
  - Akshita Agarwal
- **GREEN LEOPARDS**
  - Tejas Mawat
- **PLANET EXECUTIVE**
  - Satvik Pruthi
- **PLANET PALS**
  - Jhalak kapila, Mohd.Sadaf. E. Nayal
  - Drshiti Gupta

**Global Indians @ MRIS-21C**

At Manav Rachna we believe in creating global Indians who are second to none in the world. The Paragon curriculum is imparting and giving students exposure to be aware of the global culture, civilizations and the ways of life around the world. It teaches them to be inquirers, and thinkers, who learn to think on their own. Unit -2 of Paragon was culminated at MRIS-21C through Paragon assembly for Grade I &II.

Mr. Edward Carter and Ms. Neetu Blest from Paragon came to witness the confluence and complimented students for their performance

**EXPERIENTIAL LEARNING FOR TODDLERS @ MRIS-21C**

“I scream, you scream, and we all scream for an ice-cream”

We believe in giving students the exposure in the field which is very close to their heart because the outcome of that activity is always very creative and heartwarming. Because there is a saying that “Happy Brain Learns Better”. The activities are planned in order to enable the children to use their creativity and hone their skills at the same time. Such an activity was planned for Toddlers..Under the theme-Food- Its Yummy an Ice cream activity was done for the toddlers. This activity not only made kids have fun but also enhanced their vocabulary as they learnt new words like vendor, flavours, billing counter, billing machine, scoop, etc. The students were made aware of different tastes and flavours along with the concept of buying and selling. Dairy products were displayed and discussed with the tiny tots and they had wonderful hands- on experience at making the fruit cream. They learnt how to wash, peel, chop and mix the ingredients.

**Indian Idol in making @ MRIS-21C**

MRIS-21C, organised a workshop and audition at the school campus. A team from INDIAN IDOL initially took a session with the students briefing them about the show and later on providing a stage to showcase their singing talent. All the students sang with enthusiasm and passion and displayed their flair for singing. The selected students will be taken to the next level by the team.

**Tryst with the Glorious India @ MRIS-21C**

The Independence Day celebrations took place at MRIS 21C on 13th with great zeal and fervor. It is our endeavour to involve the Welfare Association of MRIS-21C. In this pursuit, we invited President Mr. Ram Avtar Sharma and Mr. Mukesh Pruthi, secretary of Sector 21C to unfurl the Tricolour. Mr. Sharma, President RWA-21C addressed students and motivated everybody present and emphasized the importance of Guru in child’s life. He sang a melodious song for the students. Students presented a dance drama showcasing unity in diversity, importance of nation pride. Principal Ms. Seema Malhotra congratulated students on the 69th Independence Day and explained the importance of Independence for all of us. Students also presented a colourful dance

**Life Skills Workshop @MRIS-21C**

"Life skills" are defined as psychosocial abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life. It also includes inter-personal skills for communicating and interacting effectively with others. The students of class 5 of MRIS-21C were provided a deep insight into the darker side of Social aspect through an hour long workshop conducted by Mr. Nitesh from the Career Development Centre of MREEI universe. He recalled a case from his own childhood and explained how bullying have an adverse effect on a child. Through various examples, the students were made to realize how bullying can be recognized, who is the culprit and who is the victim, how to deal with it? The Bullying effects which are forcing children to withdraw into a shell and not progress in life owing to the menace of bullying. Mr. Nitesh was able to instill in the students how to wash, peel, chop and mix the ingredients.
**Funtastic Laundry Week @ MRIS-21C**

Toddlers of Bloomz participated in ‘Fantastic Laundry Week’ wherein they learnt to segregate clothes on the basis of clean and dirty, washing, drying, pegging, folding ironing with toy iron and then storing clothes properly. The objective behind the activity was to develop motor and fine motor skills.

**Hindi Diwás Celebrations @ MRIS-21C**

Hindi was adopted as the official language by the Constituent Assembly on September 14, 1949. So, with an aim to rekindle the love for India’s official language among students, MRIS 21C Faridabad celebrated Hindi Diwás with great fervour. A special assembly was organized wherein the students were made to understand the difference between official and national language. The teachers showcased an old story ‘The Hare and the Tortoise’ with a twisted end using hand puppets which enthralled the audience. The importance of this widely spoken language was stressed upon with the lines that if you practice speaking Hindi in your homes you will be able to cherish grandma’s tales and soothing lullabies. An array of competitions was also organized on this day which included the Fancy Dress Competition for Grades I and II where they showcased Best out of Waste and Famous Personalities. Hindi Poem Recitation Competition was organized for Grade III. ‘Modi Ji Ke Neta Nivedita Main Bharat Panch Varsh baad’ was the topic for Declamation Competition Grade IV. It was indeed heartening to hear Grade V sharing their views confidently during the Debate Competition based on the topic ‘Yogya or Arakshit’.

**International Literacy Day Celebrated @ MRIS-21C**

International Literacy Day 2015 was celebrated on 8 September’15 at MRIS-21C. UNESCO decided to celebrate this day from 1966 to emphasize the importance of literacy. The International Literacy Day this year was celebrated in a unique way and it was decided that the helping staff of the school should be given literacy classes. This gesture generated a lot of interest in learning and the helping staff was eager to learn to write their names, their children’s name to start with. They all went back to their work stations feeling very happy and proud of themselves.

**‘Dharohar’: A salute to Grandparents @ MRIS-21**

We, at Manav Rachna, believe in inculcating good Indian values in our students through various activities. We teach our children to value relationships. The bond between grandchildren and grandparents was strengthened when we invited our respected grandparents to the school to celebrate ‘Dharohar….celebrating age and experience’ on 15th September’15. The programme started with grandparents and grandchildren singing a prayer together. The grandchildren then presented a beautiful dance performance, expressing their love and gratitude for their grandparents. The art and craft session, wherein the grandparents were helped by their grandchildren to create tokens of love was an activity thoroughly enjoyed by one and all. The grandparents enthusiastically participated in all the activities and some even sang beautiful songs, narrated anecdotes and played various games. The day ended with lots of blessings from the grandparents for the teachers and children.

**CSR activities**

At Manav Rachna, we believe in giving back to the society in our own little way as part of CSR (Corporate Social Responsibility) initiative. In this pursuit teachers from MRIS-21C had gone to the school adopted by Dr. O.P. Bhalla Foundation for an interaction with the students of Government Girls Higher Secondary School, Mohna.

The teachers of MRIS-21C got a chance to conduct a workshop on Team Building and Personality Development with Grade 10th girls from Mohna School. Various activities involving self-confidence were conducted. The students shed their inhibition and came out and spoke in front of the entire class. They prepared small skits to showcase their confidence. The teachers took Crafts workshop on “Best out of Waste” where the students were taught how news paper, paper napkins can be utilized in a productive way to create beautiful artifacts and utility items.

**Railway Station Cleaning Drive by MRIS-21C**

Under the aegis of Dr. O.P. Bhalla foundation, we, at Manav Rachna International School 21C, Faridabad, have started another initiative to give back to society in our small way. To fulfill our objective of Sustainable Development, Environmental Protection, Cleanliness and to extend efforts to continue with the grand vision of ‘Swachh Bharat Swastha Bharat’, the house keeping staff of MRIS-21C went to clean Faridabad Railway Station on 4th September’15. The drive was to initiate and spread awareness about the cleanliness and benefits of keeping our surroundings clean.
Joy of Giving

Our founder visionary Dr. O.P Bhalla was not a mere persona but a visionary and dynamic educationist who literally shaped an educational movement called Manav Rachna with the intent to create better human beings. Keeping this aim in mind, MRIS-51, Gurgaon planned “Joy of Giving” Week from September 14-21 for students and teachers to pay homage to Dr. O.P Bhalla.

Visit to Literacy India

“We make a living by what we get. We make a life by what we give.”

Winston S. Churchill

On day three of the “Joy of giving week”, Grade III students of MRIS 51, Gurgaon visited Literacy India, Gurgaon. During our visit to the Literacy India, our students presented a beautiful song followed by a dance performance. They also took a round of the school. The students of Literacy India shared their experiences and also presented a song.

Students spent some quality time there. Students also took wafers and biscuits for them. It was a great opportunity for students to learn that they are blessed to have everything. This visit touched everyone’s hearts and they came back with life time memories.

Visit to Jagriti

“As part of a weeklong endeavor, students went to an orphanage cum school for underprivileged children - Jagriti. It was truly a wonderful experience for the children. Children of Jagriti were equally eager to meet our students as they were. They extended a warm welcome to everyone. A lively song by our students - Aashayein... began the program. The happy tune motivated everyone and made everybody feel younger. Many games were taken up with the children and they enjoyed thoroughly. Every possible effort was made by each and every member present there to bring a smile on their faces. It was a great opportunity for students to learn to accept each other the way they are! This visit touched everyone’s hearts and left an indelible mark on their memories.

Visit to Blind School

“There is no better way to thank God for your sight than by giving a helping hand to someone in the dark.”

Helen Keller

As part of Joy of giving week, grade V students of MRIS 51, Gurgaon paid a visit to a blind school, Gurgaon.

During our visit to the blind School, Gurgaon we observed blind students reading and writing the Braille letters immaculately. Touching the dots with the finger tips on the white paper, they read the text fluently. Students were amazed and inspired by how beautifully they operate computers using a special software JAWS, how skilfully they solve Mathematics problems using the Taylor Frame.

Students also visited the science lab. Various models of the internal organs of the human body were displayed. One could feel the special make of these models by touch. These were done with raised letters and diagrams.

The purpose of this visit was to sensitize them to the ways in which the visually and mentally challenged cope with life. As a part of joy of giving week students of MRIS 51 donated new books and toys to the school.

Surely as children walked out of those big gates, they knew that something had changed in all of them—the way they saw things, the way they looked at others and most of all the way they looked at themselves.

Paragon Safari

Students showcased their learning through various forms of expression. The corridors and the class rooms of the school came alive with students’ art work and left all the parents spell bound. Innovative methods brought out the best in students. They made different artefacts using waste materials like Mount Olympus, Chinese lanterns, dragons, chimes etc. The audience applauded the children throughout their performance.


Potential Leaders of tomorrow are groomed, developed and raised in the miniature world of an educational institution through diverse portfolios that are offered to mark a difference.

With this objective, the investiture ceremony for the session 2015-16 was held at MRIS-51, Gurgaon on July 25, 2015. The newly inducted council pledged to uphold with their utmost sincerity and never-say – die spirit. They marched with their House Flags held high in all pride and glory. It was a moment of grandeur and gaiety when the newly elected Head Boy and Head Girl were handed over the school flag. The objective of the event was to expose the confidence, development of leadership qualities and sense of responsibility among the students. All the newly designated members took the oath, promised to serve the institution and perform their duties whole-heartedly and sincerely. Ms Goldy Malhotra Director Academics Staff College and Administration graced the occasion. Ms Dhriti Malhotra, Principal blessed the newly elected student council. The school Vice-principal Ms Pooja Puri congratulated the council members and encouraged them to display their duties in the ambit of resoluteness and, collaboratively build on their skills and competencies to achieve success.
Books Galore...

Someone truly said, “There's no friend as loyal as a book”. Keeping this thought in mind, to evoke love for books, MRIS – 51 organized Scholastic Book Fair from July 29 to August 01, 2015 in the school premises. There were books for students of all ages. Students visited the Book Fair and browsed a variety of books displayed for them. They were not only exposed to collection of their favourite authors but also to a world of new books by different authors and publications. On August 01, 2015 even parents became an inevitable part of this journey and the one common thought was, “No matter how busy you may think you are, you must find time for reading”!

Green Carnival

Green Carnival as the name suggests ‘A FESTIVAL OF PLANTS’ was celebrated, July 25, 2015 at Town Park Sector-12 in Faridabad. Honorable Chief Minister of Haryana Sh. Manohar Lal Khattar presided over the event as the Chief Guest. The day was celebrated by planting 2 lakh saplings in 3 hours. All Manav Rachna Educational Institutions participated in this drive. 50 students and many staff members from MRIS-51, Gurgaon represented the school at such a big platform. Little footsteps of our students made BIG IMPACT. The other echoed with slogans like: Green revolution, the best solution to save pollution and One Flora, One Fauna, One Mankind, One Planet, One Chance!! Honorable Chief Minister Sh. Manohar Lal Khattar motivated the young radicals by shaking hands with them. Students were delighted and reinvigorated. It was a memorable experience. They left the venue with a fire lit inside their hearts to protect Mother Earth with all their might and will.

5th Rollers Skating Beginners’ Meet

“It always seems impossible until it’s done…”

Manav Rachna-51, Gurgaon took pride in organizing “5TH ROLLER SKATING BEGINNERS’ MEET”. The event began by remembering the Almighty through chanting of Gayatri Mantra on July 16, 2015. The Vice Principal Mrs. Pooja Puri, encouraged all the participants and motivated them to play with a sportsman spirit. She welcomed all the esteemed guests, parents stressed that the objective of organizing such an event was to groom the all-round personality of the students. All Manav Rachna Schools participated in the event. The competition was held in the categories of adjustable skates. In this event, more than 125 participants participated. MRIS 51, Gurgaon won the overall championship.

Grandparents are a fortune of love

Someone has truly said that the Grandparents make the world a little softer, a little kinder and a little warmer. Surely they add a silver lining to everyone’s life. In today’s busy lives the nearest thing to God’s love is the love of the grandparents. To celebrate and acknowledge the role of grandparents and the special relationship they share with their grandchildren, school organized Grandparents Day for Early Years on, September 19, 2015 in Bollywood style. To enable them to relive their young days in the filmy way, show was aptly named “Bombay Talkies”. It was a fun filled day for grandparents as well as the kids. They looked great dressed up as their favorite Bollywood star. Grandparents first spent time with their grandchildren in their classes. They witnessed heart touching performances by their grand children. Students danced to the tunes of Dadi amma, Nani teri morni ko………and Grandparents we love you. “Share your experiences” section made everyone emotional.

The little ones gifted them a small token of love in form of cards, best Grandparents of the world certificates and hearts and flower sticks. In the second half of the celebrations grand parents were taken to various studios created in the school. In the Yashraj Studio they enjoyed playing various Bollywood theme games. They also walked the ramp on evergreen songs and enacted dialogues of their favorite film stars. They enjoyed shaking a leg on their desired dance numbers. It was a delight watching them rejuvenated. In the Film city they got a chance to get their pictures clicked behind the posters of famous actors/actresses like Raj Kapoor, Nargis etc. In the R.K studio they enjoyed delicious snacks and drinks. The day seemed short to express our love and gratitude. The celebrations left an indelible mark in everyone’s memory.

Stupendous achievement by MRIS 51

Daksh Kalia of Grade II from MRIS 51 has made his parents and school proud by being recognized for his poem on Dr. M. S. Subbulakshmi’. Only two entries from Haryana state were selected and Daksh’s poem was one of them in honor of the great personalities of India for their contribution in their respective fields, the Central Board of Secondary Education organized a competition ‘CBSE Expression Series on M. Visvesvaraya and M. S. Subbulakshmi’ on September 11-12, 2015.

Many esteemed schools of the country participated in the competition. Daksh Kalia, from MRIS of Grade II has made his name in the category of Grade 1-5 poem writing on Dr. M. S. Subbulakshmi where the selection of the best entry was on the basis of originality of content and creative expression. It’s a proud moment for the school and the parents as only 36 best entries in each category have been awarded a cash prize of Rs. 2500/- and a Certificate of Merit. We also would like to mention that only 2 entries got selected from the entire Haryana state and Daksh Kalia’s entry being one of them. The entire team of MRIS 51 congratulates Daksh and wishes him good luck for his future endeavors.
Diwali Celebrations at MRIS Ludhiana

Manav Rachna International School, Ludhiana celebrated Diwali on 9th November, 2015. It was a day full of joy and festivity for all. The children and the School staff came dressed in ethnic wear and brought Indian fried food along to celebrate Diwali in School. The whole campus was immersed in a festive mood. Diwali décor delighted the onlookers. The students worked in their respective clubs and gave presentations of their learning thereafter. Picasso Club created colourful torans, rangolis and decorated diyas. The Orator’s club recited poems, delivered speeches, compered the Club presentations and also performed a play on Diwali. The song and dance presentation by the Symphony and Nataraja Club left every one spell bound. The animations done in SCRATCH, PPTs and WORD posters designed by the Cyber club impressed one and all. The Early years students were briefed by the teachers about the background of the festival. They also created wonderful Diwali Craft in Creative play and Junk Modeling corners. The students were given Diwali posters that said, ‘My house is a Cracker free zone.’ They were asked to paste it on the boundary wall of their house and also share one poster with a neighbor to spread the message for celebrating a cracker free Diwali. Manav Rachna International School always makes sincere efforts to inculcate values in students. It does so by practising the values. The effort of sending the posters was done to develop care for environment and act to save it. The students also carried Diwali craft home. The whole campus was abuzz with activity and festivity all day long. Speaking on the occasion, Mrs. Shilpi Gill, Vice-principal, Manav Rachna International School, Ludhiana reiterated that children should refrain from bursting crackers and celebrate Green Diwali. She encouraged them to share with the less fortunate and light their Diwali with their kind gesture. Ms. Gill wished a very happy Diwali to all.

Visit to the TAJ MAHAL

Many a trip continues long after movement in time and space have ceased.

In continuation of our endeavour to expose children to unique experiences to help their overall development, MRIS Noida organised an educational and recreational trip for the students to the Taj Mahal at Agra. The students enjoyed the timeless beauty of one of the Seven Wonders of the World - The Taj Mahal, and the Agra Fort. The students visited Taj Mahal and the Agra Fort and learnt various historical facts about these well-known monuments. They clicked and shared many pictures and had a memorable time being with their friends and teachers. The students returned the fondest memories of the trip, which we are sure will be etched in their minds for a long time to come!

Children's Day Celebrations at MRIS Ludhiana

Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and citizens of tomorrow!

Manav Rachna International School, Ludhiana celebrated Children’s Day in the school campus. Teachers at MRIS took an integral part in making Children’s day a memorable one. Teachers stepped into children’s shoes for the day which made the children happy. Children were welcomed with rhymes and music at the School gate in the morning. The Music teacher, disguised himself as Chacha Nehru and welcomed the children for the Children’s day celebrations. An assembly was organised to make the celebrations special. The teachers replaced the school choir and stepped forward to chant the Gayatri Mantra to begin the show. They performed various Group Song performances which included songs on children and childhood. Group Dance performances were also planned by the teachers to captivate the children. Children were also enlightened about the iconic leaders, Chacha Nehru, through a speech. A solo performance was given by the Dance teacher for the children in the end which was a perfect grand finale to this wonderful show. The announcement of sports activities and no studies along with no homework for the day filled the campus with loud cheers of joy. Ms Shilpi Gill, Vice-Principal, Manav Rachna International School, Ludhiana, said that she was very pleased to see the participation of the teachers in the celebration. She told the students to follow the footsteps of Pandit Jawaharlal Nehru and contribute to the progress of the country.
A renowned magician Mr. Mahesh Kumar was invited to the school to show his magical feats. The students loved the magic trick where he created umbrellas out of a piece of cloth, and also the ball trick he performed on our Principal Madam.

Principal Ms Sunanda Grover appreciated the show and extended a vote of thanks to the magician for his professionalism and enthralling the audience with such impressive feats. The Magic Show left all the students as well as teachers enchanted and spellbound.

**Award for Project SEARCH by TERI**

Masirah Khan from Class – X, MRIS, Charmwood has been awarded Rs. 5000/- the prize money to undertake her project “Reusing Grey Water” under project SEARCH by TERI. This project aims at sensitizing the urban population about the wastage of water during purification by RO Process.

MRIS, Charmwood under the able guidance of Director-Principal, Ms. Sanyogita Sharma is working tirelessly for the betterment of community and its environment, promoting social entrepreneurial skills among the student and young scholars about the importance of sustainable development. The school is working in collaboration with TERI and has undertaken many projects pioneered by TERI every year. Project SAARTHI, project STEP TETRA PACK COLLECTION and project SEARCH are some of them. We congratulate Masirah for her good work.

**Ode to the National Language- Hindi Diwas**

“Language is the dress of thought”. “Humein Hindi bolne mein garv hona chahiye…..”

The Mrites, in joyous deference, saluted the National Language through Hindi Diwas celebrated throughout the week (September 7 - 11) with several activities and competitions like Doha Recitation, Chorus Poem Recitation, Poster Making, Slogan writing etc. were organized to revere the language. Students of Grade IV went a step ahead and created two books under the guidance of Hindi teachers. The books named “Hamara Bharat-2055” and “Parilok- hamaari nazar se….” were released by the Vice Principal on September 11, 2015. Grade V presented a Hasya Vyanga Katha “Hindi Bolna Mana hai…” in the special assembly. Everyone enjoyed the presentation and vowed to respect our national language HINDI.